

**Coordinating Board for Early Childhood  
Early Childhood Mental Health Workgroup  
December 16, 2013 from 10:00am – 3:00pm  
DMH, CPS Conference Room  
526-6207/866-630-9356**

**MINUTES**

**PRESENT:** Lori Masek, Cindy Reese, Emily Smith, Patsy Carter, Suzie Henderson, Bethann Lang, Sanaria Sulaiman, Julie Allen, Judy Saurage

**Welcome and Updates**

The group was introduced to Lori Masek who is new to the group representing the Children's Division. A brief overview of the workgroup focus was provided.

**DMH Early Childhood website**

Emily noted that DMH will be revising the early childhood webpage through the Children's Office. This was explored with the group and recommendations were made.

**EPSDT presentation to CBEC**

Patsy reported she is on the agenda at the next CBEC meeting January 7, 2014 to make the workgroups recommendation related to mental health indicators on the EPSDT screen for young children.

**Training of MH Professionals**

The workgroup members spent time discussing the full process for the training of mental health professionals on early childhood development and mental health. Some issues that were discussed and consensus reached:

- There will be an application process that will require a commitment not only to the day long training, but to participate in a 6 month learning collaborative and a follow-up training. Discussed that we may need to think of a Scholarship for Completion in which the full cost of the training would be reimbursed when the individual completes all requirements.
- Additional requirement would be to be currently working with children over the age of six with support from their organization to expand to the 0-

6 population. Participant must be licensed or provisionally licensed and willing to accept Medicaid as payment.

- Learning collaborative may be more didactic the first 3 months with Adobe Connect webinars focusing on more didactic material. The 2<sup>nd</sup> three months would possibly be 90 minutes using case presentations.
- May need to have 2-3 learning collaboratives to have manageable group size.
- Original training will focus on the St. Louis area in line with the Project LAUNCH pilot area. After that similar process will occur in other parts of the state.

Judy, Shelley and Suzie will present the curriculum/powerpoint to the group in the February workgroup meeting with plans to conduct the training in late Spring.

### **MH Consultation**

The group reviewed and refined the definition for mental health consultation. Noted need to define the term “mental health expertise” along with other terms in the document. Also need to differentiate between what is mental health consultation and what is a mental health consultant. Patsy will make recommended changes and present to the workgroup for review for the January phone meeting. Also will present to the State Council in the January meeting. Will need to do additional work in thinking how this applies to physical health providers as well as home visitors and family daycare.

### **System Overview and needs**

Tabled at this time as still need to continue work on identified areas. Will revisit in March.

### **Upcoming Meetings:**

- January 27 – 10am to 12noon – 526-6207 or 866/630-9356
- February 24 – 10 am to 3 pm, DMH – DD Conference room