



SmartPA

Clinical Edit Criteria

Drug/Drug Class: **Nocturnal Polyuria Clinical Edit**

Date: **August 22, 2019**

Prepared for:

Prepared by: **MO HealthNet**

New Criteria

Revision of Existing Criteria

Executive Summary

Purpose: Ensure appropriate utilization and control of agents for Nocturnal Polyuria.

Why was this Issue Selected: Nocturia is the need to wake up to urinate during the night; Nocturnal polyuria (NP) is the leading cause of nocturia, present in up to 88% of nocturia patients. With NP, the kidneys overproduce urine at night causing nighttime awakenings to empty the bladder (at least 2 instances per night). NP occurs when the volume of nighttime urine production by the kidney exceeds > 1/5 of daily urine total in patients less than 65 years old or > 1/3 of daily urine in patients greater than 65 years old. NP is also present in a majority of patients with overactive bladder or benign prostatic hyperplasia (BPH)

	Drugs	Cost <small>(Wholesale Acquisition Cost)</small>
Program-specific information:	• Noctiva™	<i>\$424 per month</i>
	• Nocdurna®	<i>\$420 per month</i>

Type of Criteria:

<input type="checkbox"/> Increased risk of ADE	<input type="checkbox"/> Preferred Drug List
<input checked="" type="checkbox"/> Appropriate Indications	<input checked="" type="checkbox"/> Clinical Edit

Data Sources:

<input type="checkbox"/> Only administrative databases	<input checked="" type="checkbox"/> Databases + Prescriber-supplied
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Setting & Population

- Drug Class for review: Nocturnal Polyuria Agents
- Age range: All appropriate MO HealthNet participants 18 years of age and older

Approval Criteria

- Participant 18 years of age or older **AND**
- Documented diagnosis of nocturnal polyuria **AND**
- For the first claim of a nocturnal polyuria agent: documented therapeutic trial of generic desmopressin tablet (trial defined as 45/60 days)

Denial Criteria

- Therapy will be denied if no approval criteria are met
- Documented diagnosis of polydipsia in the past 12 months
- Documented or inferred diagnosis of heart failure in the past 2 years
- Claim for any loop diuretic in the past 45 days
- Claim for any systemic or inhaled glucocorticoid in the past 45 days

References

1. NOCTIVA™ [package insert]. Chesterfield, MO: Avadel Specialty Pharmaceuticals, LLC; Rev. 12/17
2. NOCDURNA® [package insert]. Parsippany, NJ: Ferring Pharmaceuticals Inc.; Revised: 6/2018
3. Ferring Pharmaceuticals Inc. Nocturnal Polyuria – Treat Nocturia due to Nocturnal Polyuria in Adults. <https://nocturnalpholyuria.com/>. Accessed 3/5/2019.
4. IPD Analytics. Urology: Overactive Bladder and Frequent Nightly Urination. © 2019 IPD Analytics, LLC