



# SmartPA Criteria Proposal

<b>Drug/Drug Class:</b>	Anticholinergics, Short Acting and Combinations Inhaled PDL Edit
<b>First Implementation Date:</b>	October 26, 2018
<b>Revised Date:</b>	July 6, 2023
<b>Prepared For:</b>	MO HealthNet
<b>Prepared By:</b>	MO HealthNet/Conduent
<b>Criteria Status:</b>	<input checked="" type="checkbox"/> Existing Criteria <input type="checkbox"/> Revision of Existing Criteria <input type="checkbox"/> New Criteria

## Executive Summary

**Purpose:** The MO HealthNet Pharmacy Program will implement a state-specific preferred drug list.

**Why Issue Selected:** Asthma is a chronic inflammatory disorder of the airways characterized by reversible episodes of chest tightness, shortness of breath, cough, or wheezing. Severity is determined by multiple factors including frequency of symptoms, FEV<sub>1</sub> and FEV<sub>1</sub>/FVC measurements, and frequency of exacerbations. Approximately 25 million individuals are impacted by asthma, including 6 million children under the age of 18. The condition, although often manageable with lifestyle changes, pharmacologic therapies, and trigger avoidance, continues to be a significant health and economic burden.

Chronic obstructive pulmonary disease (COPD) is a common, preventable, and treatable disease that is characterized by persistent respiratory symptoms and airflow limitation that is due to airway and/or alveolar abnormalities. It continues to be a leading cause of morbidity and mortality worldwide. Pharmacological therapy is used to reduce COPD symptoms and reduce the frequency and severity of exacerbations. Treatment regimens are individualized based on symptom severity, exacerbation risk, comorbidities, and patient ability to effectively manage and utilize the various drug delivery devices.

Many of the currently available pharmacologic therapies utilized for the treatment and management of asthma and COPD overlap in their FDA-approved indications. Choice of therapy is guided by disease severity, prior therapies utilized, product cost, patient ability to properly use the various delivery devices, potential side effects, concomitant disease states, and ability to maintain adherence to the therapy regimen.

Total program savings for the PDL classes will be regularly reviewed.

Program-Specific Information:	Preferred Agents	Non-Preferred Agents
	<ul style="list-style-type: none"> <li>Atrovent HFA®</li> <li>Combivent Respimat®</li> <li>Ipratropium Soln</li> <li>Ipratropium-Albuterol</li> </ul>	<ul style="list-style-type: none"> <li>N/A</li> </ul>

Type of Criteria:  Increased risk of ADE  
 Appropriate Indications

Preferred Drug List  
 Clinical Edit

Data Sources:  Only Administrative Databases

Databases + Prescriber-Supplied

## Setting & Population

- Drug class for review: COPD Anticholinergic Agents
- Age range: All appropriate MO HealthNet participants

## Approval Criteria

- Claim is for a preferred product

## Denial Criteria

- Therapy will be denied if all approval criteria are not met
- Claim exceeds maximum dosing limitation for the following:

Drug Description	Generic Equivalent	Max Dosing Limitation
COMBIVENT RESPIMAT	IPRATROPIUM/ALBUTEROL	1 inhaler every 20 days

## Required Documentation

Laboratory Results:   
MedWatch Form:

Progress Notes:   
Other:

## Disposition of Edit

Denial: Exception Code "0160" (Preferred Drug List)  
Rule Type: PDL

## Default Approval Period

1 year

## References

- Evidence-Based Medicine and Fiscal Analysis: "Therapeutic Class Review: RESPIRATORY: Anticholinergics, Short Acting, & Combinations Inhaled", Gainwell Technologies; Last updated February 13, 2023.
- Evidence-Based Medicine Analysis: "Anticholinergics, Short Acting, & Combination Agents", UMKC-DIC; Last updated October 2022.
- Global Initiative for Chronic Obstructive Lung Disease: Global strategy for the diagnosis, management, and prevention of chronic obstructive pulmonary disease (GOLD 2021 report). <https://goldcopd.org/wp-content/uploads/2019/11/GOLD-2020-REPORT-ver1.0wms.pdf>.
- USPDI, Micromedex; 2023.
- Update on Selected Topics in Asthma Management: A Report from the NAEPPCC Expert Panel Working Group (2020 Focused Update to the Asthma Management Guidelines). <file:///C:/Users/mfast/Downloads/AsthmaManagementGuidelinesReport-2-4-21.pdf>.
- Facts and Comparisons eAnswers (online); 2023 Clinical Drug Information, LLC.

SmartPA PDL Proposal Form

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