

What are the program goals?

The Alternatives to Abortion Program aims to:

- Reduce abortions
- Improve pregnancy outcomes by helping women practice sound health-related behaviors
- Improve child health and development
- Improve families' economic self-sufficiency

How do I get help?

For more information on the program, to locate a provider in your area, or to learn about additional resources, visit:

<http://dss.mo.gov/fsd/a2a/>

Pregnancy Fact:

Getting prenatal care early & regularly will greatly improve your chances of having a healthy baby

Our Mission

We will lead the nation in building the capacity of individuals, families, and communities to secure and sustain healthy, safe, and productive lives.

The FSD is an equal opportunity provider and employer.



To file a complaint of discrimination contact:

USDA, Director, Office of Civil Rights
1400 Independence Ave., S.W.
Washington, DC 20250-9410
or call (800) 795-3272 (voice)
or (202) 720-6382 (TTY)

or

Office of Civil Rights
P.O. Box 1527
Jefferson City, MO 65102

Alternatives to Abortion



What is the Alternatives to Abortion Program?

The Alternatives to Abortion Program helps pregnant women:

- Carry their unborn child to term instead of having an abortion
- Care for their child or place their child for adoption if they choose
- Decrease their use of tobacco, alcohol, and illegal drugs
- Have better nutrition

The program also helps parents:

- Provide more responsible and competent care for their children to improve child health and development
- Continue their education
- Find a job
- Become independent for a better future



What services are available?

The following services are available during pregnancy and for one year following birth:

- Adoption assistance
- Case management
- Child care
- Domestic abuse protection
- Drug and alcohol testing and treatment
- Educational services
- Establishing and promoting responsible paternity
- Food, clothing and supplies related to pregnancy, newborn care and parenting
- Housing
- Job training and placement
- Medical and mental health care
- Newborn and infant care
- Parenting skills education
- Prenatal care
- Transportation
- Ultrasound services
- Utilities

Who is eligible?

The Alternatives to Abortion Program is available to women who are Missouri residents and who are:

- Choosing to carry their child to term instead of having an abortion
- At or below 185% of federal poverty level (based on the client or family income)

What does it cost?

Services are provided at **no cost** to participants who meet the eligibility requirements.

