



SmartPA Criteria Proposal

Drug/Drug Class:	Cough and Cold Preparations PDL Edit	
First Implementation Date:	May 31, 2013	
Proposed Date:	March 19, 2020	
Prepared For:	MO HealthNet	
Prepared By:	MO HealthNet/Conduent	
Criteria Status:	⊠Existing Criteria □Revision of Existing Criteria □New Criteria	

Executive Summary

Purpose: The MO HealthNet Pharmacy Program will implement a state-specific preferred drug list.

Why Issue Selected: The common cold is a viral illness that affects persons of all ages, prompting frequent use of over-the-counter and prescription medications, as well as alternative remedies. Cough and cold formulations are available for the use in the treatment of the signs and symptoms of the common cold, sinusitis, allergies and cough. They come in various combinations as simple cold preparations, narcotic cough and cold formulations and non-narcotic cough and cold products. In March 2011 the FDA removed many unapproved prescription cough, cold and allergy drug products from the U.S. market. Unapproved prescription cough, cold, and allergy drug products have not been evaluated by the FDA for safety, effectiveness, and quality. The MO HealthNet Pharmacy Program has identified the following products as FDA approved and available on the market. These listed agents will be the preferred products available first line, all other products are considered non-preferred.

Total program savings for the PDL classes will be regularly reviewed.

Program-Specific	Preferred Agents	Non-Preferred Agents			
Information:	 See Appendix A for 	All Cough/Cold Products not			
	complete listing	included in Appendix A			
Type of Criteria:	☐ Increased risk of ADE	☑ Preferred Drug List			
	☐ Appropriate Indications	☐ Clinical Edit			
Data Sources:	□ Only Administrative Databases	☑ Databases + Prescriber-Supplied			

Setting & Population

- Drug class for review: Cough and Cold Preparations
- Age range: All appropriate MO HealthNet participants

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Approval Criteria

• Product listed in Appendix A

Denial Criteria

- Prescription cost exceeds MO HealthNet established limit
- Therapy will be denied if no approval criteria are met

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Disposition of Edit

Denial: Exception Code "0160" (Preferred Drug List)
Rule Type: PDL

Default Approval Period

1 year

References

- 1. Evidence-Based Medicine and Fiscal Analysis: "Cough and Cold Agents Therapeutic Class Review", Conduent Business Services, L.L.C., Richmond, VA; January 2020.
- 2. Evidence-Based Medicine Analysis: "Cough and Cold Remedies", UMKC-DIC; February 2020.
- 3. Lippincott, Williams, Wilkins. PDR Electronic Library, Montvale NJ; 2020.
- 4. USPDI, Micromedex; 2020.
- 5. Facts and Comparisons eAnswers (online); 2020 Clinical Drug Information, LLC.

Appendix A - Preferred List of Cough/Cold Preparations

Preferred Agents - *This is a representative list of products covered in the past and is not intended
to be an all-inclusive list of reimbursable products. MO HealthNet will cover products based on a
maximum dollar claim limit
Benzonatate Caps
Brompheniramine/phenylephrine/DM
Brompheniramine/pseudoephed/DM Syrup
Carbinoxamine Liquid
Children's Delsym Cough
Children's Mucinex
Chlorpheniramine
Chlorpheniramine/phenylephrine
Chlorpheniramine/phenylephrine/DM
Cyproheptadine
Delsym Liquid OTC
Dexchlorpheniramine/phenylephrine/codeine Liquid

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Diphenhydramine	
Guaifenesin 400mg Tabs OTC	
Guaifenesin Liquid OTC	
Guaifenesin/Codeine Liquid OTC	
Guaifenesin/DM Liquid/Syrup OTC	
Guaifenesin/Phenylephrine Liquid	
Hydrocodone/Chlorpheniramine ER Suspension	
Mucinex ER Tabs OTC	
Mucinex D Tabs OTC	
Mucinex DM ER Tabs OTC	
Mucinex Fast Max	
Promethazine/Codiene Syrup Rx	
Promethazine DM Syrup Rx	



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