

HANDOUT #1: IDENTIFYING “STATES”

As you watch the scene, identify the state of each character in the scene by putting an “X” in the box that most closely matches your thought on the state that character is in. (Could be more than one “state” for each participant as states may change as the “dinner” progresses).

	High arousal	Moderate/on the way to arousal	Active, alert, engaged	Disengaged/ pulling away	Shut down	
Mom						
Dad						
Lita						
Lizzie						
Juan						

