

**MO HEALTHNET NON-PHARMACEUTICAL MENTAL HEALTH
PRIOR AUTHORIZATION ADVISORY COMMITTEE**
205 Jefferson Street Jefferson City, MO

November 5, 2009

MEMBERS IN ATTENDANCE

Judy Coy, LPC
Dan Holdinghaus, LPC
Laine Young-Walker, MD
Allyson Ashley, LCSW
Cindy Burks, LCSW
Jennifer Davis, LCSW
Vicky Lynn Tupper Mieseler, MS

AGENCY STAFF IN ATTENDANCE

Lisa Clements, PhD, Clinical Director
Becky West, MO HealthNet Specialist
Patsy Carter, DMH
LeAnn Haslag, Children's Division
Annette Walther, IFOX
Virginia Selleck, DMH/CPS
Paula Neese, Children's Division Director
Yen Carl, Senior Office Support Assistant

MEMBERS ABSENT

Mark C. Johnson, M.D.
Nancy Gongaware, LPC
Felix T. Vincenz, PhD.
Richard Burch, MD
Bruce Horwitz, PhD

Welcome/Announcement- Lisa Clements, PhD, Clinical Director Psychology Program, called the meeting to order at 10:00 a.m. and introductions were made.

Review of Minutes: The August 6th, 2009 meeting minutes were approved as submitted.

Bulletins and Updates: Dr. Clements started the meeting with program updates. A Telehealth Bulletin has been issued, and should be posted on the MHD website soon. Alyson Ashley stated that the Telehealth implementation is working, but does have a few concerns. One concern is providers who are providing services all over the state of Missouri. Discussion about out of state providers was held. It was announced that the monthly reports no longer be included in the meeting packets. These will still be sent to each Committee member electronically prior to the meeting date.

Dr. Clements stated The State Board of Social Workers will be adding new tiers of licensure for social workers. The board hopes to have the rules and regulation in place, and begin issuing the new licenses in early 2010. The Committee members expressed their concerns and comments regarding the new Bachelor Degree Clinical Social Worker licensure changes.

Algorithm: Becky West and Dr. Clements reviewed the Psychology/Counseling algorithm highlights. Becky stated that instead of using the word Prior Authorization (PA), it will now be called Pre-Certification in the system. Testing for all ages will require a Pre-Certification. Providers will have to list the test(s) they will be doing. MO HealthNet will be able to do reporting on what tests are being provided. Assessments for children under the age of 3 will still require a Pre-Certification which can be obtained electronically without submission of documentation. Providers will have to indicate whether or not they have a referral, from whom, and the reason for the referral. The Committee discussed the number of hours that are approved for children in foster care versus children not in state custody.

Prior Authorizations Reports: Report One showed that for January 2009 through September 2009, there were a total of 13,340 Prior Authorizations (PAs) for children and there were 4,343 PAs for adults. Report Six showed that there were a total of 5,406 unique adult patients from January 2009 through September 2009. Last year there were 4,565 unique adult patients from January through September. There has been a significant growth in the program. From August 2009 through September 2009 there were a total of 5,172 unique patients under the age of 20. Last year, there were 4,564 unique patients. Report Seven showed the total PA count as of September 2009. There were 14,860 total PAs and out of that total less than 1% were denied.

ADHD Report: The ADHD report was distributed and briefly discussed.

Children in Foster Care: Dr. Clements stated that from January 1 through September 30, 2009 there were a total of 4,373 children in foster care with approved PAs. Last year, there were a total of 4,101 children in foster care with approved PAs. There were a total of 669 unique providers with approved PAs, which is down from last year's total of 725 providers. Out of the 669, there were 306 Licensed Professional Counselors (LPC) and Provisionally Licensed LPC, 207 Licensed Clinical Social Workers (LCSW) and Provisionally Licensed LSCW, 70 Clinics, and 62 Psychologists. Report Two shows that Individual Therapy (IT) represents 60% of all therapies requested in all age groups, except for the 3 year olds. Children under 3 require a clinical review for Individual Therapy. For children ages 5-12, Mo HealthNet encourages the use of Family Therapy, of this group there were 4,365 total PAs, 2,837 (64.99%) were Individual Therapy and 1,488 (34.09%) were Family Therapy (FT) requests. For children ages 13-20, MO HealthNet encourages the use of Individual Therapy. Of this group, there were 3,921 total PAs, with 2,555 (65.16%) Individual Therapy requests, and 1,299 (33.13%) Family Therapy requests. Report Three showed PAs by diagnosis code. The top three diagnoses were: 30981 Prolonged Posttraumatic Stress Disorder with 3,810 PAs; 31381 Oppositional Defiant Disorder with 2,823 PAs; and 31401 Attention Deficit with Hyperactivity Disorder with 2,105 PAs. The top three diagnosis codes represent 53.67% of all PAs.

Evidenced Based Practice: Allyson Ashley presented information regarding evidence based practices being used at Burrell outpatient services. Allyson went over the implementation processes, including selecting the evidence based practice desired, training staff, providing fidelity monitoring/mentoring/peer review, and credentialing staff. She outlined some problems and obstacles experienced such as staff resistance, lack of appropriate internal champions, expenses, erosion of skills without adequate use, and others. Committee members discussed priority areas for implementation including services for young children and children in state custody.

Adjourn-The Committee adjourned to executive session for the sole purpose of discussing individual participant specific medical information. At the conclusion of these discussions the group adjourned entertaining no further business, actions or motions. (See roll call vote).

MEMBER	MOTION TO CLOSE MEETING	MOTION TO ADJOURN
Richard Burch, MD	Absent	Absent
Felix Vincenz, MD	Absent	Absent
Laine Young-Walker, MD	Yeah	Motion
Mark C. Johnson, MD	Absent	Absent
Bruce Horwitz, PhD	Absent	Absent

Vicky Lynn Tupper Mieseler, MS	Second	Yeah
Allyson Ashley, LCSW	Yeah	Second
Cindy Burks, LCSW	Yeah	Yeah
Jennifer Davis, LCSW	Yeah	Yeah
Judy Coy, LPC	Motion	Yeah
Nancy Gongaware, LPC	Absent	Absent
Dan Holdinghaus, LPC	Yeah	Yeah

Next Meeting February 4, 2010