VANDERBILT ADHD DIAGNOSTIC PARENT RATING SCALE

Child’s Name: ____________________________ Today’s Date: __________________________
Date of Birth: ____________________________ Age: __________________________
Grade: __________________________________

Each rating should be considered in the context of what is appropriate for the age of your child.

Frequency Code: 0 = Never 1 = Occasionally 2 = Often 3 = Very Often

1. Does not pay attention to details or makes careless mistakes, for example homework 0    1    2    3
2. Has difficulty sustaining attention to tasks or activities 0    1    2    3
3. Does not seem to listen when spoken to directly 0    1    2    3
4. Does not follow through on instructions and fails to finish schoolwork (not due to oppositional behavior or failure to understand) 0    1    2    3
5. Has difficulty organizing tasks and activities 0    1    2    3
6. Avoids, dislikes, or is reluctant to engage in tasks that require sustained mental effort 0    1    2    3
7. Loses things necessary for tasks or activities (school assignments, pencils or books) 0    1    2    3
8. Is easily distracted by extraneous stimuli 0    1    2    3
9. Is forgetful in daily activities 0    1    2    3
10. Fidgets with hands or feet or squirms in seat 0    1    2    3
11. Leaves seat when remaining seated is expected 0    1    2    3
12. Runs about or climbs excessively in situations when remaining seated is expected 0    1    2    3
13. Has difficulty playing or engaging in leisure/play activities quietly 0    1    2    3
14. Is “on the go” or often acts as if “drive by a motor” 0    1    2    3
15. Talks too much 0    1    2    3
16. Blurts out answers before questions have been completed 0    1    2    3
17. Has difficulty waiting his/her turn 0    1    2    3
18. Interrupts or intrudes on others (e.g., butts into conversations or games) 0    1    2    3
19. Argues with adults 0    1    2    3
20. Loses temper 0    1    2    3
21. Actively defies or refuses to comply with adults’ requests or rules 0    1    2    3
22. Deliberately annoys people 0    1    2    3
23. Blames others for his or her mistakes or misbehaviors 0    1    2    3
24. Is touchy or easily annoyed by others 0    1    2    3
25. Is angry or resentful   0  1  2  3
26. Is spiteful and vindictive   0  1  2  3
27. Bullies, threatens, or intimidates others  0  1  2  3
28. Initiates physical fights   0  1  2  3
29. Lies to obtain goods for favors or to avoid obligations (i.e., “cons” others)  0  1  2  3
30. Is truant from school (skips school) without permission   0  1  2  3
31. Is physically cruel to people   0  1  2  3
32. Has stolen items of nontrivial value   0  1  2  3
33. Deliberately destroys others’ property   0  1  2  3
34. Has used a weapon that can cause serious harm (bat, knife, brick, gun)  0  1  2  3
35. Is physically cruel to animals   0  1  2  3
36. Has deliberately set fires to cause damage   0  1  2  3
37. Has broken into someone else’s home, business, or car   0  1  2  3
38. Has stayed out at night without permission   0  1  2  3
39. Has run away from home overnight   0  1  2  3
40. Has forced someone into sexual activity   0  1  2  3
41. Is fearful, anxious, or worried   0  1  2  3
42. Is afraid to try new things for fear of making mistakes   0  1  2  3
43. Feels worthless or inferior   0  1  2  3
44. Blames self for problems, feels guilty   0  1  2  3
45. Feels lonely, unwanted, or unloved: complains that “no one loves him/her”  0  1  2  3
46. Is sad, unhappy, or depressed   0  1  2  3
47. Is self-conscious or easily embarrassed   0  1  2  3
**PERFORMANCE**

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<thead>
<tr>
<th></th>
<th>Problematic</th>
<th>Average</th>
<th>Above Average</th>
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<tbody>
<tr>
<td>1. Overall Academic Performance</td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
</tr>
<tr>
<td>a. Reading</td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
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<tr>
<td>b. Mathematics</td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
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<td>c. Written Expression</td>
<td>1 2 3 4 5</td>
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<tr>
<td>2. Overall Classroom Behavior</td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
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<tr>
<td>a. Relationship with peers</td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
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<tr>
<td>b. Following Directions/Rules</td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
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<tr>
<td>c. Disrupting Class</td>
<td>1 2 3 4 5</td>
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<tr>
<td>d. Assignment Completion</td>
<td>1 2 3 4 5</td>
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<td>e. Organizational Skills</td>
<td>1 2 3 4 5</td>
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**Scoring Instructions for the ADTRS**

*Predominately inattentive subtype* requires 6 or 9 behaviors, (scores of 2 or 3 are positive) on items 1 through 9, and a performance problem (scores of 1 or 2) in any of the items on the performance section.

*Predominately hyperactive/Impulsive subtype* requires 6 or 9 behaviors (scores of 2 or 3 are positive) on items 10 through 18 and a problem (scores of 1 or 2) in any of the items on the performance section.

*The Combined Subtype* requires the above criteria on both inattention and hyperactivity/impulsivity.

*Oppositional-defiant disorder* is screened by 4 of 8 behaviors, (scores of 2 or 3 are positive) (19 through 26).

*Conduct disorder* is screened by 3 of 15 behaviors, (scores of 2 or 3 are positive) (27 through 40).

*Anxiety or depression* are screened by behaviors 41 through 47, scores of 3 of 7 are required, (scores of 2 or 3 are positive).