MO HealthNet PA Criteria

Medical Procedure Class:	**DME - CPAP E0601 – Rental Months 1 – 3 and CPAP E0601KJ – Rental Months 4 – 24**
Implementation Date:	**September 27, 2018**
Revision Date:	**October 19, 2023**
Prepared for:	**MO HealthNet**
Prepared by:	**Conduent**

☐ **New Criteria** ☒ **Revision of Existing Criteria**

Executive Summary

Purpose:	To allow a more consistent and streamlined process for authorization of Continuous Positive Airway Pressure (CPAP) devices.

Why was this Issue Selected:	Senate Bill 577 passed by the 94th General Assembly directs MO HealthNet to utilize an electronic web-based system to authorize Durable Medical Equipment (DME) using best medical evidence and care and treatment guidelines, consistent with national standards to verify medical need.
Procedures Subject to Pre-Certification	E0601RR, E0601KJRR - CPAP Devices

Setting & Population:	All MO HealthNet fee-for-service participants.

Approval Criteria

- Patient has diagnosis of obstructive sleep apnea (ICD-9 327.23 or ICD-10 G47.33) and history of an attended sleep study (CPT 95807, 95808, 95810, 95811) with Apnea-Hypopnea Index (AHI) 15 or greater, and evidence of effective treatment with therapy (a change of ≥ 50% in the AHI from the initial sleep study to the AHI from the technologist attended CPAP titration study trial).

- Patient has diagnosis of obstructive sleep apnea (ICD-9 327.23 or ICD-10 G47.33) and history of a home based sleep study (CPT 95800, 95801, 95806) with AHI or Respiratory

Event Index (REI) of 5 or greater but less than < 50 or ≥ 50 with evidence of effective treatment with therapy (a change of ≥ 50% in the AHI from the initial sleep study to the AHI from a technologist attended CPAP titration study trial).

- Patient has diagnosis of obstructive sleep apnea (ICD-9 327.23 or ICD-10 G47.33) and history of an attended sleep study (CPT 95807, 95808, 95810, 95811) with AHI 5-14 and documented symptoms of excessive daytime sleepiness, impaired cognition, depression, insomnia, hypertension, ischemic heart disease, or stroke; and there is evidence of effective treatment with therapy (a change of ≥ 50% in the AHI from the initial sleep study to the AHI from the technologist attended CPAP titration study trial).

- The patient's claim history reflects E0601 was dispensed at least 61 days ago, or there is DME provider documentation showing an E0601 was dispensed at least 61 days ago, and evidence of continued use of E0601 signed by the physician or client is documented in the DME provider's record.

Approval Diagnosis Code				
Condition	**Submitted ICD-9 Diagnoses**	**Submitted ICD-10 Diagnoses**	**CPT Codes**	**Date Range**
Obstructive Sleep Apnea	327.23	G47.33	N/A	36 months
Sleep Study	N/A	N/A	95800, 95801, 95806, 95807, 95808, 95810, 95811	36 months

Denial Criteria

- Presence of a paid claim showing E0601 was dispensed during the past 5 years.

- Absence of diagnosis of Obstructive Sleep Apnea, ICD-9 327.23 or ICD-10 G47.33.

- No facility based, technologist attended sleep study (CPT 95807, 95808, 95810 or 95811) or home sleep study (CPT 95800, 95801, 95806) has been performed.

- The patient's initial sleep study documents an AHI of 4 or less.

- The patient's initial sleep study documents an AHI of 5 to 14; however, there is no documented excessive daytime sleepiness, impaired cognition, depression, insomnia, hypertension, ischemic heart disease, or stroke.

- The patient has a diagnosis of obstructive sleep apnea and has an initial sleep study that documents AHI of 15 or more, but there is no evidence of effective treatment with therapy (there is a change of < 50% in the AHI from the initial sleep study to the AHI from the technologist attended CPAP titration study trial).

- The patient's initial sleep study documents an AHI of 5 to 14; there is documented excessive daytime sleepiness, impaired cognition, depression, insomnia, hypertension, ischemic heart disease, or stroke, but there is no evidence of effective treatment with

therapy (there is a change of < 50% in the AHI from the initial sleep study to the AHI from the technologist attended CPAP titration study trial).

- No DME provider documentation showing E0601 was dispensed at least 61 days ago.
- No evidence of continued use of E0601 signed by the physician or client documented in the DME provider's record.
- Participant does not meet criteria; less than 18 years of age for home sleep study.
- The participant's initial home based sleep study documents an AHI or Respiratory Event Index (REI) of 4 or less.
- The participant has a diagnosis of obstructive sleep apnea and has an initial home based sleep study that documents AHI or REI of 50 or more, but there is no evidence of effective treatment with therapy (there is a change of < 50% in the AHI or REI from the initial sleep study to the AHI from the technologist attended CPAP titration study trial).

Approval Period

E0601RR: Rental for months 1 to 3.
E0601KJRR: Rental for months 4 to 24. (Approval for 24 months)

Appendix A: Possible Step 1 and Step 2 Questions

The following questions may be encountered as part of the approval and denial criteria. Depending on the patient's history and the way previous questions may be answered, not every question may be asked for every patient and may not be encountered in the exact order below.

1. Was a facility based, technologist attended sleep study performed?
2. Was a home based sleep study with technically adequate devices performed?
3. What is the Apnea-hypopnea index (AHI) documented by the initial sleep study? Fill in: _____
4. What is the Apnea-hypopnea index (AHI) recorded during the technologist attended CPAP titration study trial? Fill in: _____.
5. Does patient require a humidifier? *REMINDER: If so, a CPAP Humidifier requires a separate precertification.
6. Does the patient have documented symptoms of excessive daytime sleepiness, impaired cognition, depression, insomnia, hypertension, ischemic heart disease or stroke?
7. Is evidence of continued use of E0601 signed by the physician or client documented in the DME provider's record?