

# SmartPA Criteria Proposal

<b>Drug/Drug Class:</b>	ADHD: Methylphenidate, Short Acting PDL Edit
<b>First Implementation Date:</b>	January 10, 2019
<b>Proposed Date:</b>	September 17, 2020
<b>Prepared For:</b>	MO HealthNet
<b>Prepared By:</b>	MO HealthNet/Conduent
<b>Criteria Status:</b>	<input checked="" type="checkbox"/> Existing Criteria <input type="checkbox"/> Revision of Existing Criteria <input type="checkbox"/> New Criteria

## Executive Summary

**Purpose:** The MO HealthNet Pharmacy Program will implement a state-specific preferred drug list.

**Why Issue Selected:** The CNS stimulant therapeutic class has been edited within the MO HealthNet Pharmacy Program, since 1992. In August of 2003, the restriction on these medications was significantly lessened with the implementation of a stimulant clinical edit, eventually leading to an ADHD therapy edit which now includes Non-Stimulant ADHD medications. With the increased recognition of impairment due to adult attention deficit disorder, there is a need to re-evaluate the products used to treat ADHD.

Participants that are currently on a drug that is listed as non-preferred are not required to switch to a preferred agent as long as they have been compliant with their current therapy.

Total program savings for the PDL classes will be regularly reviewed.

Program-Specific Information:	Preferred Agents	Non-Preferred Agents
	<ul style="list-style-type: none"> <li>Dexamethylphenidate</li> <li>Methylphenidate Soln/Tabs</li> </ul>	<ul style="list-style-type: none"> <li>Focalin®</li> <li>Methylphenidate Chew</li> <li>Methylin®</li> <li>Ritalin®</li> </ul>

**Type of Criteria:**  Increased risk of ADE  
 Appropriate Indications

Preferred Drug List  
 Clinical Edit

**Data Sources:**  Only Administrative Databases

Databases + Prescriber-Supplied

## Setting & Population

- Drug class for review: ADHD: Methylphenidate, Short Acting
- Age range: All appropriate MO HealthNet participants

## Approval Criteria

- Dosage within approved dosage limitations **AND**
- Participant demonstrates compliance to prescribed therapy **OR**
- Failure to achieve desired therapeutic outcomes with trial on 2 or more preferred agents
  - Documented trial period for preferred agents (90 out of 120 days) **OR**
  - Documented ADE/ADR to preferred agents
- Therapy may be approved for indications below (clinical consultant review may be required):
  - Attention Deficit Hyperactivity Disorder
  - Opioid-Induced Sedation or Depression in the treatment of Cancer
  - Idiopathic hypersomnia
  - Narcolepsy
- Participant aged < 6 years:
  - Compliance authorization piece is removed (requires a yearly evaluation at minimum)
  - Confirmed diagnosis of ADHD using a standardized rating scale:
    - Conners' Rating Scale-Revised
    - [Vanderbilt ADHD Diagnostic Teacher's Rating Scale-Bright Futures](#)
    - [Vanderbilt ADHD Diagnostic Teachers Rating Scale-UOHSC](#)
    - [Vanderbilt ADHD Diagnostic Parents' Rating Scale](#)
    - [ADHD-RS](#)
    - [Additional Resources](#)
- Participant aged ≥ 6 years and < 18 years: appropriate diagnosis (see above)
- Participant aged ≥ 18 years and < 23 years:
  - Appropriate diagnosis (see above)
  - For ADHD therapy: Goals of therapy clearly defined by prescriber (may include academic/work enrollment)
- Participant aged > 23 years:
  - Diagnosis of Opioid-Induced Sedation or Depression in the treatment of Cancer, Idiopathic hypersomnia, or Narcolepsy **OR**
  - Diagnosis of ADHD:
    - Positive diagnosis – Diagnostic criteria including:
      - At least 5 of the 9 symptoms of inattention and/or at least 5 of the 9 symptoms of hyperactivity and impulsivity from the DSM-5
      - Symptoms are present in 2 or more settings
      - Clear evidence that the symptoms interfere with social, academic or occupational functioning.
    - [DSM-5 Diagnostic Criteria - Attention-Deficit/Hyperactivity Disorder \(ADHD\)](#)
    - Claim may be flagged for clinical consultant review secondary to comorbid substance use disorder diagnosis (see Appendix I for specific ICD-10 Diagnoses Codes inclusion/exclusion criteria)
    - Claim flagged for clinical consultant review secondary to concomitant psychiatric medication use of 3 or more agents (including requested ADHD therapy)
    - Claim flagged if concomitant use of benzodiazepines present
    - Psychiatric Specialist Consult (within most recent 6 months) required for diagnosis and treatment initiation (participant may receive regular follow-up by primary care physician)
    - Adequate trial required for monotherapy
    - Goals of therapy clearly defined by prescriber

## Denial Criteria

- Lack of adequate trial on required preferred agents
- Therapy will be denied if all approval criteria are not met

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## Required Documentation

Laboratory Results:   
MedWatch Form:

Progress Notes:   
Other:

## Disposition of Edit

Denial: Exception Code "0160" (Preferred Drug List)  
Rule Type: PDL

## Default Approval Period

3 months

## References

1. Evidence-Based Medicine and Fiscal Analysis: "Attention Deficit Hyperactivity Disorder (ADHD) Agents – Therapeutic Class Review"-, Conduent Business Services, L.L.C., Richmond, VA; July 2020.
2. Psychology Prior Authorization Advisory Committee Meeting. "Evidence-Based Practice Discussion – ADHD and Stimulant Therapy". MO HealthNet Division. November 2007.
3. Drug Prior Authorization Sub-Committee Meeting. "ADHD Adult Therapy." Department of Mental Health/Division of Medical Services. March/April/June 2005.American Psychiatric Association. Diagnostic and Statistical Manual of Mental Disorders (5th ed.), Washington, DC; 2013.Lippincott, Williams, Wilkins.
4. Drug Effectiveness Review Project – Drug Class Review: Pharmacologic Treatments for Attention Deficit Hyperactivity Disorder. Center for Evidence-Based Policy, Oregon Health & Science University; September 2005/Updated July 2015; Preliminary Scan Report June 2016.
5. Evidence-Based Medicine Analysis: "Attention Deficit Hyperactivity Disorder (ADHD)", UMKC-DIC; July 2020.
6. Lippincott, Williams, Wilkins. PDR Electronic Library, Montvale NJ; 2020.
7. USPDI, Micromedex; 2020.
8. Facts and Comparisons eAnswers (online); 2020 Clinical Drug Information, LLC.

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