

**MO HEALTHNET NON-PHARMACEUTICAL MENTAL HEALTH
PRIOR AUTHORIZATION ADVISORY COMMITTEE**
205 Jefferson Street Jefferson City, MO

August 5, 2010

MEMBERS IN ATTENDANCE

Allyson Ashley, LCSW
Cindy Burcks, LCSW
Mark C. Johnson, MD
Jennifer Davis, LCSW
Laine Young-Walker, MD
Vicky Lynn Tupper Mieseler, MS
Nancy Gongaware, LPC
Dan Holdinghaus, LPC
Bruce Horwitz, PhD

AGENCY STAFF IN ATTENDANCE

Lisa Clements, PhD, Clinical Director
Becky West, MO HealthNet Specialist
Susan Savage, Deputy Director, Children's Division
Annette Walther, IFOX
Geri Roling, IFOC
Jenna Twehus, RN, Clinical Services
Kathy Simmons, Senior Office Support Assistant

MEMBERS ABSENT

Judy Coy, LPC
Felix Vincenz, Ph.D.
Richard Burch, MD

Welcome/Announcements: Lisa Clements, PhD, Clinical Director Psychology/Counseling Program called the meeting to order at 10:00 a.m. Dr. Clements announced that Rhonda Driver, RPh, Director of Pharmacy would be joining the meeting to discuss the new edits that are being proposed related to Psychotropics and the implementation issues. Introductions were made.

Review of Minutes: The minutes of the May 6, 2010 meeting were reviewed; there was no discussion or changes. Dr. Bruce Horwitz made a motion that the minutes be approved and Cindy L. Burks seconded. The minutes were approved.

Program Update

Passage of Healthcare Reform: Dr. Clements discussed the different committees being set up by MO HealthNet that will address various components of the healthcare bill and its implementation. Several committees will be set up related to mental health issues. Several members expressed interest in obtaining any information that was available concerning the healthcare reform. Dr. Clements said she would try to get members a copy of the list of different committees. This list was read to the committee members later in the meeting.

Discussion of Psychotropic Edits: Rhonda Driver, RPh, joined the meeting to discuss the new Psychotropic edits which included Atypical Antipsychotic, SNRI, SSRI, and Polypharmacy. Members voiced concern about the lack of provider office staff resources and cost incurred working with edits and cyber access.

Additional Changes: Inpatient precertification can now be done through CyberAccess. Initially there were some problems but those issues have been addressed. A healthy Children Youth Bulletin was issued in May announcing that HCY screens on CyberAccess for their

patients. There was an email blast reminding providers of the PA closing date for children not in the custody of the state. The new PA year began August 1, 2010. A blast also went out about new trainings this fall, scheduled for September 23rd and October 6th. Providers in the Kansas City area are also asking for some on-site training. These training sessions can be used for providers for their CEU requirements. Dr. Clements discussed the termination of CCIP Program (Chronic Care Improvement Program). The program helped to coordinate care for those patients with serious needs. Patients will still get the same services but the provider will not have the additional reimbursement for updating the service plans. There was also a Bulletin issued regarding the elimination of MO HealthNet paper reimbursement checks and elimination of paper remittance advices. At the next meeting Diana Jones, Clinical Director, will provide members with an update on what is happening with EHR incentive program. Dr. Clements discussed the internal changes that the department is making involving staff and preparation for healthcare reform changes.

Children in Foster Care: Reports were reviewed. Report One showed that in the past three years there has not been a significant rise or fall in the number of Prior Authorizations for children in foster care. Susan Savage said the number of children in foster care has been relatively steady over the past couple of years, although there has been a slight increase in the number of children in foster care recently. Children's Division will keep close watch for the next six months to really get a good perspective on any true change in the number of children entering care. The number of providers has stayed fairly consistent with this population in the last three years. Report Two, Prior Authorization by Therapy Type by Age, was reviewed. There weren't any significant changes in trends. We still have significant utilization of Individual Therapy. Report Three, Prior Authorizations by Diagnosis Code showed the same three diagnosis codes as previous reports for the past couple of years: Prolong Post Traumatic Stress, Oppositional Disorder, and Attention Deficit Disorder.

A report showing how many children just had one PA and no reauthorization during the rest of the PA year was distributed per a previous Committee request. The number of children only getting one PA is fairly small for children in foster care as well as children not in state custody.

There was also a report distributed showing the top 5 diagnosis codes for children by age. A discussion followed regarding the number of children in foster care needing services being smaller than the number of children not in state custody needing services. Dr. Clements concurred that the number of children not in foster care was in fact a larger population. It was also noted that for children three years and up PTSD was the number one diagnosis for children in foster care in every single age group. The report also showed the two main diagnoses for children not in state custody ages three and up were ADHD and Oppositional Disorder.

Review of Current Utilization: Discussed report on actual patient counts, which measures the number of children or adults that actually received a PA during a given time frame. For the six month time observed it was noted that there really hasn't been a significant number increase or decrease in the totals, for adults as well as children.

ADHD Report: Discussing the report, the pattern is very similar for ages 0 to 17 as in previous reports. Dr. Clements said they have not received any further feedback for physicians involved in the ADHD Pharmacy edit process. Physicians seem to be very happy with the significant change in the review process.

Discussion about In Patient Utilization for children 5 and under: Discussed the utilization of inpatient services for young children. Reports were reviewed showing where the children came from, diagnosis, and where the hospital was located. There was interest in the number of patients and the coverage days for the different region. A subcommittee was formed to further review the issue of Inpatient Hospitalization for the very young. Volunteers for the subcommittee were Allyson Ashley, Dr. Laine Young-Walker, Vicky Mieseler, Cindy Burks, and Jennifer Davis.

Managed Care: Dr. Clements said she would be on site at Mental HealthNet in a couple of weeks and if there were any issues that need to be addressed to let her know.

Dan Holdinghaus made a motion to adjourn and it was seconded by Vicky Tupper Mieseler.

MEMBER	MOTION TO APPROVE MEETING MINUTES	MOTION TO ADJOURN
Richard Burch, MD	Absent	Absent
Felix Vincenz, MD	Absent	Absent
Laine Young-Walker, MD	Yeah	Yeah
Mark C. Johnson, MD	Yeah	Yeah
Bruce Horwitz, PhD	Motion	Yeah
Vicky Lynn Tupper Mieseler, M.S.	Yeah	Second
Allyson Ashley, LCSW	Yeah	Yeah
Cindy Burks, LCSW	Second	YEAH
Jennifer Davis, LCSW	Yeah	Yeah
Judy Coy, LPC	Absent	Absent
Nancy Gongaware, LPC	Yeah	Yeah
Dan Holdinghaus, LPC	Yeah	Yeah

Next Meeting November 4, 2010