

MO HealthNet Pre-certification Criteria



Medical Procedure Class:	DME CPAP E0601 – Rental for 1 – 3 months, CPAP E0601KJ – Rental months 4 – 12
Implementation Date:	January 30, 2008

New Criteria

Revision of Existing Criteria

Executive Summary

Purpose:	To allow a consistent and streamlined authorization process for CPAP devices.
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Why was this Issue Selected:	Senate Bill 577 passed by the 94 th General Assembly directs MO HealthNet to utilize an electronic web-based system to authorize Durable Medical Equipment using best medical evidence and care and treatment guidelines, consistent with national standards to verify medical need.
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Procedures subject to Pre-Certification	E0601, E0601KJ
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Setting & Population:	All MO HealthNet fee-for-service patients
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Type of Criteria:	<input type="checkbox"/> Increased risk of ADE <input type="checkbox"/> Appropriate Indications	<input checked="" type="checkbox"/> Non-Preferred Agent <input type="checkbox"/>
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Data Sources:	<input type="checkbox"/> Only administrative databases <input checked="" type="checkbox"/> Medicare LCD	<input checked="" type="checkbox"/> Databases + Prescriber-supplied
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Setting & Population

- Procedure Group for review: E0601RR, E0601KJ RR
- Age range: All MO HealthNet fee-for-service patients

Approval Criteria

- Patient has diagnosis of obstructive sleep apnea (ICD-9 327.23) and history of an attended sleep study (CPT 95807, 95808, 95810, 95811) with AHI 15 or greater, and evidence of effective treatment with therapy (a change of $\geq 50\%$ in the AHI from the initial sleep study to the AHI from the technologist attended CPAP titration study trial).
- Patient has diagnosis of obstructive sleep apnea (ICD-9 327.23) and history of an attended sleep study (CPT 95807, 95808, 95810, 95811) with AHI 5-14 and documented symptoms of excessive daytime sleepiness, impaired cognition, depression, insomnia, hypertension, ischemic heart disease, or stroke; and there is evidence of effective treatment with therapy (a change of $\geq 50\%$ in the AHI from the initial sleep study to the AHI from the technologist attended CPAP titration study trial).
- The patient's claim history reflects E0601 was dispensed at least 61 days ago, or there is DME provider documentation showing an E0601 was dispensed at least 61 days ago, and evidence of continued use of E0601 signed by the physician or client is documented in the DME provider's record.

Approval Diagnosis Code				
Condition	Submitted ICD-9 Diagnoses	CPT Codes	Date Range	Client Approval (Initials)
Obstructive Sleep Apnea	327.23	N/A	36 months	
Sleep Study	N/A	95807, 95808, 95810, 95811	36 months	

Denial Criteria

- Presence of a paid claim showing E0601 was dispensed during the past 5 years,
- Absence of diagnosis of Obstructive Sleep Apnea, ICD-9 327.23.
- No facility based, technologist attended sleep study (CPT 95807, 95808, 95810 or 95811) has been performed.
- The patient's initial sleep study documents an Apnea-hypopnea index (AHI) of 4 or less.
- The patient's initial sleep study documents an Apnea-hypopnea index (AHI) of 5 to 14; however, there is no documented excessive daytime sleepiness, impaired cognition, depression, insomnia, hypertension, ischemic heart disease, or stroke.
- The patient has a diagnosis of obstructive sleep apnea and has an initial sleep study that documents Apnea-hypopnea index (AHI) of 15 or more, but there is no evidence of effective treatment with therapy (there is a change of $< 50\%$ in the AHI from the initial sleep study to the AHI from the technologist attended CPAP titration study trial).
- The patient's initial sleep study documents an Apnea-hypopnea index (AHI) of 5 to 14; there is documented excessive daytime sleepiness, impaired cognition, depression, insomnia, hypertension, ischemic heart disease, or stroke, but there is no evidence of

effective treatment with therapy (there is a change of < 50% in the AHI from the initial sleep study to the AHI from the technologist attended CPAP titration study trial).

- There is no DME provider documentation E0601 was dispensed at least 61 days ago.
- No evidence of continued use of E0601 signed by the physician or client is documented in the DME provider's record.

Approval Period

E0601: Rental for months 1 to 3.

E0601KJ: Rental for months 4 to 12. (Approval for 12 months)

Appendix A : Possible Step 1 and Step 2 Questions

****The following questions may be encountered as part of the approval and denial criteria. Depending on the patient's history and the way previous questions may be answered, not every question may be asked for every patient and may not be encountered in the exact order below.**

1. Was a facility based, technologist attended sleep study performed?
2. What is the Apnea-hypopnea index (AHI) documented by the initial sleep study? Fill in: _____
3. What is the Apnea-hypopnea index (AHI) recorded during the technologist attended CPAP titration study trial?
Fill in: _____.
4. Does patient require a humidifier? *REMINDER: If so, a CPAP Humidifier requires a separate precertification.
5. What is the Apnea-hypopnea index (AHI) recorded during the technologist attended CPAP titration study trial?
Fill in: _____.
6. Does the patient have documented symptoms of excessive daytime sleepiness, impaired cognition, depression, insomnia, hypertension, ischemic heart disease or stroke?
7. Is evidence of continued use of E0601 signed by the physician or client documented in the DME provider's record?

