

Asking for Help is a Sign of Strength[®]



National Parent HelplineSM

The National Parent Helpline®

STRENGTHENING FAMILIES ALL ACROSS AMERICA

Being a parent is a critically important job, 24 hours a day, every day of the year. All parents/caregivers benefit from support at some time in order to provide safe and nurturing homes for their children. Parents/caregivers face many challenges -economic insecurity, community safety, the education of their children, nurturing positive child development and the prevention of child abuse and juvenile delinquency — just to name a few. Where can a parent turn to get emotional support and assistance to develop solutions to the issues they face raising their children? **The answer is the National Parent Helpline®.**

Asking for Help is a Sign of Strength®

With one call or mouse click, parents/caregivers can ask for support from trained National Parent Helpline® Advocates, become empowered to resolve their issues and receive referrals to services when appropriate. The National Parent Helpline® website will include comprehensive online parenting resources and a bulletin board for parents/caregivers to share their Helpline® experiences to build community and help others. This vital resource will assist parents with a wide range of issues such as parenting and positive discipline techniques, effective communication strategies, stress reduction, personal care and safety, and provide referrals to community-based prevention programs, shelters, substance abuse programs, respite care, and child care. When parents feel empowered they utilize and expand their own social support networks and build on their resiliency to strengthen their families, reach out to others in their communities and create long term societal change that benefits everyone.

Ensuring Protective Family Factors

Safe, stable and nurturing relationships provide a protective buffer for all familiesⁱ. The National Parent Helpline® will promote 5 key protective factorsⁱⁱ:

- ***Parental resilience:*** parents' ability to effectively cope with the various challenges of parenting and every-day life
- ***Social connections:*** emotional and concrete assistance from friends, family, neighbors, and other community members
- ***Knowledge of parenting and child development:*** accurate information about how to raise your children and appropriate expectations of child behavior
- ***Concrete support in times of need:*** financial security as well as access to formal financial support, such as TANF; and informal support from social networks
- ***Children's social and emotional development:*** children's ability to effectively interact with other people and appropriately communicate their emotions

Lasting Benefits to Families and Communities

By building on the strengths of parents/caregivers, the National Parent Helpline® will result in individual, relationship, community and societal change. Parents will become change agents and reach out to others in their community. As leaders, parents can provide valuable input to creating responsive programs and policies that meet the needs of familiesⁱⁱⁱ.

The National Parent Helpline® will serve as an essential prevention resource for millions of parents/caregivers who seek help, get support, build their strengths and create hope for the future^{iv}.

Since 1969, Parents Anonymous® Inc. has implemented effective strength-based services for millions of families worldwide, through shared leadership®.

We are committed to launching this new National Parent Helpline® on February 1, 2011 by standing with families to ensure the future of our country.

Partner with Us

We need you to join with us as a partner organization so that the 149 million parents in this country will know the National Parent Helpline® is there for them.

To be added as a partner organization, please eMail Jodi Doane, National Parent Helpline® Manager of Operations, at jdoane@parentsanonymous.org and include your website. If you are able to announce the launch of the National Parent Helpline® at one of your events, please let us know.



ⁱ Zimmerman, Francie & Mercy, James. (May, 2010). *A Better Start: Child Maltreatment Prevention as a Public Health Priority*. Retrieved from <http://www.zerotothree.org/reprints>.

ⁱⁱ The Center for the Study of Social Policy. (2010a). *Strengthening Families*. Retrieved from <http://www.strengtheningfamilies.net/>

ⁱⁱⁱ *Pathways to Meaningful Shared Leadership*®, Parents Anonymous® Inc. 2005.

^{iv} National Council on Crime and Delinquency (NCCD). (2008). *Parent Anonymous®. Outcome evaluation: Promising Findings for child maltreatment reduction*. Oakland, California: NCCD.

