

## QUIZ

### Resource Provider Training 2025

1. Autism Spectrum Disorder (ASD):
  - a. Is characterized by persistent deficits of social communication
  - b. Often includes repetitive and/or restrictive behaviors
  - c. Causes significant impairment of functioning and is present in early childhood development
  - d. Includes all of the above
2. There is a correlation between ASD and trauma-related disorders. ASD may make children more susceptible to maltreatment, and maltreatment may also lead to the development of ASD-like symptoms
  - a. True
  - b. False
3. Youth with ASD benefit from a variety of teaching methods including auditory and visual processing.
  - a. True
  - b. False
4. Any medical or mental health professional is qualified to complete ASD screenings and evaluations.
  - a. True
  - b. False
5. ASD can be cured by medication and should be utilized for all people with ASD
  - a. True
  - b. False (There is no cure for ASD, but in some situations, medication can improve symptoms and ease discomfort. There are a variety of important questions to ask your medical provider when considering medication for youth in your care with ASD, especially if they have experienced trauma or have other co-occurring mental health disorders. Please refer to the slide from this training and reference them for future medical appointments).
6. How often are follow up visits needed for children prescribed a psychotropic medication?
  - a. Every 1-3 months
  - b. Every 6 months
  - c. Annually
7. Youth with ASD often have other behavioral health co-morbidities. It is important to find appropriate behavioral health supports and evidence-based interventions for youth with ASD. Appropriate treatment for youth with ASD includes:
  - a. Mental health therapy
  - b. Early Intervention services
  - c. Social Skills groups
  - d. School-based services (IEP and/or 504 Plans)
  - e. Speech and Language Therapy
  - f. Occupational Therapy
  - g. All of the above

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8. ABA is a type of treatment that focuses on specific, measurable behaviors of social importance. Treatment plans are highly individualized for youth.
  - a. True
  - b. False
9. Once a foster care youth has been diagnosed with ASD, the first step to determine DMH service eligibility is to:
  - a. Find your regional DMH office to inquire about eligibility determination
  - b. Ask your foster care youth's judge to court order DMH services
  - c. Ask your primary care provider to write a letter authorizing DMH services
  - d. Wait for DMH to contact you about eligible services.
10. All of the following statements are true about teaching appropriate grooming, hygiene and toileting habits to youth with ASD except:
  - a. Break down more complex tasks into smaller tasks
  - b. Create a visual checklist for each part of the day
  - c. Provide negative consequences for unwillingness to complete task.
  - d. Consider whether a structured or natural approach works best for your child.