

# SmartPA Criteria Proposal

<b>Drug/Drug Class:</b>	Isturisa Clinical Edit
<b>First Implementation Date:</b>	TBD
<b>Proposed Date:</b>	December 17, 2020
<b>Prepared for:</b>	MO HealthNet
<b>Prepared by:</b>	MO HealthNet/Conduent
<b>Criteria Status:</b>	<input type="checkbox"/> Existing Criteria <input type="checkbox"/> Revision of Existing Criteria <input checked="" type="checkbox"/> New Criteria

## Executive Summary

**Purpose:** Ensure appropriate utilization and control of Isturisa® (osilodrostat)

**Why Issue Selected:** Isturisa® (osilodrostat) was FDA approved in March 2020, for the treatment of adult patients with Cushing’s disease for whom pituitary surgery is not an option or has not been curative. Cushing’s disease occurs in the presence of pituitary adenomas that produce high levels of adrenocorticotropin hormone (ACTH); this oversecretion of ACTH leads to an overproduction of cortisol by the adrenal glands. Cushing’s disease can be life threatening if not treated and may cause significant health issues such as obesity, type 2 diabetes, high blood pressure, blood clots, bone loss, immunosuppression, and neuropsychiatric symptoms. Isturisa is a twice-daily oral cortisol synthesis inhibitor that inhibits 11-beta-hydroxylase (CYP11B1) which is responsible for the final step of cortisol biosynthesis in the adrenal gland. Isturisa represents the first agent with this mechanism of action to be approved by the FDA for the treatment of Cushing’s disease. Due to the high cost and specific approved indications, MO HealthNet will impose clinical criteria to ensure appropriate utilization of Isturisa.

### Program-Specific Information:

Date Range FFS 10-01-2019 to 9-30-2020			
Drug	Claims	Cost per tablet	Cost per month (MAC)
ISTURISA 1 MG TAB	0	\$110.00 MAC	Initial dose (2 mg BID): \$13,200 Avg maint dose (7 mg BID): \$37,200 Max dose (30 mg BID): \$85,500
ISTURISA 5 MG TAB	0	\$400.00 MAC	
ISTURISA 10 MG TAB	0	\$475.00 MAC	

**Type of Criteria:**  Increased risk of ADE  Preferred Drug List  
 Appropriate Indications  Clinical Edit

**Data Sources:**  Only Administrative Databases  Databases + Prescriber-Supplied

## Setting & Population

- Drug class for review: Isturisa® (osilodrostat)
- Age range: All appropriate MO HealthNet participants aged 18 years or older

## Approval Criteria

### Initial Therapy:

- Participant aged 18 years or older **AND**
- Prescribed by or in consultation with an endocrinologist or other appropriate specialist for the treated disease state **AND**
- Documented diagnosis of Cushing's disease **AND**
- Documentation of failed pituitary surgery or reason pituitary surgery is not an option **AND**
- Documentation of baseline electrocardiogram **AND**
- Documentation of baseline potassium, magnesium, and cortisol levels

### Continuation of Therapy:

- Initial approval is for 3 months, renewal of prior authorization may be given for up to 12 months following documentation of the following along with an expectation of monitoring of potassium and magnesium levels:
  - Recent (within the past 3 months) cortisol levels demonstrating mean urine free cortisol (mUFC)  $\leq$  ULN **AND**
  - Recent (within the past 3 months) electrocardiogram

## Denial Criteria

- Therapy will be denied if all approval criteria are not met

## Required Documentation

Laboratory Results:   
MedWatch Form:

Progress Notes:   
Other:

## Disposition of Edit

Denial: Exception code "0682" (Clinical Edit)  
Rule Type: CE

## Default Approval Period

3 months

## References

- Isturisa (osilodostat) [package insert]. Lebanon, NJ: Recordati Rare Disease Inc; March 2020.
- IPD Analytics. New Drug Review: Isturisa (osilodostat). March 2020.
- Nieman L., Biller B., Findling J., et al. Treatment of Cushing's Syndrome: An Endocrine Society Clinical Practice Guideline. The Journal of Clinical Endocrinology & Metabolism; 2015;100(8):2807-283.

### *SmartPA Clinical Proposal Form*

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