# Executive Summary

**Purpose:** The MO HealthNet Pharmacy Program will implement a state-specific preferred drug list.

**Why Issue Selected:** Multiple sclerosis (MS) is an inflammatory demyelinating disease of the central nervous system that is associated with many chronic symptoms. MS is an immune-mediated disorder of acute, repeated episodes of inflammation causing the destruction of the myelin sheath and axonal loss. This process leads to chronic multifocal sclerotic plaques and eventually, progressive neurological dysfunction. Multiple sclerosis is the most common cause of neurological disability in young adults, affecting 250,000 to 350,000 people in the U.S. The lifetime risk of MS is 1 in 400. MS affects twice as many women as men, as is often observed in autoimmune diseases. Multiple sclerosis agents are used to reduce the frequency of relapses and slow disease progression. Most agents are FDA approved for the treatment of relapsing forms of MS. The American Academy of Neurology does not recommend a specific first-line agent for MS and states participant factors regarding safety, route of administration, cost, and efficacy should be considered when deciding which agent to initiate.

Total program savings for the PDL classes will be regularly reviewed.

<table>
<thead>
<tr>
<th>Program-Specific Information:</th>
<th>Preferred Agents</th>
<th>Non-Preferred Agents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Preferred Agents</td>
<td>Aubagio®**</td>
<td>Bafiertam®</td>
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<tr>
<td></td>
<td>Dimethyl Fumarate</td>
<td>Mavenclad®</td>
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<tr>
<td></td>
<td>Gilenya®**</td>
<td>Mayzent®</td>
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<td></td>
<td></td>
<td>Ponzvory®</td>
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<td></td>
<td></td>
<td>Tecfidera®</td>
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<td></td>
<td></td>
<td>Vumerity®</td>
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<tr>
<td></td>
<td></td>
<td>Zeposis®</td>
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</tbody>
</table>

**Pending trial of one injectable agent or generic Tecfidera**

**Type of Criteria:**
- ☑ Preferred Drug List
- ☑ Appropriate Indications
- ☑ Clinical Edit

**Data Sources:**
- ☑ Databases + Prescriber-Supplied
- ☑ Only Administrative Databases
Setting & Population

- Drug class for review: Multiple Sclerosis Agents, Oral
- Age range: All appropriate MO HealthNet participants

Approval Criteria

- Documented compliance on current therapy regimen OR
- For Aubagio and Gilenya: documented 6 month therapeutic trial on 1 injectable biologic agent or generic Tecfidera OR
- Failure to achieve desired therapeutic outcomes with trial on 2 or more preferred agents by one or more of the following:
  - 1 or more relapses
  - 1 or more new MRI lesions
  - Participant demonstrates increased disability on a clinical rating scale such as the Expanded Disability Status Scale (EDSS) or the Functional Systems Score (FSS)
  - Documented trial period of preferred agents (6 months) OR
  - Documented ADE/ADR to preferred agents AND
- For Mavenclad, Mayzent, and Ponvory:
  - Participant aged ≥ 18 years or older AND
  - Prescribed by or in consultation with a neurologist or other appropriate specialist for the treated disease state AND
  - Documented diagnosis of multiple sclerosis AND
  - For Mavenclad – prior to therapy: CBC with lymphocytes (lymphocytes must be normal prior to first treatment course, and at least 800 cells per microliter before the second treatment course), tuberculosis screening, hepatitis B and C screening, presence of acute infections, vaccination with varicella zoster vaccine in those who are antibody-negative, baseline MRI and LFTs
  - For Mayzent – prior to therapy: CYP2C9 Genotype determination, CBC, ophthalmic evaluation, electrocardiogram, LFTs and test for varicella zoster virus antibodies
  - For Ponvory – prior to therapy: CBC with lymphocytes (within 6 months or after discontinuation of prior therapy), electrocardiogram, presence of acute infections, LFTs (within last 6 months), ophthalmic evaluation, vaccination with varicella zoster vaccine in those who are antibody-negative
- For Zeposia:
  - Participant aged > 18 years or older AND
  - For multiple sclerosis:
    - Documented diagnosis of multiple sclerosis AND
    - Prescribed by or in consultation with a neurologist or other appropriate specialist for the disease state
  - For ulcerative colitis:
    - Adequate therapeutic trial on 3 preferred Ulcerative Colitis, Oral agents AND
    - Adequate therapeutic 6 month trial of tumor necrosis factor (TNF) inhibitor defined as:
      - Combination therapy of 2 TNF inhibitors OR
      - Monotherapy of 1 TNF inhibitor AND
    - Prior to therapy: CBC with lymphocytes (within 6 months or after discontinuation of prior multiple sclerosis or ulcerative colitis therapy), electrocardiogram, presence of acute infections, LFTs (within last 6 months), ophthalmic evaluation, vaccination with varicella zoster vaccine in those who are antibody-negative
- For brand Tecfidera and Vumerity: Clinical consultant review for medical necessity
Denial Criteria

