



# SmartPA Criteria Proposal

Drug/Drug Class:	Beta Adrenergic Agents, Long Acting PDL Edit	
First Implementation Date:	November 10, 2004	
Proposed Date:	April 18, 2023	
Prepared For:	MO HealthNet	
Prepared By:	MO HealthNet/Conduent	
Criteria Status:	<ul> <li>□Existing Criteria</li> <li>☑Revision of Existing Criteria</li> <li>□New Criteria</li> </ul>	

#### **Executive Summary**

Purpose: The MO HealthNet Pharmacy Program will implement a state-specific preferred drug list.

**Why Issue Selected:** Long-acting beta-agonists open the airways by relaxing smooth muscle around the airways. They do not decrease inflammation of pulmonary tissues and are often used with inhaled steroids as a long-term control medication to open the airways in people with moderate to severe asthma.

Total program savings for the PDL classes will be regularly reviewed.

Program-Specific	Preferred Agents	Non-Preferred Agents
Information:	Serevent <sup>®</sup> Diskus	Arformoterol
		• Brovana <sup>®</sup>
		Formoterol
		Perforomist <sup>®</sup>
		Striverdi <sup>®</sup> Respimat <sup>®</sup>
Type of Criteria:	Increased risk of ADE	Preferred Drug List
	□ Appropriate Indications	□ Clinical Edit
Data Sources:	Only Administrative Databases	Databases + Prescriber-Supplied

# Setting & Population

- Drug class for review: Beta Adrenergic Agents, Long Acting
- Age range: All appropriate MO HealthNet participants

# Approval Criteria

- For non-preferred agents:
  - o Failure to achieve desired therapeutic outcomes with trial on 1 or more preferred agents
    - Documented trial period of preferred agent OR
    - Documented ADE/ADR to preferred agent AND
  - For Formoterol: documented therapeutic trial of Arformoterol

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## **Denial Criteria**

- Therapy will be denied if all approval criteria are not met
- Lack of adequate trial on required preferred agent

#### **Required Documentation**

Laboratory Results: MedWatch Form:

Progress	Notes:
Other:	

## **Disposition of Edit**

Denial: Exception Code "0160" (Preferred Drug List) Rule Type: PDL

#### Default Approval Period

1 year

## References

- Evidence-Based Medicine and Fiscal Analysis: "Therapeutic Class Review: RESPIRATORY: Beta-Adrenergic Agents, Long Acting", Gainwell Technologies; Last updated January 24, 2023.
- Evidence-Based Medicine Analysis: "Long-Acting Beta-2 Adrenergic Agonist Agents", UMKC-DIC; Last updated October 2022.
- USPDI, Micromedex; 2023.
- Facts and Comparisons eAnswers (online); 2023 Clinical Drug Information, LLC.