

# SmartPA Criteria Proposal

<b>Drug/Drug Class:</b>	Bone Ossification Agents PDL Edit
<b>First Implementation Date:</b>	December 16, 2004
<b>Proposed Date:</b>	June 18, 2020
<b>Prepared For:</b>	MO HealthNet
<b>Prepared By:</b>	MO HealthNet/Conduent
<b>Criteria Status:</b>	<input checked="" type="checkbox"/> Existing Criteria <input type="checkbox"/> Revision of Existing Criteria <input type="checkbox"/> New Criteria

## Executive Summary

**Purpose:** The MO HealthNet Pharmacy Program will implement a state-specific preferred drug list.

**Why Issue Selected:** The bisphosphonates act primarily on bone through inhibition of normal and abnormal bone resorption. This group of agents has an affinity for hydroxyapatite crystals in bone and induces the inhibition of osteoclast activity. They also decrease the number of available osteoclasts by inhibiting enzymes in the mevalonate pathway, which then prevents the prenylation of proteins that are necessary for osteoclast formation. Studies have demonstrated the ability of these agents to decrease bone resorption without impairing bone mineralization or interfering with bone formation. Bisphosphonates administered orally have been associated with dysphagia, esophagitis, and esophageal or gastric ulcers. Therefore, these agents should not be given to participants with any active upper GI disease and should be discontinued in those who develop symptoms of esophagitis. Bisphosphonates are most commonly used for the treatment and prevention of osteoporosis in postmenopausal women. Prior to treatment with bisphosphonates, participants should be tested for other possible contributors to osteoporosis such as hypocalcemia, vitamin D deficiency, and renal impairment. Bisphosphonates are also used to treat hypercalcemia, Paget disease, and malignancies including multiple myeloma, breast cancer, and prostate cancer. There are both intravenous and orally available formulations of bisphosphonates. An adverse effect specific with the intravenous route are flu-like symptoms. Some adverse effects that may occur with both intravenous and oral routes are hypocalcemia, musculoskeletal pain, renal, ocular side effects, atrial fibrillation, osteonecrosis of the jaw, and atypical femur fractures.

Total program savings for the PDL classes will be regularly reviewed.



## Disposition of Edit

Denial: Exception Code "0160" (Preferred Drug List)  
Rule Type: PDL

## Default Approval Period

1 year

## References

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3. Lippincott, Williams, Wilkins. PDR Electronic Library, Montvale NJ; 2020.
4. USPDI, Micromedex; 2020.
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7. Fosamax [package insert]. Whitehouse Station, NJ: Merck & Co Inc; 2019.
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10. Boniva [package insert]. South San Francisco, CA: Genentech USA, Inc.; 2016.
11. Actonel [package insert]. Irvine, CA: Allergan; 2019.
12. Atelvia [package insert]. Rockaway, NJ: Warner Chilcott; 2015.
13. Calcitonin salmon nasal spray [package insert]. Weston, FL: Apotex Inc.; 2017.

### *SmartPA PDL Proposal Form*

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