

**Coordinating Board for Early Childhood  
Early Childhood Mental Health Workgroup  
February 11, 2013  
DMH ADA Conference Room**

**CBEC Mission:**

To ensure that Missouri's early childhood programs and services are comprehensive, coordinated, accessible, adequately funded and of the highest quality to meet the needs and to promote the well-being of all young children and their families. This can be accomplished by (a) developing key partnerships, (b) building collaborative strategies and (c) ensuring equal access to necessary resources, resulting in the implementation of an effective and sustainable early childhood system.

**Participants:** Suzie Henderson, Cindy Reese, Sanaria Sulaiman, Julie Allen, Emily Montgomery, Patsy Carter, Marian Atwell, Daryl Rothman; Angie Wendt; Shelly Mayse (phone), Laine Young-Walker (phone)

## **MINUTES**

### **Welcome/Introductions**

Patsy introduced Julie Allen to the group. Julie is the Co-Young Child Wellness Expert for Project LAUNCH and will be joining to the group. Patsy also announced that Sanaria had accepted the offer and is now working as the Young Child Wellness Coordinator for the local Project LAUNCH pilot site in St. Louis. She will continue on the group in her new role. It was discussed that a new representative from CCA will be invited.

### **Updates/Announcements from CBEC**

Updates on a number of the recommendations made by the workgroup.

- Prior Authorization for children under 3 – Mariann reported that MHD has agreed that no prior authorization will be required for the initial assessment completed for this age population. Based on the assessment then authorization can be provided for treatment services.
- Public Awareness Campaign – Patsy reported that the CBEC has approved funding for the public awareness campaign, somewhere between \$200,000 and 220,000. Daryl and Patsy are working with Adzou regarding development of the campaign and identifying a contractor for implementation.
- White Papers – Daryl provided information on a number of other funding approvals by the CBEC including a white paper on compensation, and review papers on career lattices and parent perceptions.
- Other projects funded included conducting a statewide assessment of home visiting programs, conducting a poll on citizens' views on EC, a survey of current EC directors and a Head Start Peer Study.

Shelley requested an update on the CBEC's discussion of the endorsement process which was discussed in the last CBEC meeting. Patsy noted that CBEC members agreed that Missouri needs to increase knowledge around infant and early childhood mental health but did not think the current infrastructure was in place to begin the endorsement process. The training that this group is developing along with other infrastructure pieces can help pave the way. The CBEC agreed to table the endorsement process for now.

### **Review of curriculum for medical providers**

The workgroup reviewed the draft PowerPoint Dr. Young-Walker had created for medical professionals based on the curriculum which is Part II of the medical professional training on early childhood mental health. Part I was developed by Patsy and this too was reviewed. Changes were made based on discussion and will have a final review at the next face to face. This will be presented via webinar with CME available.

### **Development of curriculum for mental health providers**

Suzie provided an initial outline for the training for mental health professionals. The group discussed how this training could be delivered. One possibility was to do regional trainings followed by a regional learning collaborative so as mental health professionals begin to see this age population they have access to expert and peer consultation.

### **Development of curriculum for child care professionals**

The workgroup discussed different options and decided not to reinvent the wheel, as there are quality trainings offered already. The group decided to pursue the asynchronies (self-paced) training called Social Emotional Foundation for Early Learning that Child Care Aware® of Missouri developed. This is a curriculum based on CSEFEL and Special Quest, and DMH, DHSS and DSS were all part of the initial work. Sanaria will contact CCAMO and get information and cost. If reasonable, the ECMH workgroup might sponsor scholarships.

### **Discussion of LUME Institute – Learning from Inside Out presentation for April**

Sanaria presented on the training provided by LUME Institute called Learning from Inside Out. The focus is on EC staff addressing their personal feelings and its impact on their teaching or interacting with children. The group agreed that although interesting this did not fall within the scope of the committee to address, so opted to not pursue a presentation.

### **EPSDT**

The group ran out of time and was unable to continue the review during this meeting. Will continue review in future meetings.

### **Next Meetings**

March 18, 2013 10:00- 12:00 526-6207/866-630-9356

April 15, 2013 10:00- 3:00 pm

DMH DD Conference Room or Call 526-6207/866-630-9356

### **CBEC GROUP NORMS:**

- Start and end meetings promptly
- Respect all views
- Establish context/background for discussions
- Avoid side conversations
- Agenda construction shall include required actions(information sharing, discussion or decision) & process for decision making
- Questions are always okay