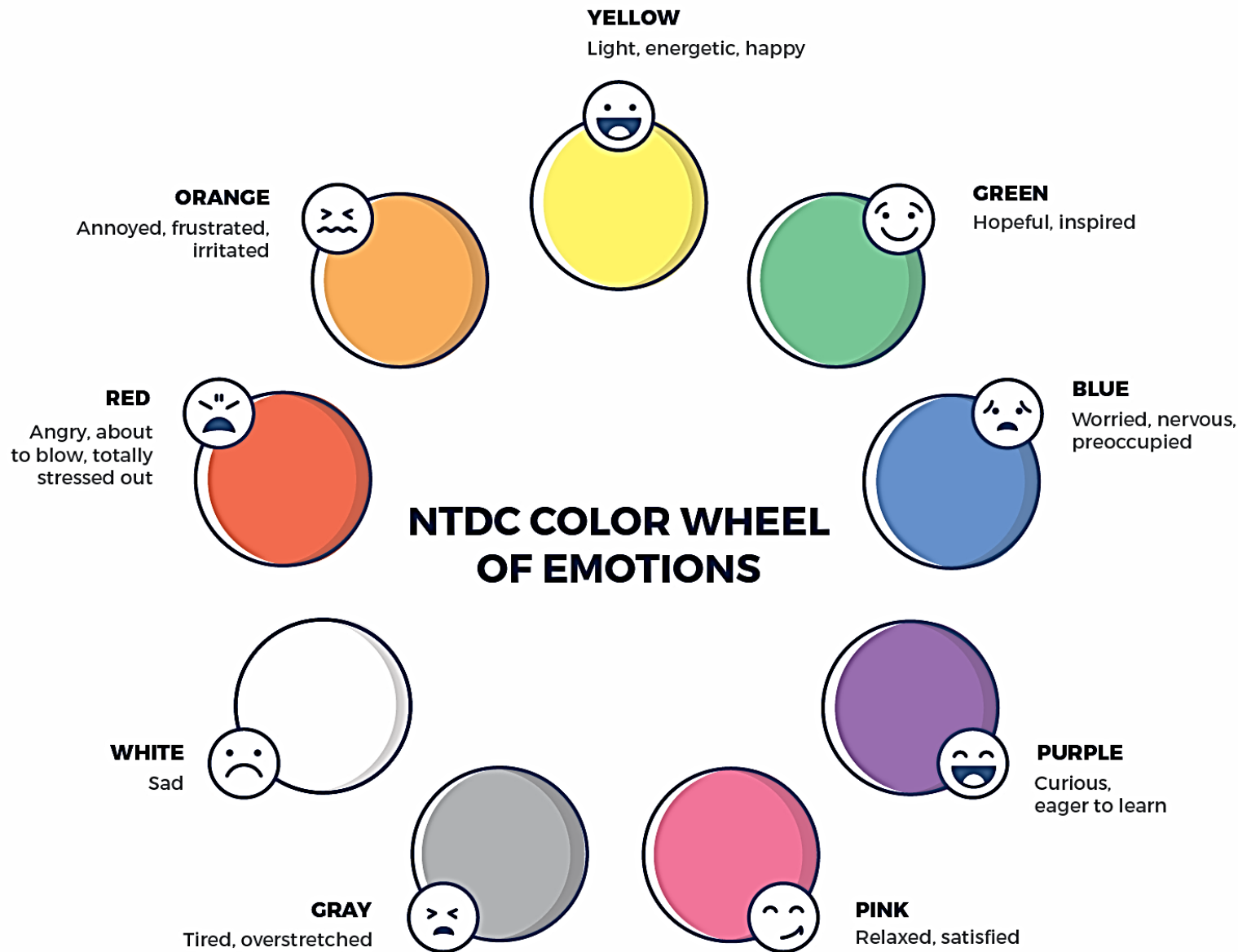


MO CARE Pre-Service Training



FOSTER CARE 101





MO CARE Pre-Service Training

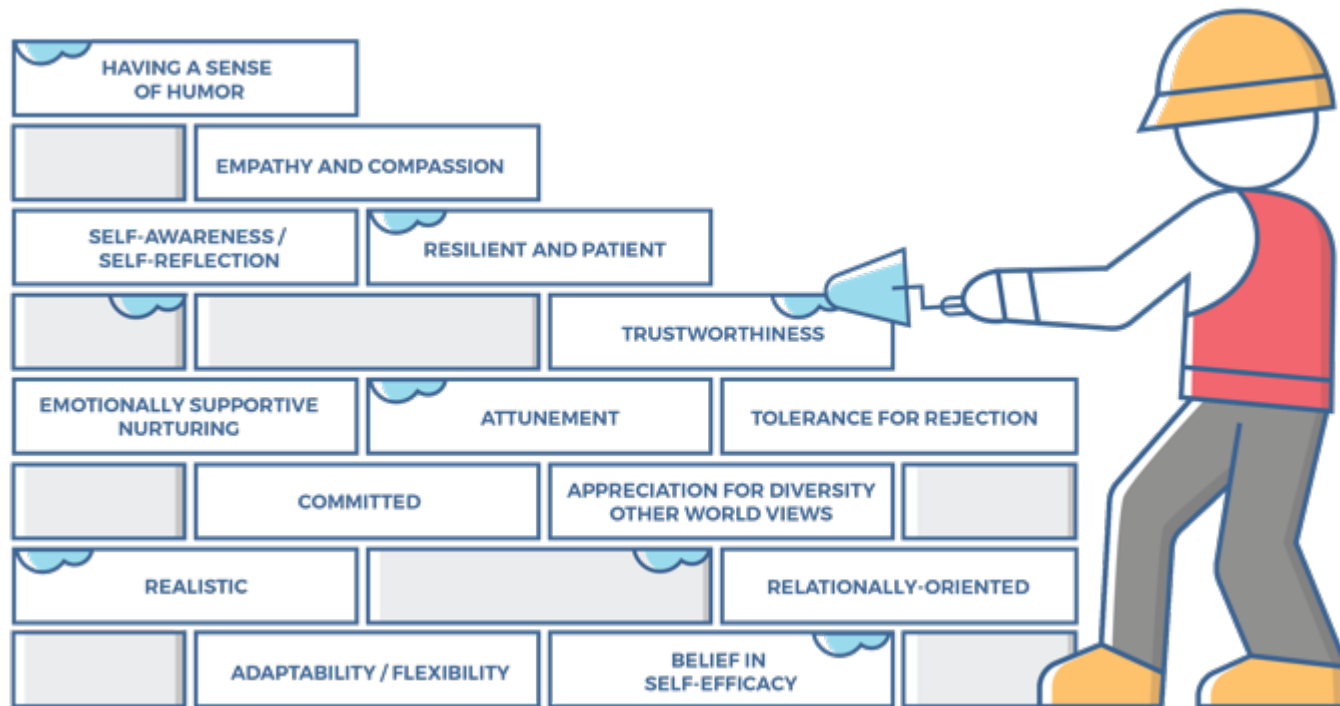


FOSTER CARE 101



**Developing capacity
to support children
and families**

CHARACTERISTICS OF SUCCESSFUL FOSTER AND ADOPTIVE PARENTS



TRAINING OUTCOMES

- ❑ Equip foster parents to effectively navigate the child welfare system by educating them on key terms and processes.
- ❑ Empower foster parents to best meet the needs of their family and the children in their care through connections to resources.
- ❑ Encourage foster parents by cultivating a foster care community where caregivers feel understood and supported.



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SECTION 1: EXPERT PANEL



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SECTION 2:

CHILDREN'S DIVISION OVERVIEW



LEGISLATION GOVERNING THE CHILDREN'S DIVISION

- ❑ Adoption and Safe Families Act (ASFA)
- ❑ Family First Prevention Services Act (FFPSA)
- ❑ Interstate Compact on the Placement of Children (ICPC)
- ❑ Indian Child Welfare Act (ICWA)

