



# SmartPA Criteria Proposal

Drug/Drug Class:	COPD Anticholinergic Agents PDL Edit		
First Implementation Date:	October 26, 2018		
Proposed Date:	March 18, 2021		
Prepared For:	MO HealthNet		
Prepared By:	MO HealthNet/Conduent		
Criteria Status:	□Existing Criteria ☑Revision of Existing Criteria □New Criteria		

### **Executive Summary**

Purpose: The MO HealthNet Pharmacy Program will implement a state-specific preferred drug list.

Why Issue Selected:

Chronic obstructive pulmonary disease (COPD) is a lung disease that encompasses chronic bronchitis and emphysema. COPD is a major cause of death and illness throughout the world and is third leading cause of death in the United States. Cigarette smoking is the most common cause of COPD, however breathing in lung irritants, like pollution, dust or chemicals over a long period of time may also cause or contribute to the disease. There is no cure for COPD, but treatment can alleviate symptoms, decrease the frequency and severity of exacerbations and increase exercise tolerance. The 2020 Global Initiative for Chronic Obstructive Lung Disease (GOLD) guidelines provide evaluation and treatment of patients with moderate to severe COPD (FEV1 < 80% of predicated normal and FEV1/FVC < 70%). Treatment includes short-acting muscarinic antagonists, long-acting beta-agonists, long-acting muscarinic agents, and inhaled corticosteroids which are the mainstays of therapy for COPD.

Total program savings for the PDL classes will be regularly reviewed.

# Program-Specific Information:

fic	Preferred Agents	Non-Preferred Agents
n:	Anoro Ellipta®	<ul> <li>Breztri Aerosphere<sup>™</sup></li> </ul>
	Atrovent HFA®	Daliresp®
	Bevespi Aerosphere®	Duaklir® Pressair®
	Combivent Respimat®	Incruse Ellipta®
	Ipratropium Soln	Lonhala™ Magnair™
	Ipratropium-Albuterol	Seebri Neohaler®
	Spiriva HandiHaler®	Spiriva Respimat®
		Stiolto Respimat®
		Trelegy Ellipta®
		Tudorza Pressair®
		Utibron Neohaler®
		Yupelri <sup>™</sup>

Type of Criteria:	<ul><li>☐ Increased risk of ADE</li><li>☐ Appropriate Indications</li></ul>		<ul><li>☑ Preferred Drug List</li><li>☐ Clinical Edit</li></ul>				
Data Sources:	□ Only Adn	ninistrative Databases	⊠ Databases + Pres	criber-Supplied			
Setting & Population							
		D Anticholinergic Agents //O HealthNet participants					
<ul> <li>Documented compliance on current therapy regimen OR</li> <li>Failure to achieve desired therapeutic outcomes with trial on 3 or more preferred agents         <ul> <li>Documented trial period of preferred agents OR</li> <li>Documented ADE/ADR to preferred agents AND</li> </ul> </li> <li>For Trelegy Ellipta: documented trial with 3 or more preferred agents, including 1 preferred LAMA-LABA agent OR</li> <li>For Anoro Ellipta: documented trial with 3 or more preferred agents, including 2 preferred LAMA-LABA agents</li> </ul>							
Denial Criteria							
Therapy will be	e denied if all s maximum do ption	quired preferred agents approval criteria are not met psing limitation for the following  Generic Equivalent IPRATROPIUM/ALBUTEROL	Max Dosing Limitation				
Required Documentation							
Laboratory Resul MedWatch Form:		Progress Notes: Other:					
Disposition of E	dit						
Denial: Exception Code "0160" (Preferred Drug List) Rule Type: PDL							

## **Default Approval Period**

1 year

## References

- 1. Evidence-Based Medicine and Fiscal Analysis: "COPD Anticholinergics Therapeutic Class Review", Conduent Business Services, L.L.C., Richmond, VA; January 2021.
- 2. Evidence-Based Medicine Analysis: "Chronic Obstructive Pulmonary Disease (COPD) Anticholinergics", UMKC-DIC; February 2021.

- 3. Global initiative for chronic obstructive lung disease. Global strategy for the diagnosis, management, and prevention of chronic obstructive pulmonary disease (GOLD 2020 report). Global Initiative For Chronic Obstructive Lung Disease website. https://goldcopd.org/wp-content/uploads/2019/11/GOLD-2020-REPORT-ver1.0wms.pdf.
- 4. Lippincott, Williams, Wilkins. PDR Electronic Library, Montvale NJ; 2021.
- 5. USPDI, Micromedex; 2021.
- 6. Facts and Comparisons eAnswers (online); 2021 Clinical Drug Information, LLC.

