Early Childhood Mental Health Workgroup February 23, 2015

Notes

Present: Emily Koenig, Cindy Reese, Justin Logan, Beth Ann Lang, Sanaria Sulaiman, Lori Masek, Angie Wendt, Susie Henderson, Patsy Carter (portion), Shelley Mayse (on the phone).

Announcements

Announced that Dr. Patsy Carter would be stepping down from the Early Childhood Coordinating Board and Emily Koenig would be taking her place on the board. Emily will also be leading the Mental Health Workgroup.

MH Consultation

Discussed CBEC review of the MH Consultation definition. DESE and DSS are currently reviewing the document, but all other agencies have approved the definition. Dr. Carter will continue to work with state departments and MOHealthNet. She will brief the workgroup on her progress and will seek guidance and feedback when appropriate.

Mental Health Providers Training

Update on Learning Collaboratives

Monthly sessions continue with participants presenting cases each month. Both Shelly and Susie expressed the growth of their participants in have grown and have increased their understanding of infant and early childhood mental health.

Since this round is funded by Project LAUNCH there will be some evaluation of the process. The group discussed developing a final report to highlight lessons learned and process.

Advanced Training

Susie Henderson and Shelley Mayse updated the group on the proposed advanced 6hour training. A draft agenda was presented for the advanced training. It will take place on April 10th at VCR and will focus on several experiential sessions around interventions effective with the early childhood population

Susie and Sanaria will work on logistics for the meeting. In addition, Sanaria will create a flyer to distribute to collaborative participants with details about the advanced training.

There will be approximately 20 participants in the final training. CEU's will be available.

Additional Trainings/Learning Collaborative

DHSS and Division of Behavioral Health are meeting in March to discuss an additional training and follow-up learning collaboratives. This is a partnership with DHSS – Early Childhood Comprehensive Systems and the Missouri Coalition of Community Behavioral Healthcare to build the capacity of their mental health providers around serving the early childhood population. The process will most likely be the same, with 6-hour training, followed-up by a 6-month learning collaborative and a final advanced training at the conclusion of the collaborative.

The first training will most likely take place before July 31, 2015

Core Competencies

We reviewed Zero to Three's publication entitled, "Infant, Toddler, and Early Childhood Mental Health Competencies: A Comparison of Systems."

A lengthy discussion ensued around the goal of developing core competencies for the state of Missouri. There was a great deal of discussion related to process and expanding the composition of the work group to include more mental health providers with experience working with young children. Emily has been in contact with The Family Conservancy and they will be participating in future meetings. In addition, the workgroup is in the process of adding a provider from the Missouri Coalition of Community Behavioral Healthcare. The group also discussed reaching out to Grace Hill, MCCA, Missouri Head Start, Judy Saurage, and DESE. Emily will reach out to Head Start, DESE, and MCCA. Sanaria will reach out to Judy and Grace Hill.

Emily will develop a Fact Sheet highlighting the workgroups goals as it relates to the core competency project.

The workgroup tabled any substantive discussion of specific core competencies until additional workgroup members have been added.

<u>Next Steps & Wrap-Up</u>

The workgroup discussed the agenda for the next few meetings.

March (call): Workgroup 101 for new members and update on the advanced training
April (in person): Review of the Missouri Coalition of Community Behavioral
Healthcare core competencies, discuss process, & Zero to Three Webinar on Infant,
Toddler, and Early Childhood Mental Health Competencies: A Comparison of Systems.
May (call): Zero to Three TA Call

Next Meeting: Monday, March 16th, 10:00 – 12:00 pm **Call-in #:** 526-6207 or 866-630-9356