

Pre-ILP Table of Content

- I. Daily Living Skills Domain
 - a. Nutrition
 - b. Meal Planning
 - c. Grocery Shopping
 - d. Meal Preparation
 - e. Dining
 - f. Kitchen Clean-up and Food Storage
 - g. Home Management
 - h. Home Safety
 - i. Community Resources
 - j. Transportation

- II. Money Management Domain
 - a. Beliefs About Money
 - b. Saving
 - c. Banking and Credit
 - d. Budget/Spending Plan
 - e. Consuming

- III. Self Care Skills Domain
 - a. Personal Hygiene
 - b. Health
 - c. Alcohol, Drugs, and Tobacco
 - d. Sexuality

- IV. Social Development Domain
 - a. Personal Development
 - b. Cultural Awareness
 - c. Communication
 - d. Relationships
 - e. Leisure Time

- V. Work and Study Skills Domain
 - a. Decision Making
 - b. Study Skills
 - c. Career Planning
 - d. Employment