

SmartPA Criteria Proposal

Drug/Drug Class:	Antihistamines, Ophthalmic PDL Edit
First Implementation Date:	April 26, 2006
Proposed Date:	April 18, 2023
Prepared For:	MO HealthNet
Prepared By:	MO HealthNet/Conduent
Criteria Status:	<input type="checkbox"/> Existing Criteria <input checked="" type="checkbox"/> Revision of Existing Criteria <input type="checkbox"/> New Criteria

Executive Summary

Purpose: The MO HealthNet Pharmacy Program will implement a state-specific preferred drug list.

Why Issue Selected: The estimated prevalence of seasonal allergic conjunctivitis is 15% and the condition occurs in both adults and children. The common allergens include pollens, dust mites, mold spores, animal dander, perfumes, and food sensitivities. Humidity, temperature, and a person's activity are all factors that affect the intensity, frequency, and duration of the allergic response. Activation of the immune response results in the release of inappropriately high amounts of chemical mediators – most commonly histamine. These mediators are responsible for the symptoms associated with eye allergies. Allergic conjunctivitis can produce two types of discharge, serous and mucoid. A serous discharge is watery, whereas mucoid discharge is stringy or ropy. Other symptoms include redness, tearing, swelling, burning, blurred vision, sensitivity to light, or a sensation of fullness in the eyelids. Ophthalmic antihistamines reduce the ocular symptoms and relieve the eye discomfort associated with allergic conjunctivitis.

Total program savings for the PDL classes will be regularly reviewed.

Program-Specific Information:	Preferred Agents	Non-Preferred Agents
	<ul style="list-style-type: none"> Alaway® Azelastine 0.05% Ketotifen 10 mL OTC Olopatadine 0.1% OTC Olopatadine 0.2% OTC 	<ul style="list-style-type: none"> Bepotastine Bepreve® Epinastine Ketotifen 5 mL OTC Olopatadine 0.1% Rx Olopatadine 0.2% Rx (gen Pataday®) Pataday® Zaditor® Zerviate®

Type of Criteria: ☐ Increased risk of ADE
☐ Appropriate Indications

☒ Preferred Drug List
☐ Clinical Edit

Data Sources: ☐ Only Administrative Databases

☒ Databases + Prescriber-Supplied

Setting & Population

- Drug class for review: Antihistamines, Ophthalmic
- Age range: All appropriate MO HealthNet participants

Approval Criteria

- Failure to achieve desired therapeutic outcomes with trial on 2 or more preferred agents
 - Documented trial period of preferred agents **OR**
 - Documented ADE/ADR to preferred agents

Denial Criteria

- Lack of adequate trial on required preferred agents
- Therapy will be denied if all approval criteria are not met

Required Documentation

Laboratory Results:

☐
☐

MedWatch Form:

Progress Notes:

☐
☐

Other:

Disposition of Edit

Denial: Exception Code "0160" (Preferred Drug List)
Rule Type: PDL

Default Approval Period

1 year

References

- Evidence-Based Medicine and Fiscal Analysis: "Therapeutic Class Review: OPHTHALMIC: Antihistamines", Gainwell Technologies; Last updated February 13, 2023.
- Evidence-Based Medicine Analysis: "Ophthalmic Antihistamines and Allergy Agents", UMKC-DIC; Last updated January 2022.
- USPDI, Micromedex; 2023.
- Facts and Comparisons eAnswers (online); 2023 Clinical Drug Information, LLC.