



# SmartPA Criteria Proposal

Drug/Drug Class:	Beta Adrenergic Agents, Nebulized PDL Edit	
First Implementation Date:	December 15, 2004	
Proposed Date:	April 18, 2023	
Prepared For:	MO HealthNet	
Prepared By:	MO HealthNet/Conduent	
Criteria Status:	<ul> <li>Existing Criteria</li> <li>Revision of Existing Criteria</li> <li>New Criteria</li> </ul>	

#### **Executive Summary**

Purpose: The MO HealthNet Pharmacy Program will implement a state-specific preferred drug list.

**Why Issue Selected:** Short-acting beta-agonists work quickly to relieve asthma symptoms. They relax the smooth muscles around the airways and are prescribed to use as needed to relieve shortness of breath most commonly associated with asthma. Overuse of these products is common and indicates that asthma is poorly controlled and that long-term control medications should be added or adjusted.

Total program savings for the PDL classes will be regularly reviewed.

Program-Specific	Preferred Agents	Non-Preferred Agents
Information:	Albuterol Sulfate	Levalbuterol
		• Xopenex <sup>®</sup>
Type of Criteria:	Increased risk of ADE	Preferred Drug List
	□ Appropriate Indications	□ Clinical Edit
Data Sources:	□ Only Administrative Databases	☑ Databases + Prescriber-Supplied

# **Setting & Population**

- Drug class for review: Beta Adrenergic Agents, Nebulized
- Age range: All appropriate MO HealthNet participants

## **Approval Criteria**

- Failure to achieve desired therapeutic outcomes with trial on 1 preferred agent
  - Documented trial period of preferred agent
  - Documented ADE/ADR to preferred agent

# **Denial Criteria**

- Lack of adequate trial on required preferred agent
- Therapy will be denied if all approval criteria are not met
- Cumulative quantity exceeds 120 vials per 60 days (excluding diagnosis of cystic fibrosis)

#### **Required Documentation**

Laboratory Results: MedWatch Form:

Progress	Notes:
Other:	

### **Disposition of Edit**

Denial: Exception Code "0160" (Preferred Drug List) Rule Type: PDL

# **Default Approval Period**

3 months

#### References

- Evidence-Based Medicine and Fiscal Analysis: "Beta-Adrenergic Agents, Nebulized Therapeutic Class Review", Conduent Business Services, L.L.C., Richmond, VA; January 2022.
- Evidence-Based Medicine Analysis: "Short-Acting Beta-2 Adrenergic Agonist Agents", UMKC-DIC; Last updated October 2022.
- USPDI, Micromedex; 2023.
- Facts and Comparisons eAnswers (online); 2023 Clinical Drug Information, LLC.