

A close-up portrait of a young Black woman with her hair in braids, wearing glasses and a green top. She is smiling warmly at the camera. The background is a soft-focus green, suggesting an outdoor setting.

# Former Foster Youth:

Helping you on the road to independence

## How can we help?

Most young people need help getting their start in life. If you left foster care after your 18th birthday, Chafee Aftercare can help you move beyond foster care and into independent living as an adult. Services are also available as needed, including:

- Emergency/crisis intervention
- Housing/room & board
- Educational help
- Job training & employment assistance
- Other services (life skills, transportation, health care, mentoring, & child care)

## Am I eligible?

You are eligible for help if you left foster care after turning 18 but are not yet 23.

## How do I get help?

1

Fill out your application at [tinyurl.com/ApplyForChafee](https://tinyurl.com/ApplyForChafee) and return it to your local Children's Division office.

2

We will connect you with an Older Youth Transition Specialist, who will then connect you with a Chafee provider.

3

Your Chafee provider will help you come up with an independent-living plan.