Clinical Edit Criteria

Drug/Drug Class:  **Nocturnal Polyuria Clinical Edit**

Date:  **August 22, 2019**

Prepared for:  **MO HealthNet**

Prepared by:  **MO HealthNet**

- New Criteria
- Revision of Existing Criteria

### Executive Summary

**Purpose:** Ensure appropriate utilization and control of agents for Nocturnal Polyuria.

Nocturia is the need to wake up to urinate during the night; Nocturnal polyuria (NP) is the leading cause of nocturia, present in up to 88% of nocturia patients. With NP, the kidneys overproduce urine at night causing nighttime awakenings to empty the bladder (at least 2 instances per night). NP occurs when the volume of nighttime urine production by the kidney exceeds > 1/5 of daily urine total in patients less than 65 years old or > 1/3 of daily urine in patients greater than 65 years old. NP is also present in a majority of patients with overactive bladder or benign prostatic hyperplasia (BPH).

**Drugs**

- Noctiva™
- Nocdurna®

**Cost**

(Wholesale Acquisition Cost)

- $424 per month
- $420 per month

**Program-specific information:**

**Type of Criteria:**

- [ ] Increased risk of ADE
- [x] Appropriate Indications
- [x] Preferred Drug List
- [x] Clinical Edit

**Data Sources:**

- [ ] Only administrative databases
- [x] Databases + Prescriber-supplied
Setting & Population

- Drug Class for review: Nocturnal Polyuria Agents
- Age range: All appropriate MO HealthNet participants 18 years of age and older

Approval Criteria

- Participant 18 years of age or older AND
- Documented diagnosis of nocturnal polyuria AND
- For the first claim of a nocturnal polyuria agent: documented therapeutic trial of generic desmopressin tablet (trial defined as 45/60 days)

Denial Criteria

- Therapy will be denied if no approval criteria are met
- Documented diagnosis of polydipsia in the past 12 months
- Documented or inferred diagnosis of heart failure in the past 2 years
- Claim for any loop diuretic in the past 45 days
- Claim for any systemic or inhaled glucocorticoid in the past 45 days

References

1. NOCTIVA™ [package insert]. Chesterfield, MO: Avadel Specialty Pharmaceuticals, LLC; Rev. 12/17
4. IPD Analytics. Urology: Overactive Bladder and Frequent Nightly Urination. © 2019 IPD Analytics, LLC