National Organizations and Foundations

American Academy of Pediatrics
American Bar Association, Center on
Children and the Law
American Humane Association
American Lung Association
American Medical Association
Annie E. Casey Foundation
Association for Childhood Education
International
Boy Scouts of America
Boys and Girls Clubs of America
Casey Family Programs
Center for the Study of Social Policy
Child and Family Policy Institute of
California
Child Welfare League of America
The Collaboration to AdoptUSKids
Community Anti-Drug Coalitions of America
Doris Duke Charitable Foundation
Federation of Families for Children's Mental
Health
Friends National Resource Center
Heather Cabot, Yahoo! Consumer
Spokesperson
Marguerite Casey Foundation
National Alliance of Children's Trust and
Prevention Funds
National Association for the Education of
Young Children
National Association of Public Child Welfare
Administrators
National Association of Social Workers
National Black Child Development Institute
National Center on Shared Leadership®
National Child Abuse Coalition
National Domestic Violence Helpline
National Head Start Association
National Indian Child Welfare Association
National Respite Coalition
National Youth Advocate Program
North American Council on Adoptable
Children
PreschoolRock.com
Prevent Child Abuse America
Professional Tutors of America
The Raise Foundation
Rise Magazine
Strategies
Stop It Now!
Strengthening Families Initiative

The Well Mom
Text4Baby

Government Partners

Administration for Children and Families,
U.S. Department of Health and Human
Services
Alameda County Social Services,
Department of Children and Family
Services
Alpine County Health & Human Services
California Department of Social Services,
Office of Child Abuse Prevention
Center for Substance Abuse Prevention,
U.S. Substance Abuse and Mental
Health Services Administration
Centers for Disease Control and Prevention,
National Injury Prevention & Control
Center
Children's Bureau, U.S. Department of
Health and Human Services
City of Long Beach, Department of Health
and Human Services
Contra Costa County Family and Children
Services
County of Orange - Health Care Agency
County of San Bernardino, Children and
Family Services
El Dorado County Department of Human
Services
First 5 California
First 5 Calaveras
First 5 Los Angeles
First 5 Madera County
First 5 Riverside
First 5 San Bernardino
First 5 San Francisco
Fresno County Children and Family
Services Department
Head Start Bureau, U.S. Department of
Health & Human Services
Health and Human Services Agency
Commission on Children, Youth and
Families
Inter-Tribal Council of California, Inc
Los Angeles County Department of Children
and Family Services
Los Angeles County Department of Mental
Health

Monterey Department of Social &
 Employment Services – Family &
 Children’s Services
 Office of Juvenile Justice and Delinquency
 Prevention, U.S. Department of Justice
 Orange County Social Services, Children
 and Family Services Agency
 Plumas County
 Riverside County Department of Public
 Social Services
 Sacramento County Department of Health
 and Human Services, Division of Child
 Protective Services
 San Bernardino County Social Services
 Agency, Department of Child and Family
 Services
 San Diego County Office of
 Education/Juvenile Court and
 Community Schools
 San Francisco Human Services Agency,
 Family & Children’s Services Division
 San Luis Obispo Department of Social
 Services
 Superior Court of California, County of
 Imperial
 Sutter County Children & Families
 Commission
 U.S. Department of Education, Office of
 Special Education Programs
 Ventura County Human Services Agency

Community-Based Organizations

Alameda County Child Abuse Prevention
 Council
 Alta Loma School District
 Anderholt & Storey, APLC
 Antelope Valley Child Abuse Prevention
 Council
 Asian Pacific Islander Children Youth and
 Family Council
 Aspiranet Kids Program
 Beyond Shelter
 Birth & Beyond Community Response
 Birth Parent Association
 Butte County Child Abuse Prevention
 Council
 California Coalition
 California Institute for Mental Health
 California Permanency for Youth Project

Casa Pacifica Center for Children &
 Families
 Catalyst for Kids (WA)
 Center for Children
 Central CA Coalition of Child Abuse
 Prevention Council
 Central Valley Prevention Program of
 Mental Health Systems, Inc
 Chadwick Center-Rady Children’s Hospital
 Child Abuse Listening and Mediation
 Child Abuse Prevention Coordinating
 Council Shasta County
 Child Abuse Prevention Council of Contra
 Costa County
 Child Abuse Prevention Council of Fresno
 Child Care Coordinating Council of the
 North Country (NY)
 Child Welfare Organizing Project
 Children’s Bureau of Southern California
 Circle of Parents
 Council on Child Abuse Prevention
 Lassen County
 Child Abuse Prevention Council of Monterey
 County
 Child Abuse Prevention Council of Placer
 County
 Child Abuse Prevention of Napa County
 Child Abuse Prevention Council of
 Sacramento, Inc
 Childhelp Foster & Adoption Agency
 Children's Advocacy Center of Tom Green
 County (TX)
 Children’s Network of San Bernardino
 County
 Community Action Commission to Help the
 Economy (NY)
 Community Action Partnership of San Luis
 Obispo County, Inc
 Community Advocates for Parents and
 Children
 Community Hospital of San Bernardino
 Community Partnership for Families of San
 Joaquin
 County of San Bernardino Pre-School
 Services
 Cumberland River Comprehensive Care
 Center (KY)
 D.C. Children's Trust Fund
 Delaware Ecumenical Council on Children &
 Families

