

## Applying for Food Stamp Benefits

You can start your Food Stamp application on your own, or with help from the FSD:

1. To get an application: Visit online, call FSD, or visit an FSD office.
2. Fill out as much of the application form as you can. If you need help, contact the FSD.

### Need Help?

- By phone: **1-855-FSD-INFO** (1-855-373-4636)
- Online: **mydss.mo.gov**
- In person: **Visit any FSD Office.** To find an office in your area, call the number above or visit us online.

## Verification to Include for Faster Service

Below is a list of some verification you can turn in with your application for each household member for which you are applying. Providing this may result in a faster decision on your Food Stamp benefits.

**Only send copies - do not send the originals.**

- Still apply if you don't have this verification and FSD will help you.
- These are only examples and you can send other information.

### Identity

No identity verification is needed if you have a Missouri Driver's License. If you do not have a Missouri Driver's license, you can turn in one of the following:

- ✓ Driver's license (any state)
- ✓ Identification that is not a driver's license, such as a military, work, or school ID card
- ✓ Voter registration card
- ✓ Birth certificate
- ✓ Pay stub showing wages from a job
- ✓ Passport
- ✓ Medical insurance ID card

You can also visit any FSD Office with anyone to tell us who you are and not provide the above.

### Residency

- ✓ To show residency, you can turn in one of the following: Written lease agreement
- ✓ Letter from your landlord or a person you are paying to live with
- ✓ Rent or mortgage receipt
- ✓ Phone, water, or other utility bill

### Immigration

To show immigration status if you or any other household members are not United States citizens, you can turn in **one** of these for **each** person who is not a U.S. citizen:

- ✓ Birth certificate
- ✓ Letter from Canadian Department of Indian Affairs
- ✓ Certification letter
- ✓ Military discharge record (DD214)
- ✓ Military ID card
- ✓ Order of an Immigrant Judge
- ✓ USCIS or other Homeland Security paperwork that shows alien status

### Income

You can turn in any verification showing how much each household member got in payments within the <b>last 30 days</b> .	
<b>Work income</b>	<ul style="list-style-type: none"> <li>✓ Pay stub or employer statement that shows gross income, net income, rate of pay, and how often you were paid</li> </ul>
<b>Retirement income</b>	<ul style="list-style-type: none"> <li>✓ Veteran's Benefits or Armed Forces Allotment – A letter that shows the current benefit amount</li> <li>✓ Pensions or other retirement plans – A current earning statement, SSA award letter, or summary of benefits</li> </ul>
<b>Disability income</b>	<ul style="list-style-type: none"> <li>✓ Short term or long term disability insurance – A statement from the insurance company</li> <li>✓ Railroad disability – A statement from the Railroad Retirement Board</li> <li>✓ Social Security Administration award letter</li> </ul>
<b>Alimony income</b>	<p><i>Only need one of the below:</i></p> <ul style="list-style-type: none"> <li>✓ Written statement from the former partner</li> <li>✓ Court order</li> <li>✓ Payment schedule</li> </ul>
<b>Child Support</b>	<p><i>Only need one of the below:</i></p> <ul style="list-style-type: none"> <li>✓ Written statement from the non-custodial parent</li> <li>✓ Court order</li> <li>✓ Payment schedule</li> </ul>
<b>Education income</b>	<ul style="list-style-type: none"> <li>✓ Awards documents</li> <li>✓ Grant documents</li> <li>✓ Student loan documents</li> </ul>
<b>Other income</b>	<ul style="list-style-type: none"> <li>✓ Written statement from the person giving you money that states amount and how often it is paid</li> <li>✓ Lottery or gambling winnings</li> <li>✓ Payments from a trust fund, royalties, rental properties, or a tribe - Letter that shows amount and how often it is paid</li> <li>✓ Unemployment compensation from another state – A letter that shows the current benefit amount</li> </ul>

If you have applied for other types of assistance (Temporary Assistance. Medical etc.) and have been denied you may still be eligible for Food Stamps.

**The Family Support Division is an equal opportunity provider/employer.  
The USDA is an equal opportunity provider/employer.**