Early Childhood Mental Health Workgroup December 15, 2014 10 am to 3 pm

#### DMH, DD Conference Room 526-6207/866-630-9356

### MINUTES

**Present:** Lori Masek, Angie Wendt, Cindy Reese, Suzie Henderson, Justin Logan, Julie Allen, Patsy Carter, Emily Koenig, Eric Martin

Welcome and Announcements

### MH Providers Training

- Update on Learning Collaborative Suzie provided an update. She noted there has been some variability in attendance. We reviewed that a participant had to attend the majority (4 out of 6 calls) to attend the advanced training. Suzie noted it seemed to be going well and using case studies as well as reading assignment.
- Advanced Training

Plan is to present an introduction to various evidence based therapy interventions. This will give them tools to use, and determine if they wish to receive advanced training in as certain intervention.

# • Additional Regional Trainings

The Coalition of Community Mental Health Centers has agreed to share the costs of funding state wide training along with DHSS/ECCS grant. The Coalition would have a minimum of 15 slots for their providers. Cindy noted a desire to focus on providers in the SE region of state to be able to provide needed mh services to the home visiting programs supported through MIECHV. Cindy will work on logistics with DBH/DMH and the Coalition. Noted if this is successful will have added approximately another 55 mental health therapist that have the basic knowledge to work with young children in the state.

Discussed need to get MIMH evaluation tools used for Eastern region training under LAUNCH. Would like to use this as well. Also discussed setting up a pre-post knowledge survey as an outcome measure.

### MH Consultation

• Updates on agency reviews

Patsy noted that DBH had provided the draft definition to the Coalition of Community Mental Health Centers for feedback. This group raised concerns on use of non-mental health professionals at the first level. This was discussed further. Suzie was able to identify some specific language that was of concern. This was discussed further and minor changes will be made for clarity. DBH is setting up a call with Patsy and the Coalition to discuss prior to the January 6<sup>th</sup> CBEC meeting.

• Core competencies – Other states

Patsy provided some information from other states on core competencies. The group discussed the cost of purchasing the Michigan competencies as well as the pros and cons. The cost would be approximately \$20,000 initially for first 3 years and \$1,000 every subsequent year. This does not include any training or other costs. It was agreed that Patsy would take the question to the CBEC on January 6<sup>th</sup>.

Suzie raised the issue of needing more practicing mental health professionals to complete the task of MO develops their own competencies. The group brainstormed on possible therapists or systems that could identify a therapist. This will be pursued. Will talk with Headstart Collaboration Office; CD's Early Childhood Director, Cindy Burks; Grace Hill FQHC as well as others.

# Review of System Needs - Discussion postponed

Set next meetings, Next Steps and WrapUp

- Due to state holidays and the complexity of the work that needs to be done, it was agreed that the January phone meeting will be cancelled. Patsy will send emails to group to update on any issues.
- February meeting is scheduled for February 23, 2015, DD conference room at DMH from 10 am to 3 pm.