Psychotropic Medication Advisory Committee Open Meeting Minutes Teleconference (Webex) October 26, 2020 9:00 AM to 12:00 PM

Due to the impact of COVID-19 this was a teleconference meeting only

Committee Members

Dr. Laine Young- Walker (Co-chair) Dr. Nathan Beucke Jennifer Tidball Marlo Williams Dr. Manuel Hernandez Dr. Maya Moody Al Greimann Sarah Willson

Dr. Mark Roaseau Dr. Patsy Carter Carrie Bolm
Dr. Josh Moore Nick Mebruer Connie Cahalan

Additional Psychotropic Medication Advisory Committee (PMAC) Meeting Participants

Stacie Frueh Children's Division, Health Specialist Coordinator

Mark Gutchen Department of Social Services, Miscellaneous Professional/Legal Counsel

Ellen Haynes Division of Legal Services, Children's Division, Special Counsel

Joanie Rodgers Children's Division Interim Director

Jill Pingel Children's Division, Health Specialist Unit Manager

Makena Mugambi Paralegal, Children's Rights

Sharie Hahn Department of Social Services, General Counsel

Dr. Clark Peters University of Missouri, Data Validator

Omoshola Kehinde University of Missouri, Data Validator Team Member Larry Smith Children's Division, Program Development Specialist

1. Welcome

Co-chair called the meeting to order at 9:00 AM.

2. Agenda Review

A. Words from PMAC Co-Chair

- Chair is unable to attend this PMAC meeting. Co-chair will facilitate the meeting.
- Introduced the new Interim Director for Children's Division Joanie Rodgers.
- Co-chair requested each PMAC attendee provide their name and title.
- Motion to approve the minutes from September 28, 2020. Seconded and approved.

B. Discussion on Hospital Protocol and Informed Consent

- PMAC participant from Children's Division (CD) Health Information Specialist (HIS) management and PMAC member from the Missouri Hospital Association (MHA) discussed an emergency situation that involved hospital protocol and informed consent.
- PMAC member from MHA described the situation as a child came into the hospital with aggressive harming behaviors towards self and hospital staff, which required the use of physical restraints to ensure the safety of the child and others.
- PMAC member from MHA indicated that he contacted a PMAC participant from CD's HIS
 management to discuss the situation and initiate the informed consent process to allow hospital staff
 to prescribe and administer psychotropic medications.

- PMAC participant from HIS management indicated that the request to prescribe and administer the
 psychotropic medications triggered a mandated review from the Center for Excellence (CFE). MHA
 and CD exchanged documents and the request was sent to CFE for review.
- PMAC participant from HIS management indicated that CD staff reviewed the recommendations from CFE and there was a concern dosage of stimulant was considered sub-therapeutic
- PMAC member from MHA indicated that days had passed and the child's aggressive harming behavior towards self and hospital staff continued. The hospital staff did not receive consent from CD to prescribe and administer the psychotropic medications.
- PMAC member from MHA said that the admitting physician determined the situation was an emergency and authorized (issued orders) to prescribe and administer medications.
- PMAC participant from HIS management said that CD determined there should be a discussion between CD and the prescriber who requested the psychotropic medications to address the concerns for the number of medications.
- PMAC member from MHA said that in their opinion the process for obtaining consent from CD was
 too long as the child continued to exhibit self and staff harming behaviors for a couple of days while
 they waited for consent.
- PMAC participant from CD's HIS management said the situation provided a real time review of the informed consent process. CD is working on ways to streamline the process to provide prescribers with consent or no consent as soon as possible.

C. Update regarding excessive dosage

- PMAC participant from CD's HIS management indicated the "PMAC Excessive Dosage Listing" has been finalized and HIS staff are creating a protected version.
- PMAC participant from CD's HIS management said HIS staff are in the process of developing trainings for case managers and prescribers.
- PMAC participant from CD's HIS management said HIS plans to implement a pilot project in five regions to train a case manager who can be the regional point of contact for any questions about excessive dosage guidelines. HIS staff plan to have weekly meetings with the case managers to assess the progress during the pilot project.
- PMAC participant from CD's HIS management indicated that HIS is collaborating with CFE to develop the training for prescribers.
- PMAC participant from CD's HIS management said HIS has requested a list from a contracted provider of all the children in foster care who meet any of the excessive dosage guidelines.
- PMAC participant from CD's HIS management mentioned a collaboration with the PMAC member from MOHealthNet to establish a process for a review of excessive dosage guidelines criteria.
- PMAC participant asked about providing training for the legal community i.e., judges, attorneys.
- PMAC participant from CD's HIS management said that HIS will work on establishing an excessive dosage guidelines training for members of the legal community.

D. Update on Joint Settlement Agreement Requirements

- PMAC participant from CD's HIS management said CD is meeting 12 of the 24 benchmarks based on the current data which has not yet been validated by the Data Validator.
- PMAC participant from CD's HIS management mentioned that HIS and CFE continue to collaborate to develop and present the second interactive webinar for this year.
- PMAC participant from CD's HIS management indicated that HIS has completed 94% of its request for documents for CFE to conduct their automatic reviews.
- PMAC member from CFE explained to the PMAC members that the case manager does not generate an automatic review. The Settlement Agreement contains a set of automatic review criteria. HIS and CFE have developed a process to conduct the automatic reviews. Any child in foster care that is on a psychotropic medication that meets (bumps up) against any of the automatic review criteria will be placed on a list. That list is sent to CFE who then request the medical documents from HIS staff to allow CFE's medical staff to begin the process conducting a psychotropic medication review.

- PMAC participant from CD's HIS management indicated that HIS and CFE have discussed the
 current automatic review criteria and how to implement the change in that criteria scheduled for
 December 5, 2020. HIS and CFE are working with the contracted provider to incorporate the new
 criteria.
- PMAC participant from CD's HIS management mentioned HIS is working on revising the HIS landing page with various resources and psychotropic settlement medication page on the Internet.
- PMAC participant from CD's HIS management said HIS staff are working on recruiting youth in CD care to become PMAC members and participate in the meetings.

3. Open Discussion

PMAC participant from CD's Special Counsel announced to PMAC members and participants that
the end of the year is approaching and it may be time to discuss the PAMC meeting schedule for
2021.

4. Action Items

- 1. HIS will provide an update on the process for implementation of the "PMAC Excessive Dosage Listing."
- 2. HIS will provide an update on CD's progress towards implementation of the Joint Settlement Agreement requirements.

5. Meeting Adjourned

Meeting was moved to adjourn at 11:39 A.M.

Due to the COVID-19 pandemic the next meeting(s) will be held virtually. Meetings for 2020 are scheduled from 9:00 A.M. - 12:00 P.M. The next PMAC meeting date is November 23, 2020.

The final meeting scheduled for the year is currently set for December 28, 2020.