

## **Early Childhood Mental Health Workgroup/CBEC**

**Monday, February 27, 2012**

**10 am – 3 pm**

**DMH**

**CPS CR**

### **Minutes**

**Present:** Shelley Mayse, Patsy Carter, Sanaria Sulaiman (phone), Judy Saurage (phone), Suzie Henderson, Angie Wendt, Daryl Rothman, Cindy Wilkinson

**Guest:** Nicole Paradis from the Michigan Association for Infant Mental Health (phone via webinar)

#### Early Childhood Endorsement

Shelly Mayse and Nicole Paradis (MI-AIMH) provided information on the Michigan model Early Childhood Endorsement process (MI-AIMH) and subsequent development of the League of States on the endorsement process. The presentation covered the 4 levels of endorsement (Infant MH Associate, Family Specialist, MH Specialist and MH Mentor) and the related process to achieve endorsement at these levels. A core component of the model is the reflective supervision. The endorsement is conducted through the state Association of Infant Mental Health which is the similar organizations managing the endorsement process in other states. In Michigan and most other states the endorsement is not broadly required either by contract or payor source. It was noted however that one contract in Michigan for a specialized service does now require providers to be endorsed.

After the presentation the group had a preliminary discussion focusing on clarification of issues, outcomes and how it fit in Missouri. It was agreed that further discussion and exploration was needed. In particular it was noted that other critical MO stakeholders should learn about this process to explore its fit with Missouri. It was proposed that the next meeting (phone call on March 27) be opened to other stakeholders and Shelley and Patsy could facilitate a presentation based on Nicole's presentation.

#### Update on recommendations to CBEC

Patsy reported she had made a presentation of the workgroup's two recommendations to the CBEC. The recommendation related to the prior authorization process for children under 3 years of age was accepted with one change, noting the recommendation should be that MOHealthnet review the prior authorization process for its impact on access for this age population with no specific recommendation to revise.

The recommendation related to obtaining a fiscal analysis of federal and state dollars that can be used with the early childhood population was discussed in the CBEC. The CBEC prior to

voting on the recommendation requested the Executive Director obtain additional information from other states and the NGA regarding any work that had been done in this area and potential cost of a consultant. The information will then be provided to the CBEC in determining what action would be taken on the recommendation.

#### Pre-Service Training needs

Patsy facilitated a discussion on action steps that could be taken to enhance college and graduate level curricula in the mental health fields. It was proposed that a group representing the different disciplines and different universities could be convened to discuss, identify needs and gaps and develop a plan that may engage a large stakeholder group of higher education. Patsy had some contacts and the group provided additional recommendations for inclusion.

#### In-service/Webinar Development

The group discussed the resources and focus related to developing a series of webinars, with a focus on reaching out to physicians and a separate focus on reaching out to mental health professionals. For physicians, use of the Bright Futures materials was discussed as these were developed and endorsed by the American Academy of Pediatrics as well as American Academy of Child and Adolescent Psychiatrists. Dr. Maldonado, a practicing psychiatrist in the Kansas City area who specializes in early childhood and actually works directly with families was identified as a great resource.

For mental health professionals some areas of initial focus that were identified were normal early childhood development, best practices, DECA and attachment/bonding issues. Resources included the Center for the Social and Emotional Foundations of Early Learning, Zero to Three, AAP, Georgetown University Child Development and Children's Technical Assistance Center and Tulane University. The group will begin to explore these resources in an attempt to develop a curriculum. Initial discussion of sustainability noted the need for cross agency support and possible pooled funding.

#### Announcements

Daryl reported that CBEC had applied and been accepted as one of a handful of states to receive technical assistance through an early childhood mental health learning collaborative facilitated by Zero to Three. State representatives of the CBEC, along with Daryl make up the team. The first call is to be held on 2/28/12.

#### Next Steps

The next meeting of the ECMH Workgroup of the CBEC will be a phone call on 3/26 from 10 am to 12 noon. Meet me call numbers are 526-6012 or toll free for those outside of Jefferson City 866-630-9353