

# SmartPA Criteria Proposal

<b>Drug/Drug Class:</b>	Direct Renin Inhibitors and Combinations PDL Edit
<b>First Implementation Date:</b>	April 9, 2008
<b>Proposed Date:</b>	September 17, 2020
<b>Prepared For:</b>	MO HealthNet
<b>Prepared By:</b>	MO HealthNet/Conduent
<b>Criteria Status:</b>	<input checked="" type="checkbox"/> Existing Criteria <input type="checkbox"/> Revision of Existing Criteria <input type="checkbox"/> New Criteria

## Executive Summary

**Purpose:** The MO HealthNet Pharmacy Program will implement a state-specific preferred drug list.

**Why Issue Selected:** Direct renin inhibitors directly target the renin-angiotensin-aldosterone system (RAAS) at the point of activation by inhibiting renin and blocking the conversion of angiotensinogen to angiotensin I, leading to decreased plasma renin activity. Tekturna® (aliskiren) is the only approved product in this therapeutic class. During Tekturna therapy the effects of increased renin levels are blocked, so that plasma renin activity, (inactive) angiotensin I, and (active) angiotensin II are all reduced. Angiotensin II, a powerful vasoconstrictor, also inhibits renin release, thus providing a negative feedback to the RAAS system. Aliskiren is metabolized by CYP3A4. Drug interactions have been noted with co-administration of Avapro, Lipitor, ketoconazole, and furosemide. Tekturna offers an alternative in the treatment of hypertension, but at this time doesn't offer an advantage over the proven efficacy of existing angiotensin converting enzyme (ACE) inhibitor and angiotensin receptor blocker (ARB) classes.

Total program savings for the PDL classes will be regularly reviewed.

Program-Specific Information:	Preferred Agents	Non-Preferred Agents
	<ul style="list-style-type: none"> <li>Aliskiren</li> <li>Tekturna HCT®</li> </ul>	<ul style="list-style-type: none"> <li>Tekturna®</li> </ul>

**Type of Criteria:**  Increased risk of ADE  Preferred Drug List  
 Appropriate Indications  Clinical Edit

**Data Sources:**  Only Administrative Databases  Databases + Prescriber-Supplied

## Setting & Population

- Drug class for review: Direct Renin Inhibitors and Combinations
- Age range: All appropriate MO HealthNet participants

## Approval Criteria

- Failure to achieve desired therapeutic outcomes with trial on 1 or more Angiotensin Receptor Blocker (ARB) agents
- Failure to achieve desired therapeutic outcomes with trial on 1 or more preferred agents
  - Documented trial period for preferred agents **OR**
  - Documented ADE/ADR to preferred agents

## Denial Criteria

- Lack of adequate trial on required preferred agents
- Therapy will be denied if all approval criteria are not met

## Required Documentation

Laboratory Results:   
MedWatch Form:

Progress Notes:   
Other:

## Disposition of Edit

Denial: Exception Code "160" (Preferred Drug List)  
Rule Type: PDL

## Default Approval Period

1 year

## References

1. Drug Effectiveness Review Project – Drug Class Review on DRI, AIIRA, ACEI. Center for Evidence-Based Policy, Oregon Health & Science University; January 2010/Updated September 2015
2. Evidence-Based Medicine and Fiscal Analysis: "Direct Renin Inhibitors and Combination Agents – Therapeutic Class Review", Conduent Business Services, L.L.C., Richmond, VA; July 2020.
3. Evidence-Based Medicine Analysis: "Direct Renin Inhibitors and Combinations", UMKC-DIC; July 2020.
4. Lippincott, Williams, Wilkins. PDR Electronic Library, Montvale NJ; 2020.
5. USPDI, Micromedex; 2020.
6. Facts and Comparisons eAnswers (online); 2020 Clinical Drug Information, LLC.

### SmartPA PDL Proposal Form

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