

Early Childhood Mental Health Workgroup
August 17, 2015

10:00AM – 3 PM

Department of Mental Health
1706 E. Elm Street, Jefferson City, MO 65101
Conference Room A

Call – In Numbers:
526-6207/866-630-9356

Notes

- **Announcements:**

- ECCS: Will have 4 or 5 \$10,000 grants available for communities to apply for as it relates to education and information regarding toxic stress in young children. The target issue date for the grant is January 1, 2016.
- Parent Cafes: Cindy Reese and Julie Allen explained the concept of Parent Cafes. The next target areas will include Northeast and Southeast areas of the state.
- Project Launch: Project LAUNCH is sponsoring Motivational Interviewing (MI) training for home visitors in the pilot area. The MI training program is a 20 hours of training, followed by 6 consultation sessions.
- Child Care Aware: Received funding for a project entitled, “The Ferguson Effect.” There will be 3 cohorts where child care providers will receive intense social/emotional development training for 6 months.
- Coordinating Board for Early Childhood Update: Jim Caccamo resigned. Discussed the Home Visiting World Café set for September 16th. Provided an update on the Tobacco Tax Initiative.
- There is a \$500,000 line item in the budget for the Department of Mental Health to develop a network of mental health professionals trained in evidence based practices to mitigate the impact of trauma on children.

- **ECMH Provider Training:**

- Currently in the middle of the 2nd cohort. Suzy and Shelley provided the two in-person trainings to the mental health providers and they are currently on their 2nd monthly call.
- Both feel there is value in holding the in-person trainings before the phone calls than one before the phone calls and the other after the last phone call as done last time.
- Will discuss on the September 21st a third training.

- **Discussed CBEC Budget:**
 - Will need to look into if we spend over \$3,000 on one event if it needs to be a bid process for training.
 - Will look into holding an event for the two mental health provider cohorts that can bring them together to do a recap and additional training.
 - Emily will create a draft budget to present to CBEC in October.

- **Review Screening and Referral Resources:**
 - <http://dmh.mo.gov/stopandplay/projectlaunch/screening.html>
 - The purpose was to develop a referral process.
 - Created a universal screening tool directed at medical professionals. Now there is a separate screening tool for child care providers.
 - The next step is to discuss how to spread statewide. Currently focuses on St. Louis area.

- **CBEC Strategic Plan:**
 - Reviewed the strategic plan. Discussed different ideas and topics we as a workgroup can focus on.

- **Core Competencies:**
 - Decided that it would be best if the workgroup was to create support for the Infant and Early Childhood Mental Health Association, which should be established in the next 6 months.
 - We will develop an implementation plan to work with the association to provide support in educating the need for core competencies.

Next Meeting: CALL-IN ONLY September 21, 2015
Call – In numbers: 526-6207/866-630-9356