CHILDREN'S DIVISION WEBSITE

Child Welfare
Manual

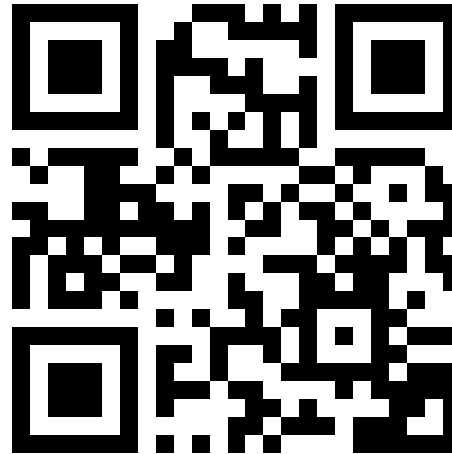
E-Forms

Foster Connections
Newsletter

Foster Parent Bill of
Rights

"I am a Foster
Parent" page

Foster Parent
Handbook



mo.dss.gov/cd



FREQUENTLY USED E-FORMS



dss.mo.gov/cd/info/forms

- Court Caregiver Report
- Medical Log (CD-256)
- Travel Expense Log
(CD – 106)
- Respite Provider Forms
(CD – 110, CD – 111)

FOSTER PARENT BILL OF RIGHTS

Siblings placed together

Keep children with people they know

The best interest of child is the top priority

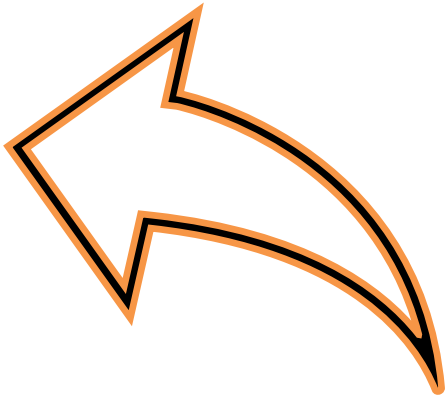
Plan development

Children 12 years and older may attend hearings.

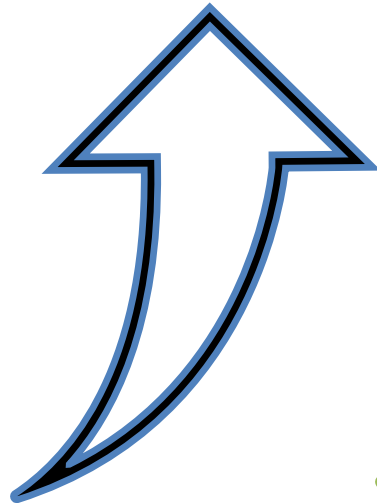


PERMANENCY PLANS

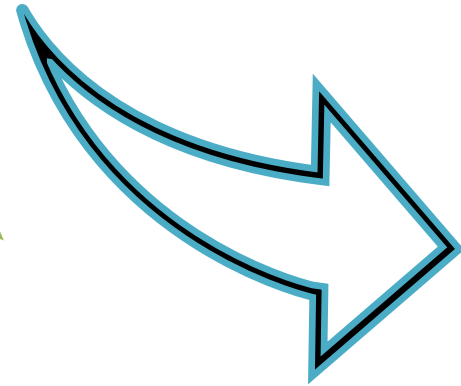
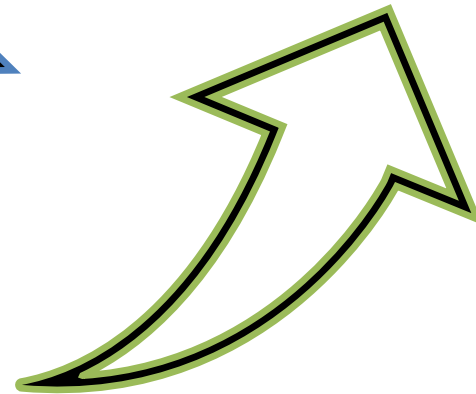
Reunification



Guardianship



APPLA



Adoption

CHILD ABUSE & NEGLECT HOTLINE

1-800-392-3738

[HTTPS://APPS.DSS.MO.GOV/ONLINE
CANREPORTING/DEFAULT.ASPX](https://apps.dss.mo.gov/online/canreporting/default.aspx)



You are a
mandated
reporter!



