Provider Supports for Resource Parents



Regional Family Resource Centers

Family Resource Centers (FRCs) are support systems that provide resources, training, peer support, respite, and other services families need to navigate raising children through foster care, adoption, and guardianship. These centers are regional, and you can inquire about services, resources, and how to get started in foster care or adoption through the resource center that services your area via phone, email, and the center's website.

Family Resource Centers offer 8 core support services for foster, adoptive, and relative care families:



Public Information

Sharing child safety information



Financial or Material Supports

Assisting with routine expenses like medical supplies, childcare, and school supplies



Training

Providing necessary training for parents and professionals



Respite Care

Offering training and events for respite care connections



Peer Support Groups

Organizing support groups for caregivers



Advocacy, Navigation, and Support

Helping families access support services like healthcare and education



Social and Community Activities

Facilitating community events for families



In-Home Therapeutic Services

Providing therapeutic support for children and youth

To find a Family Resource Center near you, visit: https://dss.mo.gov/cd/frc/index.htm



The Central Missouri Foster Care & Adoption Association (CMFCAA)- mofosteradopt.com





FosterAdopt Connect - <u>fosteradopt.org</u>



MO KIN-4-KID Kinship Navigator Program – mokin4kid.org

The MO KIN-4-KID Kinship Navigator Program assists formal and informal relative/kinship caregivers in learning about, finding, and using available programs and services to meet the needs of the children they are raising, in addition to their own personal needs. The MO KIN-4-KID program is led by the Missouri Department of Social Services, Children's Division. It comprises five unique kinship-serving organizations to include the aforementioned Family Resource Centers, MU ParentLink,



and Family Forward. Together, this program strives to provide a "One-Stop-Shop" for relative/kinship caregivers by offering a streamlined approach to providing families with support, knowledge, tools, and case management to meet their goals for health, safety, and stability for their whole family.

Call: 1-833-KIN-4-KID (1-833-546-4543)
Email: mucoeparentlinkki1@missouri.edu

Text: 833-546-4543



ParentLink WarmLine - cehd.missouri.edu/parentlink/warmline



ParentLink is a statewide outreach organization at the University of Missouri in the College of Education and Human Development that links families with services at no cost. For 35 years, ParentLink has helped create home environments that allow children to thrive. We offer parenting classes, problem-solving support, child developmental screenings, assistance with Medicaid, SNAP, TANF and Child Care Subsidy applications, kinship services for individuals caring for a family member's or friend's child or children, services for military families and incarcerated parents, and connections to resources to meet the family's needs.

Families and professionals can connect with ParentLink by calling or texting 1-800-552-8522 or emailing <u>parentlink@missouri.edu</u>.

Foster Care Ambassador/Mentor Program dss.mo.gov/cd/foster-care

Foster Care Ambassadors play a crucial role in recruiting and supporting dedicated foster parents. They possess in-depth knowledge of Children's Division policies and state statutes, enabling them to assist potential foster parents. Ambassadors host recruitment events, mentor new or struggling foster parents, and meet monthly to network and provide input on initiatives. They also create welcome packets for new foster parents. To connect with a local ambassador, foster parents can visit the provided webpage for an interactive map.

Become an Ambassador!

Elevated Needs and Treatment Foster Care



Children with certain medical conditions may be eligible for additional services and supports. If you believe a child in your care has a qualifying condition, request the Medical Foster Care Assessment Tool, CS-10 (LINK) be completed by the child's case manager.

Children who display moderate to serious emotional or behavioral needs requiring intensive and individualized intervention may be eligible for the elevated needs program. Resource providers can receive additional

training and supports to help successfully care for these youth.

Treatment Foster Care (TFC) offers therapeutic intervention for youth with significant medical, developmental, emotional or behavioral needs, who require a higher level of care, clinical support, and case coordination along with individualized supports. TFC services are tailored to the youth and their family, teaching adaptive skills to handle unique challenges. For more information on TFC, visit dss.mo.gov/cd/foster-care/treatment-foster-care.htm.

If you believe a child in your care may be eligible for the elevated needs or TFC programs, you may request a level of care staffing in writing through your child's case manager or Family Support Team.

More Resources for Foster Parents

Foster Parent Training

Check out the training calendar on our website to find an opportunity near you. dss.mo.gov/cd/foster-care/training-for-foster-parents.htm

Financial Support

Foster Parents receive maintenance payments to support the care of children placed with them. Learn more about the financial support available to foster children in the Child Welfare Manual. <a href="https://doi.org/doi.or

Relative Caregivers

Are you a relative caregiver? Review the Relative Caregiver Information sheet. mydss.mo.gov/relative-flyer

Caring for Older Youth

Caring for older youth can be challenging in this ever-changing world. CD offers several resources, to include information about caring for victims of human trafficking, car insurance and more, that aim to create a safe and nurturing environment for youth to learn the skills they need to become independent.

dss.mo.gov/cd/older-youth-program/index.htm



Older Youth Car Insurance

For information on obtaining auto insurance for young drivers in Missouri, including how to contact AIPSO for assistance, visit <u>aipso.com</u>. If you need help finding an agent, you can also contact the <u>AIPSO Plan</u> at 888-424-0026 for a list of agents in your area.



Show Me Healthy Kids (SMHK) is Missouri's Medicaid health plan for youth in foster, adoptive, and kinship care. SMHK offers care coordination, health education, extra benefits, and dedicated support to help families navigate medical, behavioral, and developmental needs. Learn more at www.showmehealthykids.com or call 877-236-1020.

Suicide & Crisis Lifeline Missouri

If someone you know is in crisis, a friend, family member, or loved one – but you don't know what to do – reach out to 988 for support to get them the help they need. Crisis specialists are available to help you navigate the situation and get them connected to resources.

missouri988.org



MO Behavioral Health Council mobhc.org/get-help-now

ask for help!

As a foster parent, seeking help is a strength, not a weakness. Numerous resources are available, and we are here to connect you with these services. Feel free to ask for assistance when needed.

Foster Parent Newsletter

dss.mo.gov/cd/foster-care

A monthly newsletter for foster parents is published around the 15th, featuring resources, training, and information. Subscribe using the link above!

Foster Parent Bill of Rights

revisor.mo.gov/main/OneSection.aspx?section=210.566

The Foster Parent Bill of Rights is in Missouri's statutes (RSMo Section 210.566) and lays out standards for how foster parents should be treated as part of the professional team and other rights of foster parents.

Foster Parents & Taxes

Foster Parents can claim foster children as dependents for tax benefits, requiring state documentation. For 2025, they should receive the Resource Provider Income Tax Foster Youth Dependent Claim Letter (CD-184) from the child's case manager.

Missouri foster parents are eligible for a tax deduction of up to \$5,000 starting from the 2022 tax year. The 2025 Foster Parent Tax Deduction Notice will be mailed to eligible foster parents. Case managers do not need to take action regarding this deduction. If a letter is lost, resource providers can email fostercare@dss.mo.gov for a copy.



