

**MO HEALTHNET NON-PHARMACEUTICAL MENTAL HEALTH
PRIOR AUTHORIZATION ADVISORY COMMITTEE**
205 Jefferson Street Jefferson City, MO

May 6th, 2010

MEMBERS IN ATTENDANCE

Judy Coy, LPC
Dan Holdinghaus, LPC
Mark C. Johnson, MD
Jennifer Davis, LCSW
Laine Young-Walker, MD
Vicky Lynn Tupper Mieseler, MS

AGENCY STAFF IN ATTENDANCE

Lisa Clements, PhD, Clinical Director
Becky West, MO HealthNet Specialist
Annette Walther, IFOC
Leann Haslag, Children's Division
Patsy Carter, Ph. D., Department of Mental Health
Yen Carl, Senior Office Support Assistant

MEMBER IN ATTENDANCE BY PHONE

Allyson Ashley, LCSW

MEMBERS ABSENT

Richard Burch, MD
Felix Vincenz, MD
Bruce Horwitz, Ph. D.
Cindy Burks, LCSW
Nancy Gongaware, LPC

Welcome/Announcements: Lisa Clements, PhD, Clinical Director Psychology/Counseling Program called the meeting to order at 10:00 a.m. Introductions were made.

Review of Minutes: There was a change in the minutes, Dr. Charles Graves from President, Freeman Health System to Child Psychologist and Medical Director of Family Preservation Services and Family Turn Around. The February 4th, 2010 meetings were approved as amended.

Program Update

Bulletins: Dr. Clements reviewed Bulletins that have been posted to the MO HealthNet website since the last meeting. One Bulletin was regarding the new physician fee schedule. Although Psychologists are mentioned as a provider type in the Bulletin, the reimbursement rate for Psychologists' services did not change. Another bulletin was regarding 90862, medication management. This bulletin clarified that there should be 15 minutes face to face with the patient, instead of the current requirement for 30 minutes face to face time. There is a bulletin being drafted regarding Licensed Master Social Workers (LMSW). Beginning April 30, 2010, the Board of Social Workers will begin to license Master Social Workers. MO HealthNet will allow this provider type to enroll as a provider of Psychology/Counseling Program services. This bulletin should be posted to the MO HealthNet web site soon.

Vicky Mieseler, Committee member, requested information regarding a change in the pharmacy formularies. In order to research her inquiry she will forward an email to Dr. Clements.

Reports

Prior Authorization Reports: These reports were distributed to the committee members through email prior to the meeting. There were no comments regarding these reports.

Children in Foster Care: Report one, Prior Authorization (PA) unique Counts, January through March 2010, showed the data is very similar to data in the past. There has not been a significant change in volume. Dr. Clements stated that the predominant numbers of PAs are for the 16 year olds, 8.31% of the total. There was an increase in the 6 year old PAs. There were a total of 49 providers who obtained PAs for kids in foster care, 28% of whom were LCSWs. Report 2 showed the PAs by therapy type and age. Again, there has not been a significant change. Individual Therapy (IT) is still the predominant therapy requested for 5-20 year olds and 50% of therapy requested for everyone. Report 3 showed the PAs by Diagnosis Code. Dr. Clements stated the top three diagnosis codes have been consistently the same since the PAs for Children in Foster Care began with Prolonged Posttraumatic Stress Disorder being number one, followed by Oppositional Disorder, and Attention Deficit Disorder with Hyperactivity (ADHD). At the last meeting, Dan Holdinghaus asked if Dr. Clements could provide graphs of the PA numbers over the last two years, such as total number of PAs that were approved or denied, and the total number of children in foster care over the last two years. Dr. Clements showed a graph of the total number of PAs approved or denied in the last two years, and also a total number of Children in Foster Care.

Dr. Clements stated that at the last meeting there was a request for a breakdown of diagnoses reported on PA requests for Children in Foster Care versus children that are not in state custody. The Primary diagnosis for children in Foster Care continues to be PTSD and the primary diagnosis for children not in state custody is Oppositional Defiant Disorder.