Foster Parent Identification Card

Name: _____

TFACTS Home ID: _____

Agency: _____

Region: _____

Social worker: _____

Edison ID: _____

FOSTER PARENT ID CARDS





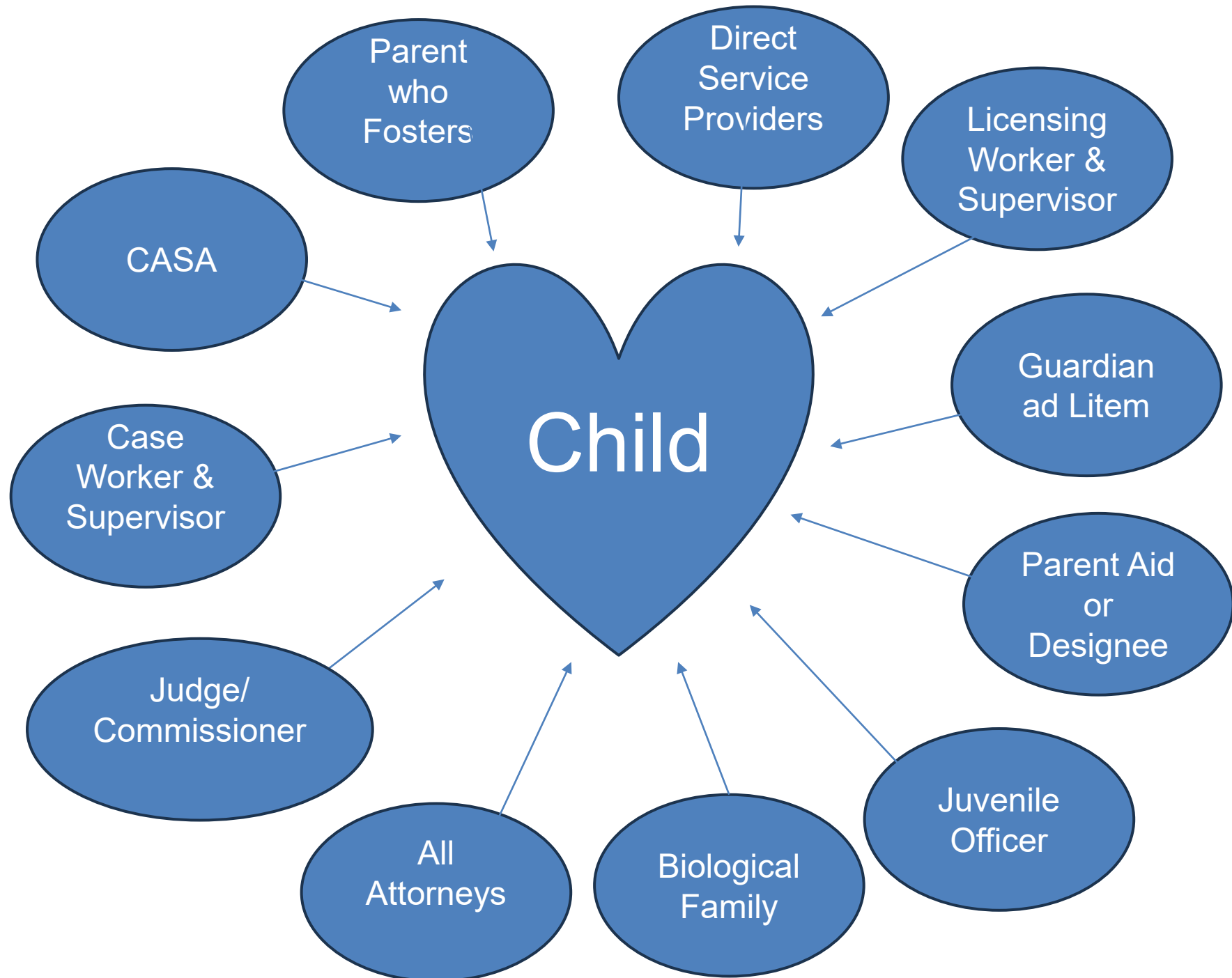
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SECTION 3:

