

CBEC EARLY CHILDHOOD MENTAL HEALTH WORKGROUP

October 24, 2011

10 am to 3 pm

Dept. of Mental Health

CPS Conference Room

Minutes

Present: Angie Wendt, Mernell King, Sanaria Sulaiman, Cindy Wilkinson, Susie Henderson, Shelley Mayse, Judy Saurage, Patsy Carter

Review of September minutes

Accepted

Review of Early Learning Challenge Grant application, Social Emotional/mental health

Grant was submitted. Cindy and Patsy provided an update on some of the initiatives included for funding in the grant. Cindy W. reported that a strong focus was on the quality improvement piece of the Quality Rating and Improvement System, including hiring 4 additional inclusion specialists as well as Child Care Nurse Consultants. Patsy presented on the major pieces relating to mental health including training of physicians and early care providers on social/emotional development and mental health disorders in young children. Additionally there was a provision for training of mental health professionals on early child development. A public awareness campaign was included with social and emotional development being one piece.

Patsy provided copies of the most recent Core Competencies for Early Childhood and Youth Development Professionals.

Crosswalk of DC0-3R to DSM and ICD

Discussed what would be recommended related to use of the crosswalk between DC0-3 to DSM and ICD. Although the issue of being able to enhance billing for early childhood mental health interventions was raised, the consensus seemed to be that this would not make a significant difference. It was noted that the crosswalk would be helpful in training professionals regarding relationship based focus with the early childhood population. It was recommended however that we may wish to advocate with MHN to review their policies regarding requiring prior authorization for all services for the 0-4 population. This can be a burden on providers to obtain authorization before being able to see and assess the young child and the environmental situation. It was agreed that upon reconvening of the Non-Pharmaceutical Prior Authorization committee of MHN this could be addressed through members of that committee. Patsy will draft language to bring to CBEC regarding this to take forward to MHN.

Finance/Mapping the System

Much of the meeting was spent mapping out the system across a variety of programs, specifically focus on access to training and/or consultation. Sanaria briefly presented on the Social Emotional Childcare Orientation Training as well a Place for All Children: Learning About

Inclusion which is a 14 module training course. It was agreed that Sanaria would present more detail on these modules in the December meeting.

It was noted that there were several initiatives that provided consultation, training and support to different early childhood providers included Child Care Aware, Childcare Health Consultants, REACH, OPEN, HeadStart TA. Issues identified include fragmentation across these initiatives, capacity, and the barriers for fully supporting home-based providers were all identified. Patsy noted that it may be beneficial to request a consultant to map out federal and state resources that impact consultation, training and support for providers. The current system is fragmented and may not be efficient. Patsy to draft language for group to endorse to take to CBEC.

Discussion ensued regarding the definition of early childhood mental health consultation. It was noted that there was some differences, and these were explored to identify issues beyond semantics. Major issue was regarding "consultation" to the universal population as opposed to targeted child specific consultation. This issue is to be explored further. Patsy will send out the Georgetown monograph on Early Childhood Consultation.

Exploration of State Endorsement Processes

It was agreed to dedicate a meeting to exploring this process. Shelley will make presentation to group on 2/27/12 to set groundwork for further discussion.

Training of Mental Health Professionals on Early Childhood Development

Group will need to develop a platform as well as content of training mental health professionals on early childhood development. If receive RTT grant, may have dedicated funding. If not may need to propose to CBEC a specific plan for funding.

Report to CBEC

- Patsy will develop statement for workgroup to approve in regards to recommendation made to MHN on prior authorization for 0-4 y/o population.
- Patsy develop statement for workgroup to approve to make recommendation to CBEC for consultant to identify federal and state funding and resources that do or could support early childhood mental health training, supports and services.

Next Steps

- Patsy to complete steps above in regards to taking forward recommendations to CBEC.
- Patsy to send out Georgetown Monograph on Early Childhood Mental Health Consultation to workgroup
- Set dates for next meetings which include
 - November 10, 2011 – Phone call from 10-11 am
 - December 16, 2011 – Face to face meeting 10- 3 pm (Sanaria to present on Inclusion modules)
 - January 23, 2012 – Phone call from 10-11 am
 - February 27, 2012 – Face to face meeting from 10 am to 3 pm (Shelley to present on Endorsement model)