



# SmartPA Criteria Proposal

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|-----------------------------------|--|
| <b>Drug/Drug Class:</b>           | Morphine Milligram Equivalent Accumulation Clinical Edit   |
| <b>First Implementation Date:</b> | May 1, 2018  |
| <b>Revised Date:</b>              | May 21, 2020   |
| <b>Prepared for:</b>              | MO HealthNet   |
| <b>Prepared by:</b>               | MO HealthNet/Conduent  |
| <b>Criteria Status:</b>           | <input checked="" type="checkbox"/> Existing Criteria<br><input type="checkbox"/> Revision of Existing Criteria<br><input type="checkbox"/> New Criteria |

## Executive Summary

**Purpose:** Monitor and ensure appropriate cumulative levels of morphine milligram equivalents in opioid therapy

**Why Issue Selected:** Opioids are substances that act on opioid receptors to produce morphine-like effects. Medically they are primarily used for pain relief, including anesthesia. In 2017, the President declared the opioid crisis a national public health emergency. In 2015, there were more than 33,000 reported opioid-involved overdose deaths. In 2016, the CDC published a set of guidelines for prescribing opioids for chronic pain; further clarification of these guidelines was published in April 2019. The US Department of Health and Human Services also published recommendations for pain management in May 2019. MO HealthNet is using these guidelines as a basis for clinical edits meant to reduce the risk of dependence, misuse, overdose and death.

**Type of Criteria:**  Increased risk of ADE  Preferred Drug List  
 Appropriate Indications  Clinical Edit

**Data Sources:**  Only Administrative Databases  Databases + Prescriber-Supplied

## Setting & Population

- Drug class for review: Opioids
- Age range: All appropriate MO HealthNet participants

## Approval Criteria

- Documented or inferred diagnosis of cancer in the past 6 months **OR**
- Documented diagnosis of sickle cell anemia in the past 6 months **OR**
- Participant currently enrolled in Hospice care or receiving palliative care in the past year **OR**
- Accumulated Morphine Milligram Equivalent (MME)  $\leq$  200 MME for current claim and all claims in the last 30 days **OR**
- Approval based upon clinical consultant review and/or receipt of signed Opioid Attestation Form from prescriber

SmartPA Clinical Proposal Form

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## Denial Criteria

- Therapy will be denied if no approval criteria are met

## Required Documentation

Laboratory Results:   
MedWatch Form:

Progress Notes:   
Other:

## Disposition of Edit

Denial: Exception code "0097" (Opioid Limits Exceeded)  
Rule Type: CE

## Default Approval Period

7 days

## References

- Centers for Disease Control and Prevention. CDC Guideline for Prescribing Opioids for Chronic Pain. <https://www.cdc.gov/drugoverdose/prescribing/guideline.html>. Accessed October 8, 2019.
- Department of Health and Human Services. Pain Management Best Practices Inter-Agency Task Force Report: Updates, Gaps, Inconsistencies, and Recommendations. <https://www.hhs.gov/sites/default/files/pmtf-final-report-2019-05-23.pdf>. Accessed October 8, 2019.