TEAM MEMBERS

TEAM MEMBERS





TEAM MEETINGS

SUN	MON	TUE	WED	THU	FRI	SAT

72 Hour Meeting
(preliminary plan & concurrent plan established)

30 day

90 day

12 month

60 day

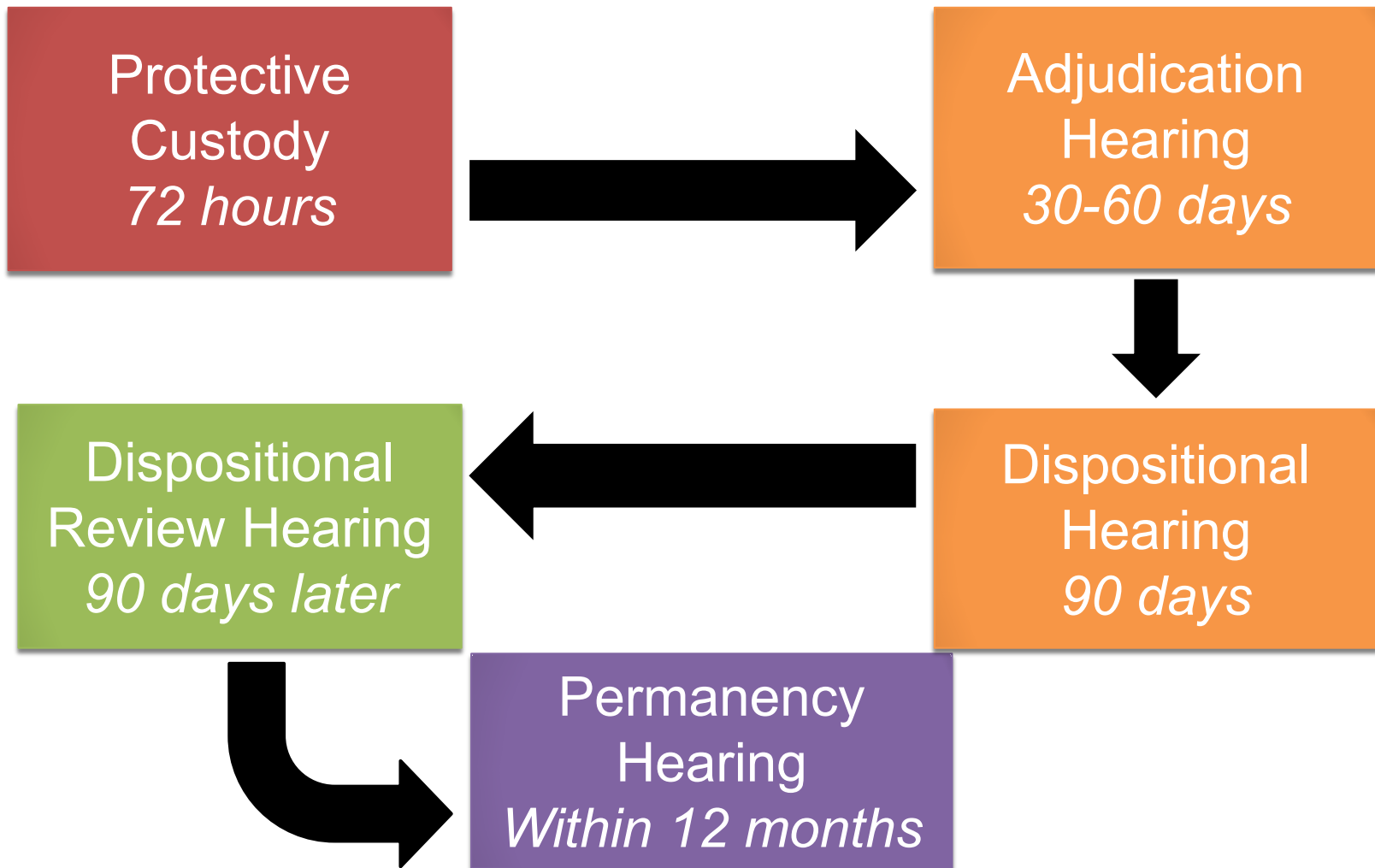
6 month

18 months

Placement Stability Meeting
(When Placement Stability is threatened)



COURT HEARINGS



COURT ETIQUETTE, EXPECTATIONS



Business casual
is the appropriate
attire.

