



**STATE OF MISSOURI**  
**Coordinating Board for Early Childhood**

205 JEFFERSON STREET, PO BOX 88  
JEFFERSON CITY, MO 65103

March 21, 2016

Missouri Coordinating Board for Early Childhood  
Early Childhood Mental Health Workgroup  
Call-in phone number: 573-526-6119/866-630-9354  
Meeting Minutes

**Welcome and Introductions**

By Phone: Emily Koenig, Cindy Reese, Julie Allen, Kristin Yach, Sanaria Sulaiman, Shelley Mayse, Suzie Henderson, Lori Masek, Jeanine Hron, Dr. Sharon West, Ann Thomas, Justin Logan, and Jo Anne Ralston

Introductions and Updated:

Sanaria – Project Launch will host an event during Children’s Mental Health week in May. It will be during a weekday.

Cindy R. – Discussed the Show Me Leadership Summit

- Extending the due date for the parent leader nominations until March 25<sup>th</sup>

Julie – Social and Emotional Campaign material is available. Please contact Julie if you would like some posters or brochures.

Shelley – Early Childhood Mental Health Association update

- Gathering members to participate in committees
- Building a mission statement

Justin – Workgroup budgets are due at the April CBEC meeting

- Mental Health county boards will be presenting at CBEC in April
- Emily will send out the agenda to all members so they can attend in person or by phone.

Discussed 3<sup>rd</sup> Training

- May 6<sup>th</sup>
- Suzie and Shelley will present in the morning to Cohorts 1 and 2 mental health professionals.
- Dr. Maldonado will present at the open training in the afternoon.
- Emily is working on an online registration form for the afternoon training.

Potential Early Childhood Mental Health Summit



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- The goal is to raise awareness and get a more coordinated response for ECMH.
- We have not identified our specific audience, but want it to be an array of early childhood mental health workforce (mental health consultants, policy makers, children's service workers, PAT, state contractors, childcare providers, etc.)
- Emily listed an ideal day she envisions
  - o Discussed different set-ups
  - o Leaning towards rotation of panel discussion and small group discussions
  - o Would like to keep all members in one room
- Objectives
  - o Look into Dr. Samuel MEISELS, Buffet Early Childhood Institute from Nebraska
  - o What about multiple conferences throughout the year?
    - Probably not a possibility due to funding.
    - Might look into doing a statewide summit and then hold regional summits.
  - o What about a survey to mental health professionals?
    - Asking someone what they want to learn about and not know what is available might not work as well as we think.
  - o Share what we have been working on
    - Possibly have Mental Health Association sponsor and discuss progress.
    - Discuss Mental Health Consultation, Competency, and Workforce Development
  - o Do we want feedback?
    - To get feedback, the small group discussions would be able to provide the feedback.
  - o Venue
    - Free space or low cost.
    - Keeping in Mid-Missouri.
    - Possible locations – Schools/Universities, Churches, Hotels, State Buildings (May not have big enough spaces) – Looking for an auditorium or gymnasium for a large group.
    - 100 – 300 possible attendees.

**JEREMIAH W. (JAY) NIXON**  
GOVERNOR



**Roseann Bentley**  
CHAIR

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- Targeting all professionals.

**Pre-school Expulsion Policy**

- Make recommendations to CBEC for mental health consultation as a strategy to reduce preschool expulsions.
- Emily will draft something from our workgroup to submit to CBEC. She will send the draft out to everyone for review.

**Adjourn at 11:30am**

**Next Meeting April 18, 2016 at DMH, Conf Room A 10am - 3pm**  
**573-526-6119/866-630-9354**