

**Coordinating Board for Early Childhood
Early Childhood Mental Health Workgroup
June 17, 2013 from 10:00-3:00
526-6207/866-630-9356**

MINUTES

Present: Mariann Atwell, Emily Montgomery, Cindy Reese, Daryl Rothman, Julie Allen, Susie Henderson, Sanaria Sulaiman, Shelley Mayse (by phone)

1. Mental Health Professional Curriculum

- a. Susie started the conversation about the curriculum with a question to the group about what the purpose of the training is and what were the expected outcomes. This sparked conversation around how everyone saw the training being delivered (online, face-to-face, both), what the length of the training would be, who the target audience would be and where it would be delivered. The group discussed possible delivery options and ideally would like to deliver this curriculum via regional face-to-face meetings as well as webinars. It was decided that Susie, Shelley and Judy would talk prior to the next meeting and make recommendations regarding the length of the training and how it would be divided out if it were delivered in a webinar format. The committee will further discuss the format, audience, length and location on the call in July.
- b. Susie also shared with the group that she had been asked to come talk to the Mental Health Coalition Early Childhood Workgroup about the curriculum. She believes there is some concern by the Mental Health Coalition that this training is somehow creating competition with the community mental health centers. It was suggested that a member of the EC workgroup from the Mental Health Coalition be invited to join the ECMH workgroup to aid in communication and future partnerships.
- c. Everyone reviewed an updated version of the training curriculum. Susie indicated that it was difficult to decide where to stop adding information about important topics, such as brain development. This issue related to the earlier issue discussed regarding delivery format for the meeting and length of training which will be discussed further at the next meeting.

2. Mental Health Consultation and Project LAUNCH

- a. Julie talked about Project LAUNCH's plan to develop a definition of mental health consultation that would hopefully be adopted state wide, by all departments. She explained that Project LAUNCH's State Young Child Wellness Council had agreed to ask the ECMH workgroup to begin work on the definition which would then be taken back to the YCWC and to the departments. Shelley recommended that we look at the Georgetown definition and possibly consider adopting their definition for our state. She also recommended the group look at a journal article put out by Zero to Three around home visitation models.

Everyone agreed to take on this project and Julie is going to send out the link to the Georgetown definition and Zero to Three article for review by the group prior to the next meeting. It was also suggested to look at what other MHC definitions exist across the state, including Head Start/EHS.

- b. Cindy asked if at the end of the creation of the definition we would also have a recommendation for a state wide model for consultation. Shelley stated that we should look at the models in Colorado and Phoenix. She also felt that creating a state wide model would be extremely useful and would possibly open up funding opportunities in the future. The group expressed support for adopting a mental health consultation model for Missouri.

3. Updates/Announcements

- a. CBEC Marketing Campaign: Daryl reported that Paradowski Creative had presented new ad options and CBEC has chosen the ad they would like to proceed with. The plan is to have the campaign roll out in July-Sept. He reported that DMH is working on creating a webpage where parents can learn more about children's social emotional health. This webpage will be linked to the campaign. Daryl is sending Emily an outline for suggested content on the webpage and he is going to copy the ECMH workgroup so they can make suggestions as well.

4. EPSDT Review

- a. The group reviewed the current version of the EPSDT recommendations and what the CDC and AAP recommend. After some discussion, it was decided that we would recommend to MOHealthNet that they adopt the CDC recommended S/E milestones for use and remove the Emerging Skills.

5. Next Meeting: July 15th 10 am to 12 pm

- a. Continue discussion about MH Consultation Curriculum format
- b. Begin work on MH Consultation definition
- c. Update on DHSS ECCS grant application status
- d. Continue discussion about links to additional screening tools
- e. Discuss process for making official recommendations to MO HealthNet on EPSDT recommendations

CBEC Mission:

To ensure that Missouri's early childhood programs and services are comprehensive, coordinated, accessible, adequately funded and of the highest quality to meet the needs and to promote the well-being of all young children and their families. This can be accomplished by (a) developing key partnerships, (b) building collaborative strategies and (c) ensuring equal access to necessary resources, resulting in the implementation of an effective and sustainable early childhood system.