Caregiver Court Information Form:
<https://dss.mo.gov/cd/foster-care/information-for-foster-parents.htm>

WORKING COLLABORATIVELY ON A TEAM



- Professional Communication
- Best interest of child
- Respect other's role(s)
- Value different perspectives
- Be trustworthy, and honest
- Protect confidentiality
- Be consistent, and reliable





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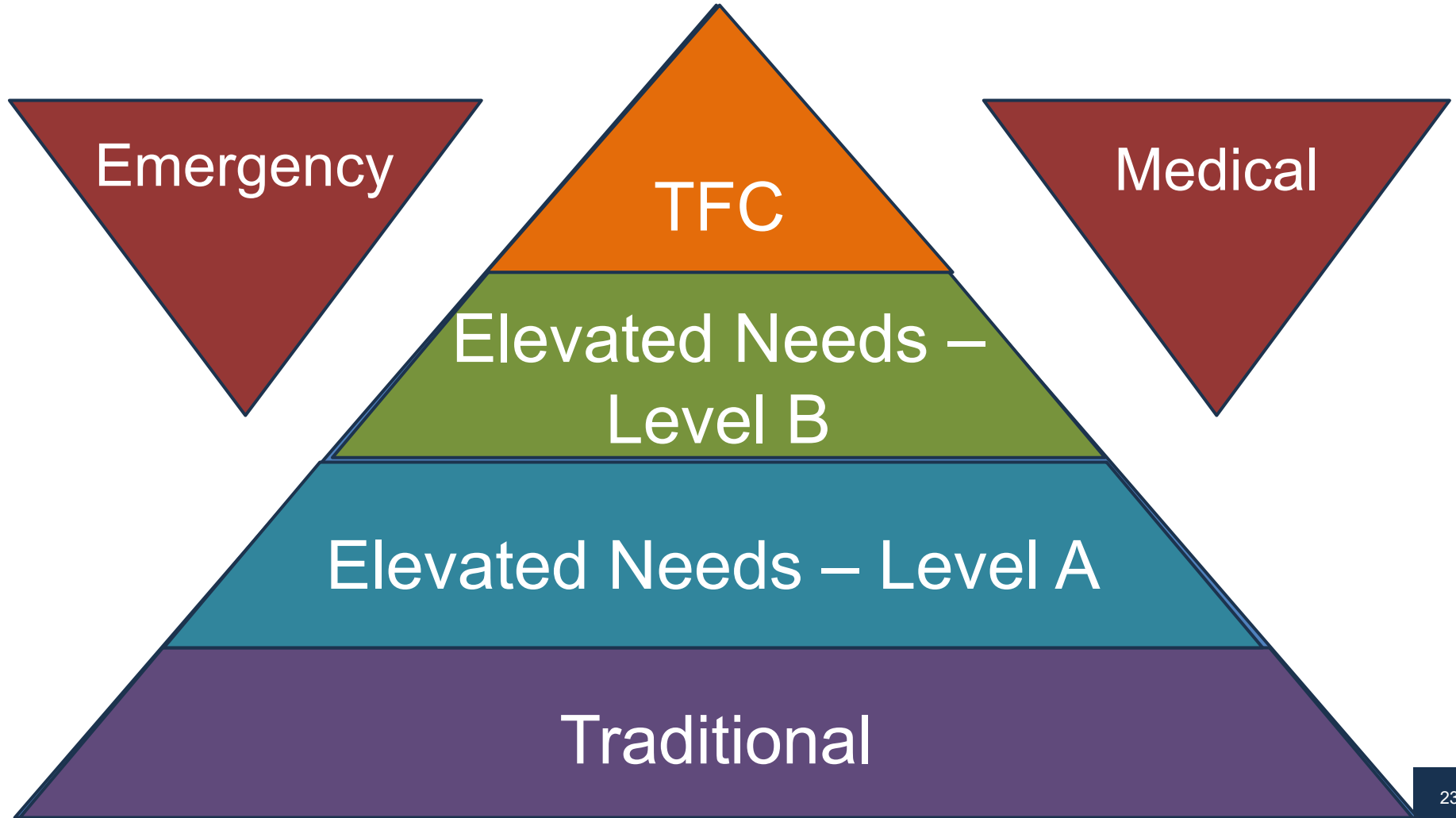


