

# SkillUP Quick Reference Guide

## ABAWD

- ✓ 18-54 years old
- ✓ No minor children on SNAP case
- ✓ Does not meet exemption/exclusion from work requirement
- ✓ Must participate in 80 hours of work/training per month to remain on SNAP
- ✓ Send FS-5 to report training and/or work hours

## Volunteer

- ✓ 16 years or older
- ✓ May or may not have children on SNAP case
- ✓ Meets exemption/exclusion from work requirement
- ✓ No monthly hour requirement to remain on SNAP
- ✓ May enroll or withdraw from participation at any time
- ✓ Send FS-5 to report employment

**\*The Family Support Division (FSD) makes the final determination of participation type (ABAWD/Volunteer)\***

## ABAWD Guidelines

- ✓ Only receive 3 of 36 months if not meeting work/training requirements
- ✓ Uses a “non-work” month if benefit received but not meeting 80 hours
- ✓ Loses benefits after 3 “non-work” months.
- ✓ Regains eligibility by working and/or attending training for 80 hours in a 30-day period, however; cannot utilize SkillUP to regain eligibility.

## Possible Exemptions

- ✓ Receives UC benefits in any state
- ✓ Required in the home to care for an ill or incapacitated person
- ✓ Pregnancy in any trimester
- ✓ Attending drug or alcohol treatment program
- ✓ Homeless
- ✓ Veteran
- ✓ Unable to work due to illness, injury or disability
- ✓ Individuals 24 years or younger who were in foster care on their 18<sup>th</sup> birthday

**\*SkillUP staff should report any possible exemptions or exclusions for an individual to FSD via the FS-5 form\***

## FNS (S20) Funding

- ✓ Can be used for planning, marketing, implementation and operation of SkillUP.
- ✓ Can be used for participant tuition.
- ✓ 100% funds **cannot** be used for supportive services.
- ✓ Can be used on **any** SNAP/SkillUP participant (no restrictions).

## TANF (S10) Funding

- ✓ Can be used for planning, marketing, implementation and operation of SkillUP.
- ✓ Can be used for participant tuition **and** supportive services.
- ✓ Restrictions on who can be served:
  - 16-24 years old
  - 25+ years old with minor child, including non-custodial parents
  - Pregnant



Updated 5.2025