February 21, 2012 2:00 p.m. CBEC HealthCare Conference Call Minutes

Participants: Roseanne Bentley, Daryl Rothman, Beth Stieferman, Karen Schenk, Cindy Wilkinson,

Pam Xaverius, Mayme Young

Pam Xaverius, Centering Pregnancy Program, guest presenter

This program works closely with Jordan Valley in Springfield, FQHC.

- Pam has been with SLU for 7 years. Before that, she worked with Karen Schenk as a child epidemiologist for DHSS. Sparked her passion for doing maternal child health research. At SLU, there was a group model of care that fascinated her.
- The Model -- a billable prenatal care that occurs in a group setting, rather than individual setting. Group of about 8 to 12 women at about the same gestational age that go through prenatal care together. Studies suggested that pregnant women that go through this group prenatal care have better outcomes than those who go through one-on one. Started at Barnes Jewish in a teen pregnancy clinic by Mary Alice Brady (or Grady?).
- Low birth weight rates dropped significantly when this program started.
- Statistics are published in a journal.
- Drop in likelihood of having preterm birth.
- 41% reduction for African American women having preterm births.
- Under 37 weeks = pre-term
- Reduces costs in the long term, because the cost for pre-term babies is so high
- March of Dimes became interested in extending the original grant and offered a 2nd grant for 3 year term. Grant ends in April 2012.
- Medicaid reimburses for it. No programs like this offered through DHSS
- There is a cousin to this program called Centering Parenting same idea but after birth. Takes them through the first year of life in a group setting. This program creates a continuum of care for those who participated in the prenatal program.
- Mentioned the grant opportunity through CMS "Strong Starts for Mothers and Newborns" state Medicaid agency's responsibility to make that application. DHSS inquired with MHN to see if any application. Not aware of any private entities applying. Pam and Cindy had attended the webinar on this. 1 of 4 types of entities MHN, provider, coalition of health care providers or a convener. The are going to fund one of 3 things, one of which is Centering Pregnancy. Need a letter of support from state Medicaid agency.

Birthing Centers, Group Prenatal, and Maternity Homes (one thing per site).

Letter of intent due March 21 for CMS grant -- Application due June 13.

Site needs to be able to provide for at least 500 women a year.

<u>www.google.com</u> in lefthand corner search "more" and a list comes down and says "scholar." This takes you to scholarly Icolvic 2007 – the first article that comes up

Discussion to follow

The work group was intrigued by Pam's presentation. Inquired about pursuing CMS opportunity. Will follow up with MHN

Next steps

LOOP BACK WITH MHN AND SEE IF WE CAN GET A MHN MEMBER

WHO IS CHOSEN TO APPLY

WHAT ARE THEY CHOSEN TO APPLY FOR

Mayme will contact Candace Shively at DSS to check on status of MHN grant and also to find out if there is a recommended representative from MHN to participate in our health care work group through CBEC.

Next meeting: March 20, 2012, 2:00pm-4:00pm, 573-526-5808, 866-630-9351