SECTION 4:

FOSTER PLACEMENTS

LEVELS OF CARE

RESPITE



PREPARING FOR PLACEMENT

Locate Services:

Childcare

(<https://childcare.mo.gov/s/parent-landing>)

School district services
(birth – 12th grade)

Pediatrician, Dentist, Optometrist,
Therapist, Other Doctors and Mental
Health Providers

(<https://findaprovider.homestatehealth.com/location>)

Hair care services

Necessities:

Beds & bedding

Car seats

Acquire after accepting child:

Clothes

Diapers

Formula/Food (specific needs)

Baby wipes

School supplies

Toys

Hygiene products



FINDING PLACEMENT



- Preferred procedure for your county
- Regularly check in with your Licensing Worker
- Provide respite for other foster families
- Network with other foster families



PLACEMENT CONSIDERATIONS

- Licensing limits
- Family composition
- Lifestyle
- Logistics
- Work schedule
- Childcare Availability
- Cultural competency

PLACEMENT QUESTIONS

Basic Identification & Case Information

- Child's Name, Gender, DOB, Ethnicity, Child's SOGIE, Language?
- Medicaid ID#/Card?
- Worker, Supervisor & Team Member's #, After Hours #?
- Agency & County?
- Next court hearing & FST meeting & worker visit?
- Legal issues for parent(s) or child(ren)?

Placement Information/Financial Supports

- Placement date? Anticipated length of placement?
- Permanency Plan?
- Pre-placement visits?
- Placement type?
- Maintenance Amount?
- Clothing: Voucher or Reimbursement?
- WIC?

PLACEMENT QUESTIONS

Abuse/Placement History:

- Length in foster care?
- Reason for placement?
- Type(s) of abuse? By whom?
- Number of Previous placement(s)?
- Contact previous provider(s)?
- Allegations of abuse? Substantiated?

Family Contact & Visitation:

- Contact/Location of Parents & Sibling(s) & Others?
- Siblings need placement?
- Visitation? Who, Type, When, Where, Supervision?
- My expected involvement with visits?
- Any no contact orders?
- Safety risks or concerns?

PLACEMENT QUESTIONS

Mental & Physical History:

- Concerns/Diagnosis?
- Current medications? Med compliant?
- Current Services/Needed services? Latest & Upcoming appt(s)?
- Allergies?
- Immunizations?
- Dietary restrictions?
- Prenatal insults / Environmental Exposure

Daycare & School & Development:

- Grade Level? Current daycare/school?
- Continue or change? Transportation?
- Attendance? Academic Progress?
- Behavioral / Developmental concerns?
- IEP/504? Learning Disabilities?
- Extracurricular activities?

PLACEMENT QUESTIONS

Personal & Cultural Information?

- Strengths, Interests, & Activities?
- Known triggers? Trusted Coping Strategies?
- Cultural &/or Religious preferences / needs?
- Daily care needs?
- Is the child a parent? Contact with their child(ren)?
- Currently Pregnant?

Known Behaviors?

- Verbal/Physical aggression (peers/adults), Swearing, Self-harm, Suicidal/Ideations, Animal Cruelty, Bed Wetting/Soiling, Elopement, Fire setting, Sexualized behaviors, Sexually active, Substance Use/Abuse, Smoking, Destroying Property, Lying, Stealing, Food Insecurities/Hoarding, Eating disorders, Sleep concerns, Safe with young children

I HAVE PLACEMENT, NOW WHAT?

