



# Help for Victims

If you fear for your safety or the safety of someone else, please call 911

## Am I a victim?

You might not know you are a victim because your abuser may try to confuse you or plant doubt in your mind. Please seek help if you have experienced any of the following:

- Physical abuse or threats of physical abuse including kicking, punching, smacking, pushing
- Forced sex or being forced to do sexual acts
- Threats to your life or the lives of others if you do not cooperate

## How do I get help?

Resources and legal information to help you leave safely are available at [WomensLaw.org](https://www.womenslaw.org) and [TheHotline.org](https://www.thehotline.org). You might also try calling one of the following hotlines to help you:

- **National Domestic Violence Hotline:** 800-799-7233
- **National Human Trafficking Hotline:** 888-3737-888
- **Rape or Sexual Assault (RAINN) Hotline:** 800-656-4673
- **Adult Abuse & Neglect:** 800-392-3738
- **Child Abuse & Neglect:** 800-392-3738

## How do I report a crime?

Contact your local law enforcement agency to report a crime. For a full list of your rights, visit [tinyurl.com/CrimeVictimsRights](https://tinyurl.com/CrimeVictimsRights). If you have questions about your rights, contact the Crime Victims Service Unit by calling **573-522-3778** or emailing [CVSU@dps.mo.gov](mailto:CVSU@dps.mo.gov).

The Missouri Department of Social Services is an equal opportunity provider.



[dss.mo.gov/VictimServices](https://dss.mo.gov/VictimServices)

