Executive Summary

**Purpose:** To control expenditures by setting quantity limits on diabetic supplies

**Why Issue Selected:** Government research has indicated that blood glucose test strips have a limited benefit for many patients who do not take insulin to manage their diabetes. Due to the implementation of blood glucose test strip quantity limits by Medicare as well as increasing claims and spend on diabetic test strips, MO HealthNet is introducing limits to the number of blood glucose test strips it will reimburse for patients with diabetes. Even with quantity limits, MO HealthNet ensures access to diabetic supplies for participants who need blood glucose test strips to help manage their diabetes.

**Program-Specific Information:**

| Drug class for review: Blood Glucose Test Strips and Urine Ketone Test Strips |
| Age range: All appropriate MO HealthNet participants |

**Type of Criteria:** ☒ Appropriately Indications  ☒ Fiscal Edit

**Data Sources:** ☒ Databases + Prescriber-Supplied

**Approval Criteria:**

- For urine ketone test strips: max 100 test strips every 75 days
- For blood glucose test strips:
  - Documented history of a continuous glucose monitor (CGM) in the past 120 days: max 100 test strips every 75 days OR
  - No documented history of a continuous glucose monitor (CGM) in the past 120 days:
    - Participants ≤ 18 years of age: max 900 test strips every 75 days
• Participant > 18 years of age:
  • Currently pregnant: max 350 test strips every 75 days
  • Insulin Dependent: max 400 test strips every 75 days
  • Non-Insulin Dependent: max 100 test strips every 75 days

**Denial Criteria**

• Therapy will be denied if no approval criteria are met

**Required Documentation**

<table>
<thead>
<tr>
<th>Laboratory Results:</th>
<th>Progress Notes:</th>
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<tr>
<th>MedWatch Form:</th>
<th>Other:</th>
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**Disposition of Edit**

Denial: Exception code “0234” (Dose Optimization)

Rule Type: PD

**Default Approval Period**

1 year

**References**