Short-Term “To Do” List

- Medicaid authorization
- Placement Letter
- Team Introductions
- Contact information
- Initial Health Exam
- Full Screening
- Enroll in School
- Enroll in WIC
- Clothing Voucher or Reimbursement

Long-Term “To Do” List

- Doctor Visits
- Dentist Visits
- Eye Exams
- Therapy
- Memory Box/Life Book

Situational Possibilities:

- First Steps Evaluation
- Psychological Evaluation
- IEP/504



Visitation

- Frequency
- Community vs. in-home
- Types
- Tips to prepare children
- After the visit





Approval Needed





NOTIFICATION REQUIRED



Immediate

- Serious illness (requiring treatment)
- Serious injury (requiring treatment)
- Unauthorized absence
- Deem Appropriate

Within 2 hours

- Missing foster child
- Notify local law enforcement agency
- Notify National Center for Missing and Exploited Children

Within 2 weeks

- Family problems, or changes

Within 60 days

- of Caseworker's initial inquiry for your desire to adopt

Placement Disruptions

- ❑ Open communication
- ❑ Advocate for Support
- ❑ Mentor & Advocate
- ❑ Specific Training

If Disruption must occur:

Provide written notice (2 weeks)

Except in Emergency situations



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SECTION 5:

FOSTER PARENT SUPPORT

MAINTENANCE PAYMENTS

[HTTPS://DSS.MO.GOV/CD/FOSTER
-CARE/REIMBURSEMENT.HTM](https://dss.mo.gov/cd/foster-care/reimbursement.htm)

- ❑ Amounts
- ❑ Payment method-
paper check or direct
deposit (form CD-122)
- ❑ Payment dates and
frequency
- ❑ Who to contact if you
have payment issues-
missing payment, over
or under payment

Other Financial Supports

- ❑ Show Me Healthy Kids Managed Care Health Plan
- ❑ Clothing Allowance
- ❑ Infant Allowance
- ❑ Mileage Reimbursement

- ❑ Childcare through authorized provider
- ❑ (<https://childcare.mo.gov/s/parent-landing>)
- ❑ Free lunches for school-aged children
- ❑ WIC for children under 5 years old

LICENSING WORKER



- ❑ Quarterly in-home visits
- ❑ Counsel & Approval for appropriate placement(s)
- ❑ License renewal progress (renewal every 2 years)
- ❑ Write home study/updates
- ❑ Ongoing Support
- ❑ Referrals for Community Resources

TRAINING

- ❑ 30 hours of approved training required for re-licensure
- ❑ Mandatory and optional
- ❑ Requirements for above level care placements or adoption
- ❑ Provide Documentation of Training to Licensing Worker
- ❑ Children's Division Website
- ❑ Calendars available in Family Resource Centers
- ❑ Partner Licensing Worker for more options



FAMILY RESOURCE CENTERS

- ❑ Public Information
- ❑ Training
- ❑ Peer Support Groups
- ❑ Social and Community Activities
- ❑ Financial or Material Supports
- ❑ Respite Care
- ❑ Advocacy, Navigation, & Support
- ❑ In-home Therapeutic Services



OTHER HELPFUL RESOURCES

- ❑ Local foster parent support organizations
- ❑ Clothing closets
- ❑ Seasonal donation drives (ie. Back to School, Christmas)
- ❑ Local discounts
- ❑ Facebook communities- national, state-wide, local, special interest groups, faith-based groups
- ❑ Other helpful websites



NAVIGATING EDUCATIONAL SYSTEM



- ❑ Consent
- ❑ Enrollment & Best Interest Determination
- ❑ School District Educational Liaison for children in foster care
- ❑ MPACT
- ❑ Advocate through Family Resource Centers

FOSTER PARENT AMBASSADORS



- ❑ Recruitment
- ❑ Mentor & Self-Advocacy & Support
- ❑ Representation of foster parents in work groups
- ❑ How to get a mentor

RESPITE

- ❑ Respite vs Babysitting
- ❑ Units
- ❑ Timeframes
- ❑ Choosing a Respite Provider
- ❑ Forms

SELF CARE



- ❑ Build your community
- ❑ Ask for help
- ❑ Prioritize your mental and physical health
- ❑ Maintain joyful activities & interests
- ❑ Take regular breaks



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SECTION 6: WRAP-UP

EVALUATING YOUR NEW TOOLS



LIFELONG LEARNING



Right Time Trainings

<https://ntdcportal.org/training-for-families>



**At the end of the day,
the most overwhelming key
to a child's success is the positive
involvement of parents.**

JANE D. HULL





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Questions?