# BUREAU OF SENIOR PROGRAMS/ PROGRAMS AND SERVICES

DIVISION OF SENIOR AND DISABILITY SERVICES

Mindy Ulstad, Senior Program Specialist Bureau of Senior Programs Missouri Department of Health and Senior Services www.health.mo.gov





#### **OLDER AMERICANS ACT**

#### **Background**

- The Older Americans Act (OAA) is a federal law, signed by President Lindon Johnson in 1965, that promotes the well-being of older Americans, usually 60 years of age or older, through services and programs designed to meet the specific needs of older citizens.
- Most funding for the OAA is allocated to the Administration on Community Living to pass-thru to the U.S. States
  and territories.
- The Division of Senior and Disability Services (DSDS) is Missouri's designated State Unit on Aging and receives the pass-thru funding.
- DHSS then contracts with the 10 designated Area Agencies on Aging to provide programs and services to meet the unique needs of the individuals in their local planning and service areas.



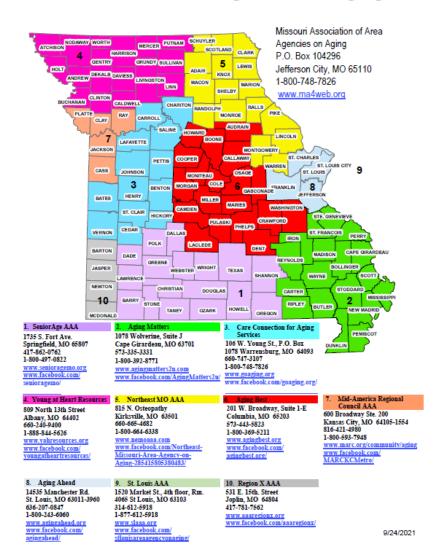
#### MISSOURI AREA AGENCIES ON AGING

#### Missouri Area Agencies on Aging

- Senior Age Area Agency on Aging
- Aging Matters
- Care Connection for Aging Services
- Young at Heart Resources
- Northeast Missouri Area Agency on Aging
- Aging Best
- Mid-America Regional Council Area Agency on Aging
- Aging Ahead
- St. Louis Area Agency on Aging
- Region X Area Agency on Aging

Source: <a href="health.mo.gov/seniors/aaa/">health.mo.gov/seniors/aaa/</a>

#### Missouri Area Agencies on Aging





#### OLDER AMERICAN ACT SERVICES

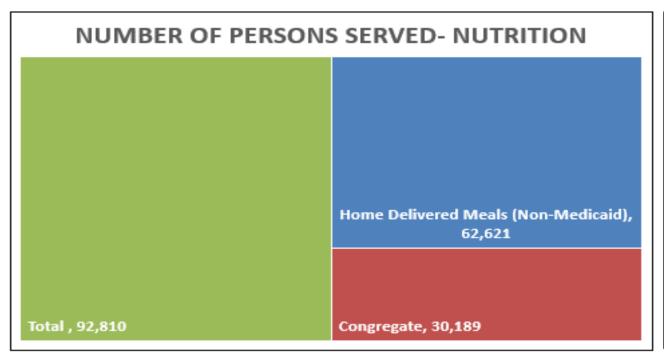
#### Core Services (Available at all AAAs)

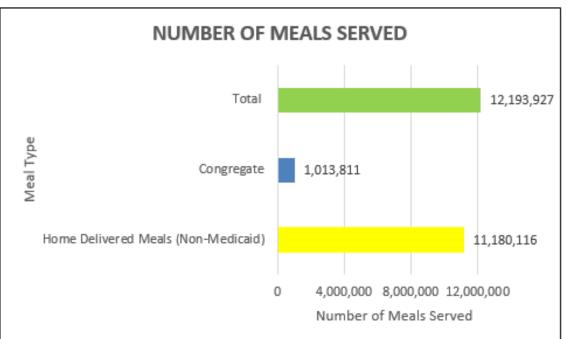
- Congregate Meals
- Home-Delivered Meals
- Information and Assistance (and referral)
- Legal
- In-home Services (non- Medicaid)
- Transportation
- Long-term Care Ombudsman Program
- Disease Prevention/Health Promotion
- Family Caregiver Programs



## OLDER AMERICAN ACT NUTRITION

#### SFY2021 Meal Data







## **ELIGIBILITY FOR OAA SERVICES**

#### **Eligibility by Program**

- General Eligibility for Most OAA Programs
  - Anyone age 60 and older
- Nutrition
  - Age 60 and older
  - Spouse of eligible participant
  - Adult (age 18-59) with a disability living with an eligible participant
  - Adult (age 18-59) with a disability residing in a housing facility occupied primarily by older adults where congregate nutrition service is provided
  - Volunteer who helped prepare or serve the meal
- Transportation
  - Adult (age 18-59) with a disability
  - Anyone age 60 and older



#### **ELIGIBILITY FOR OAA SERVICES**

#### **Eligibility by Program**

- Family Caregiver Program
  - Person cared for is age 60 or older, person providing care is over age 18
  - Older relatives, including parents, age 55 and older providing care to adults with disabilities age 18-59
  - Adult family members or other informal caregivers age 18 and older providing care to individuals of any age with Alzheimer's disease and related disorders
  - Older relatives (not parents), age 55 or older, primary caregiver, with a legal relationship of a child under age 18
    - Grandchild lives with grandparent, or being raised informally, or legal relationship (custody/guardianship). May be demonstrated by grandparent receiving public benefits for the child (TANF, SS, etc.)

# SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM (SCSEP)

- One section of the OAA, Title V, is allocated to the Department of Labor for the Senior Community Service Employment Program (SCSEP).
  - DSDS is designated as the State SCSEP entity to receive this funding.
    - DSDS contracts the program out to AARP in Jackson and five surrounding counties and to MERS Goodwill on the eastern side of the state
- Senior Community Service Employment Program
  - Age 55 and older
  - Unemployed
  - Income below 125% of the Federal Poverty Level



# SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM (SCSEP)

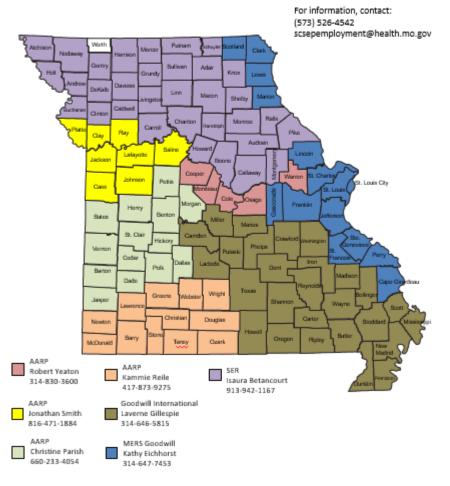
- The SCSEP places individuals in community non-profits or governmental agencies (host agencies) where they can
  enhance or learn new skills.
  - Individuals are in these agencies for up to 20 hours per week.
  - Participants are paid the higher of the local, state, or federal minimum wage
  - The program also offers supportive services to help individuals reach their goal of achieving unsubsidized employment.
  - The program benefits both the participants and the host agency.



# SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM (SCSEP)

- SCSEP is available in every county in the state, except Worth
- In addition to the contractors in the State Grant, there are also four National Grantees.
  - These Grantees are:
    - AARP
    - Goodwill International
    - National Caucus for Black Aging
    - SER, Inc.

#### Missouri State and National SCSEP Positions by County





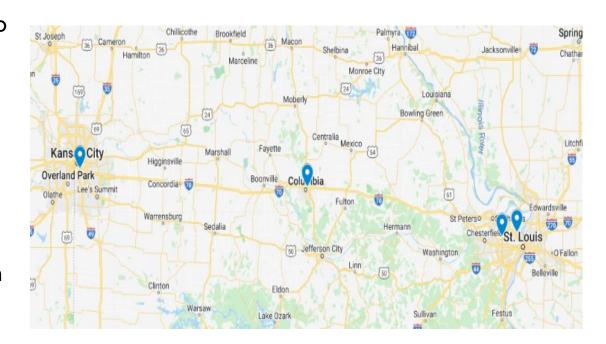
#### GENERAL REVENUE FUNDED PROGRAMS

- Customized In-Home Caregiver Training and Relief Program
  - Includes services that reduce the caregivers' burden/stress, as well as improve communication, enhance quality of life, and make the home safer for individuals diagnosed with Alzheimer's disease or related dementias.
    - Caregiver Training
    - Caregiver Respite
    - Supplemental Products
- Naturalization Services for Older Legal Immigrants and Refugees
  - Must be age 60 or older
  - Must have lived in the State of Missouri for at least 5 years
  - Must have a health or other barriers that prevents them for attending regular immigration classes
- Senior Independent Living Program
  - Must be age 60 or older and live in the area designated for the program



# SENIOR INDEPENDENT LIVING PROGRAMS (SILPS)

- The goal of the SILPs is to provide support to older adults to keep them safe and independent in their homes.
- The SILP locations have historically been designated by the legislature.
  - There are currently 2 SILPs in the St. Louis region
  - One in Boone County
  - One in Jackson County
- The SILPs provide programs and services to persons living in their boundaries.
- Each SILP determines the needs for their participants and then creates programs and services to meet those needs.



# **THANK YOU**

# FOR MORE INFORMATION CONTACT MISSOURI DEPARTMENT OF HEALTH AND SENIOR SERVICES WWW.HEALTH.MO.GOV

OR

**MINDY ULSTAD** 

MINDY.ULSTAD@HEALTH.MO.GOV

573-526-8534