- Lack of adequate trial on required preferred agents
- For Mavenclad: history of malignancy, pregnancy/breastfeeding, HIV and concurrent use of other disease modifying therapies
- For Mayzent, Ponvory, and Zeposia: presence of MI, unstable angina, stroke, TIA, decompensated heart failure (HF) requiring hospitalization, or Class III or IV HF in the past 6 months, or Mobitz type II second-degree, third-degree AV block, or sick sinus syndrome, or sino-atrial block without a functioning pacemaker in the past 2 years
- Therapy will be denied if all approval criteria are not met
- Claim exceeds maximum dosing limitation for the following:

<table>
<thead>
<tr>
<th>Drug Description</th>
<th>Generic Equivalent</th>
<th>Max Dosing Limitation</th>
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</thead>
<tbody>
<tr>
<td>AUBAGIO 7 MG TABLET</td>
<td>TERIFLUNOMIDE</td>
<td>1 tablet per day</td>
</tr>
<tr>
<td>AUBAGIO 14 MG TABLET</td>
<td>TERIFLUNOMIDE</td>
<td>1 tablet per day</td>
</tr>
<tr>
<td>BAFIERTAM DR 95 MG CAPSULE</td>
<td>MONOMETHYL FUMARATE</td>
<td>4 capsules per day</td>
</tr>
<tr>
<td>GILENYA 0.25 MG CAPSULE</td>
<td>FINGOLIMOD</td>
<td>1 capsule per day</td>
</tr>
<tr>
<td>GILENYA 0.5 MG CAPSULE</td>
<td>FINGOLIMOD</td>
<td>1 capsule per day</td>
</tr>
<tr>
<td>MAVENCLAD 10 MG TABLET</td>
<td>CLADRIBINE</td>
<td>4 boxes per year</td>
</tr>
<tr>
<td>MAYZENT 0.25 MG TABLET</td>
<td>SIPONIMOD</td>
<td>5 tablets per day</td>
</tr>
<tr>
<td>MAYZENT 1 MG TABLET</td>
<td>SIPONIMOD</td>
<td>1 tablet per day</td>
</tr>
<tr>
<td>MAYZENT 2 MG TABLET</td>
<td>SIPONIMOD</td>
<td>1 tablet per day</td>
</tr>
<tr>
<td>PONVORY 20 MG TABLET</td>
<td>PONESIMOD</td>
<td>1 tablet per day</td>
</tr>
<tr>
<td>TECFIDERA DR 120 MG CAPSULE</td>
<td>DIMETHYL FUMARATE</td>
<td>2 capsules per day</td>
</tr>
<tr>
<td>TECFIDERA DR 240 MG CAPSULE</td>
<td>DIMETHYL FUMARATE</td>
<td>2 capsules per day</td>
</tr>
<tr>
<td>VUMERTIY DR 231 MG CAPSULE</td>
<td>DIPROXIMEL FUMARATE</td>
<td>4 capsules per day</td>
</tr>
<tr>
<td>ZEOSIA 0.92 MG CAPSULE</td>
<td>OZANIMOD HCL</td>
<td>1 capsule per day</td>
</tr>
</tbody>
</table>

Required Documentation

Laboratory Results: X  Progress Notes:  
MedWatch Form:  Other:  

Disposition of Edit

Denial: Exception Code “0160” (Preferred Drug List)  
Rule Type: PDL

Default Approval Period

1 year

References

1. USPDI, Micromedex; 2021.
2. Facts and Comparisons eAnswers (online); 2021 Clinical Drug Information, LLC.
6. Drug Effectiveness Review Project: Drug Class Review – Disease-Modifying Drugs for Multiple Sclerosis; Oregon Health & Science University, September 2013; updated May 2016.