



## Your Health Home... Will Help You Put the Pieces Together

**AND HELP YOU REACH YOUR  
HEALTH AND WELLNESS GOALS**

### **What is a Health Home and why do I need to have one?**

MO HealthNet believes that helping people lead healthier lives can help reduce illness and disease. That is why MO HealthNet is working with health care providers to become Health Homes.

To avoid confusion, we want to be sure you understand that a Health Home is NOT a place of residence and does not change where you live. Instead, a Health Home is where you get healthcare and see your primary care provider. It does NOT change the doctor you see. A primary care provider (PCP) can be a doctor, a physician's assistant or nurse practitioner. Your PCP, your Nurse Care Manager and **you** will work as a team to help prevent sickness and manage a chronic (ongoing) condition.

Your Health Home cares about you and wants to help you stay well. You will get constant care and support if you have a chronic condition like diabetes, asthma, high blood pressure or a heart condition.

**YOU CAN START  
GETTING  
SERVICES FROM  
YOUR HEALTH  
HOME TODAY!**

### **YOU are part of the team!**

That means asking your PCP and Nurse Care Manager questions. The answers you get will help you know more about your health. It will also help you make better decisions about your health.

Your Nurse Care Manager will make sure you have what you need to learn more about your health. But remember... It's up to you to make sure you are taking care of yourself. We will also help by giving you information about the social and community services you may need.

### **Your Nurse Care Manager will be here to help you every step of the way!**

They will help you set goals and work toward being healthier. They will also help you find the right type of care. It can seem like a big puzzle sometimes! Your Nurse Care Manager will help you figure it out. Getting the right type of care means you will get your care in the right place and at the right time.

