

**ECMH Workgroup Meeting**  
**October 20, 2014**  
**10 am to 3 pm**  
**DMH DD Conference Room**

**Present:** Shelley Mayse (phone), Julie Allen, Emily Koenig, Angie Wendt, Lori Masek, Sanaria Sulaiman, Bethann Lang, Susie Henderson, Cindy Reese, Justin Logan, Patsy Carter, Eric Martin

**Welcome and Announcements**

- Sanaria provided an update on the CSEFEL training through Project LAUNCH in St. Louis
- Emily reported on a panel convened by the Regional Early Childhood Council in St. Louis to talk about state department activities and priorities
- Sanaria provided information on the Parent Cafés being facilitated in St. Louis through Project LAUNCH and Julie and Cindy reported on the expansion of Parent Cafes in the Kansas City, Columbia and Springfield areas.

**MH Providers Training**

A. Review of St. Louis Training and Learning Collaborative

Susie, Shelley and Sanaria shared with the group the results of the initial day long training. Approximately 23 mental health professionals were trained. Received very positive feedback from the “trainees” as those with some experience felt it was a great refresher and update and new professionals felt the information gave them a foundation for working with the early childhood population. Shelley noted she had two individuals that did not participate in the first follow up learning collaborative call.

B. Advanced Training

Group discussed options for the development of the advanced follow up training to be held in April of 2015. Noted this should be more experiential and focused on specific issues. Possible ideas included:

- CSEFEL
- Exposure to different types of therapy
- Core Skills

C. Options for additional training

The group explored funding options to be able to bring this training to different areas of the state. Cindy Reese reported that she had built in some dollars through an ECCS grant but would not cover the entire cost of another round of training. State dollars for Project LAUNCH could be considered or partnering with another group to have their members trained. Will follow up on options.

## **Mental Health Consultation**

### **A. Presentation to CBEC**

Patsy reported that the document was presented to the CBEC and members agreed they would review and vet within their agency for feedback in the January meeting where the CBEC can decide what action to take. Generally the feedback was positive from CBEC members noting this was a significant need for the early childhood system.

### **B. Identification of core competencies**

The next step in the process is to identify core competencies for early childhood mental health professionals. Group looked at some information and agreed members would gather existing core competencies used in other states and we would focus on examining these at the next meeting.

## **Review of System Needs**

Group discussed what other system needs existed around early childhood mental health. Patsy displayed the map of the system developed at the initiation of the workgroup. The following ideas were mentioned. These areas will be explored more fully in future meetings.

- Stay at home parents (no childcare)
- Use of Social Media
- Physicians/Pediatricians
- Public Awareness

## **Next meetings:**

November 17, 2014, 10 am to 12 noon 526-6207/866-630-9356

December 15, 2014 10 am to 3 pm DMH- DD Conf Rm or Call 526-6207/866-630-9356