Dependency Advocacy Center-Mentor
Parent Program
Detroit Center for Family Advocacy (MI)
Detroit Parent Network (MI)
Early Start Family Resource Network
El Dorado County Child Abuse Prevention
Council
El Paso Federation of Families (TX)
EMQ Families First
Emergency Preparedness Integrated
Solutions Project
End Abuse Long Beach
Families Matter
Family Care Network
Family Directions of Iowa
Family Resource Center (MO)
Family Resources (PA)
Family Support Network
The Family Tree (MD)
Foothill Child Abuse & Family Violence
Council
Fred Finch Youth Center
Gains Early Childhood Education Program
Good Will Industries of Greater Cleveland
and East Central Ohio
Grass Valley School District
Greater Bay Area Child Abuse Prevention
Coalition
Head Start San Bernardino
Helping Hands Kinship Support Services
High Desert Academy of Applied Arts and
Science
Hollydale Universal Pre-School
Infant/Child Enrichment Services, Inc
Inland Temporary Homes
Interim Foster Care Agency
Isla Vista Youth Projects
Jewish Children and &
Family Services of the East Bay
Knotts Family Agency
Knotts Family and Parenting Institute
La Casa del Pueblo (UT)
Lancaster School District Early Childhood
Education Program
Latino Health Collaborative
Los Angeles Community Child Abuse
Council
Los Angeles Gay & Lesbian Center
Lutheran Social Services
Making a Difference Association
Marin Child Abuse Prevention Council

Mariposa Safe Families
McKinleyville Playgroup
Montclair Community Collaborative
Morning Star Care Consulting
Morrison Center Child & Family Services
(OR)
Morongo Basin Mental Health
Moses House Ministries
Neighborhood Youth Association
Northeast Texas Child Advocacy Center
Northern Mariana Islands (Saipan)
Oceano School Readiness
Ordot Chalan Pago Elementary School on
Guam
North Coast Regional Child Abuse
Prevention Council Coalition
Para Los Niños
Parent Guidance Center (TX)
Parent Leadership Network
Parents Anonymous® of New Jersey (NJ)
Parents Anonymous® of Pomona
Parents Anonymous® of South Carolina
Parents Anonymous® of Tyler (TX)
Parents In Partnerships, Los Angeles
County Department of Children & Family
Services
Parents Taking Action
Partnership for Safe Families and
Community/Parents with Purpose
Pathways to Child & Family Excellence
Prevent Child Abuse Council Calaveras
Prevent Child Abuse Riverside County
Program for Early Parent Support (WA)
Project Inspire
Prototypes – Prevention Initiative
Demonstration Project
Reach by Five
Reach Out
Rialto Unified School District
Safe Start Center
Samaritan Counseling Center
San Bernardino City Unified School District
San Bernardino County State Preschool
Family Resource Program
San Bernardino County Superintendent of
Schools
San Diego Youth Services
San Francisco Child Abuse Council
San Luis Obispo Child Development Center
San Luis Obispo County Child Abuse
Prevention Council

San Luis Obispo County Office of Education
Santa Anita Family Service
Santa Barbara County Child Abuse
Prevention Council
Santa Maria Healthy Start
Santa Maria School Readiness
Santa Ynez Valley People Helping People
SCAN Volunteer Service (AR)
Seneca Center
Sierra-Sacramento Child Abuse Prevention
Center, Regional Coalition
Solano County Child Abuse Prevention
Council
South Coast Children's Society
South Coast Community Services
Southern Humboldt Family Resource
Center
SPIRITT
St. John's Well Child & Family Center
St. Vincent's Casa Alegria Children's Center
St. Vincent's PATHS
Statewide Parent Advocacy Network (NJ)
SunShine Foster-Kinship Support Group
Teaching Family Homes of Upper Michigan
Teen Parent Association
Tehama County Child Abuse Prevention
Center
Tri Coastal Cities
Tuolumne County Parent Advisory
Council/Shared Leadership Network

University Partners

Oakland University, School of Nursing
Resource Center for Family-Focus Practice,
UC Davis
National SafeCare Training and Research
Center, Georgia State University
School of Social Welfare, UC Berkeley
University of the District of Columbia School
of Law
Vanderbilt University- Center on the Social
and Emotional Foundations for Early
Learning