Inpatient Services: The next handout that was included in the meeting packet was a report of inpatient claims with mental health diagnosis for 2009 showing the region the child is from according to their address, their age, and covered days. For the Central Region there were 95 covered days for a total of \$37,511.37. For the Eastern Region there were 561 covered days for a total of \$295,869.48. The Southwest FFS Region had 650 covered days for a total of \$231,967.93, The Northern FFS Region had 168 covered days for total of \$90,314.03, The Western Region had a total of 269 covered days for at total of \$164,478.13 and the Southeast FFS Region had a total of 296 covered days for total of \$160,767.38. Dan Holdinghaus asked if Dr. Clements can get more data on unique patients to show a comparison on therapy services and medications services prior to hospitalization. Dr. Clements summarized a report of the inpatient mental health claims for 2007 which was not included in the meeting packet. During that fiscal year there were a total of 132 total number of admits. The top three principle diagnosis codes reported at admission were 296.90, Episodic Mood Disorder NOS with 36 admits, 314.01. Attention Deficit with Hyperactivity Disorder with 25 admits, and 296.80, Bipolar Disorder NOS, with 20 admits. Dr. Clements asked the Committee for recommendations regarding the inpatient claims. Dr. Johnson asked if Dr. Clements can provide a breakdown of recent data of inpatient claims with mental health diagnoses in the last couple of years by the length of stay, age of patients, providers, ME codes and regions. Dr. Clements stated that the crisis teams that currently exist in the Department of Mental Health could be a potential resource for providing an alternative to inpatient stays for the young children.

Leann Haslag, Children's Division, reviewed a handout regarding Evidenced Based Practice which included a letter and survey to providers. The survey is to help identify practitioners who utilize evidence-based therapies. Included in the survey are the different types of evidence-based therapies that different facilities use, such as Motivational Interviewing, Parent Child Interaction Therapy, Child Directed Interaction, Parent Directed interaction, Parenting Wisely trauma Focused Cognitive Behavioral Therapy, and Eye Movement Desensitization, and Reprocessing. The survey also asks the provider to indicate what kind of training they have had for the different types of therapies. The survey also asks what payment methods are accepted in each provider's office. Leann asked that any comments or suggestions regarding the survey to be given to her and committee members responded with suggestions.

ADD/ADHD Edit: The ADHD/ADD Report was included in the meeting packets. This report shows the patients ages, birth through 17 years, with Prior Authorizations (PA) with ADHD/ADD as the primary or secondary diagnosis reported on the PA request. Dr. Clements stated that during the time period January through March of 2010, 19% of total PAs reported ADD/ADHD as the primary diagnosis and 3% reported ADD/ADHD as the secondary diagnosis.

At the last meeting, Dr. Clements asked the providers participating in the conference call to submit documentation of the requests they were having issues with for further review. No further information was received. Dr. Clements personally reached out to the providers asking for examples but did not receive further information. An updated/revised form for children less than 6 years old was reviewed by the committee. The updated form has not been released yet, however, committee members provided feedback which will be forwarded to Rhonda Driver, RPh, Pharmacy Director, for consideration.

No further discussion occurred and motion to adjourn was made and approved.

| MEMBER | MOTION TO APPROVE MEETING MINUTES | MOTION TO ADJOURN |
|----------------------------------|-----------------------------------|-------------------|
| Richard Burch, MD | Absent | Absent |
| Felix Vincenz, MD | Absent | Absent |
| Laine Young-Walker, MD | Yeah | Motion |
| Mark C. Johnson, MD | Motion | Yeah |
| Bruce Horwitz, PhD | Absent | Absent |
| Vicky Lynn Tupper Mieseler, M.S. | Yeah | Second |
| Allyson Ashley, LCSW | Conference Call | Conference Call |
| Cindy Burks, LCSW | Absent | Absent |
| Jennifer Davis, LCSW | Yeah | Yeah |
| Judy Coy, LPC | Second | Yeah |
| Nancy Gongaware, LPC | Absent | Absent |
| Dan Holdinghaus, LPC | Yeah | Yeah |

Next Meeting August 5th, 2010