

**MO HEALTHNET OVERSIGHT COMMITTEE MEETING
FEBRUARY 5, 2008**

**205 JEFFERSON STREET
JEFFERSON CITY, MO 65101**

Members in Attendance

Stephen Bradford
Gwendolyn Crimm, Co-Chair (by conf call)
Fredrick DeFeo, MD
Shawn Griffin, MD
Steven Lipstein, Co-Chair
Debra McCaul, MD
Heidi Miller, MD
Laura Neal
Joseph Pierle
William Thousand, DDS
The Honorable Joan Bray
The Honorable Rob Schaaf
The Honorable Charlie Shields
The Honorable Mike Talboy
Mary Werhle, DHSS (alternate)
Joe Parks, MD, DMH
Deborah E. Scott, DSS

MHD Staff in Attendance

Ian McCaslin, MD, MPH
George L. Oestreich, PharmD
Judith Muck
Amy Woods
Karen Lewis
Beth McQuaide
Donna Siebeneck
Mike Wilson, DO

DSS Staff In Attendance

Brian Kinkade
Janel Luck

Also in Attendance

Jim Burns, CMS
Jim Moody, Moody & Assoc.
Mike Princello, Intern
Pam Victor, HCUSA
Leann Chilton, BJC
Bonnie Bowles, MAOPS
Dan Kowalski, Legislative Budget Office
Carole Schwartz, MO Coalition for CMHC
David Rogers, APS Healthcare
Missy Waldraten, Legal Services of Eastern MO
Dara Antrum, MO Foundation for Health
Moiria Cahan, MO Foundation for Health
Marcia Albridge, Schaller Anderson/MO Care
Karen Enlow, Office of Administration

Craig Henning, DRA
Lana Baker, Lobbyist
Earl Madden, AGO
Jim Crane, MD, Wash. University
Kirsten Dunham
Virginia Young, Post Dispatch
Jill Kliethermes, MO Nurse's Assoc.
Dan Cartee, AIS
Dave Croft, BMS
Ann Mattingly, BMS
Carol Curtis, Astra Zeneca
Anne Clouse, Penman & Winton
Emmy McClelland, SLCH

Welcome/Introductions/Minutes

Ian McCaslin, M.D., Director-MO HealthNet Division called the meeting to order at approximately 12:00 p.m. due to travel delay for Co-Chair Steven Lipstein and the illness of Co-Chair Gwendolyn Crimm. Dr. McCaslin welcomed the Committee and reviewed

housekeeping items. Committee members and MO HealthNet Division (MHD) staff were asked to introduce themselves. David Rogers, Interim Director of the APS Healthcare Chronic Care Improvement Program (CCIP), was also introduced.

Mr. Lipstein joined the meeting and directed the members to the tentative agenda in the meeting packet. He explained the intent to use a similar format at all meetings, providing updates in three specific areas: participants, service delivery, and provider interfaces. The Division will also provide information on key reports the Committee is to receive, as well as reports the Committee is responsible for developing. Mr. Lipstein requested that members provide feedback on this agenda format and provide suggestions for topics of interest.

Draft minutes for the December 4, 2007 meeting were provided in the members' meeting packets. These had been e-mailed to each member prior to the meeting for review. Discussion ensued surrounding the 4th page of the draft minutes and the Division's plan to submit a Request for Proposal (RFP) to establish an Administrative Services Organization (ASO) in the Northwest and Southwest regions of the state. Representative Rob Schaaf indicated he wished to revisit this discussion, indicating his concern that a consensus approval did not constitute a vote of approval. Representative Schaaf stated that in his opinion the main duty of the Committee is to approve Health Improvement Plans, and that it would be critical to review the specifics of any relevant RFP in order to fulfill this duty. Dr. McCaslin assured the group that the RFP was still early in development and that the comments, advice, and expertise from the Committee and from the public are an important part of the process. He expressed concerns that attempting to develop and refine a specific RFP in Committee would prove cumbersome and problematic. When asked by Co-Chair Lipstein for a show of hands, two members indicated they wished to see the RFP prior to release.

Discussion ensued surrounding the integrity of the RFP process should the Committee view the proposal prior to release. Deborah E. Scott, Director Department of Social Services (DSS) offered that sharing an advance copy of an RFP was not possible under Office of Administration rules; however, MHD should share concepts planned for the proposal and request the guidance of the group. Each member was asked to share his/her individual thoughts on this approach. Comments included: the desire to compliment the expertise of the Division with that of the Committee, the desire not to slow down the process by micro-managing, concern surrounding confidentiality including the possibility of lawsuits should potential bidders serving on the Committee be given an advance RFP copy, the Committee's role with respect to the legislative and executive branches of state government, and the hope that Committee's time be used wisely avoiding a "tug-of-war" at each meeting. In the interest of time, Members were asked to provide areas they hoped to see addressed in the RFP to the Co-Chairs to be shared with MHD. Following these discussions the motion to approve the minutes as submitted was made (Bradford) and seconded (Neal). The minutes were approved by consensus vote.

MO HealthNet –Progress/Status Report Participant Eligibility-Enrollment-Who is Covered?

Janel Luck, Director Family Support Division (FSD), provided a brief overview of FSD, the largest Division within DSS. FSD has offices in every county and within the City of St. Louis. Ms. Luck provided and reviewed handouts showing the complexities of MO HealthNet

eligibility. Ms. Luck stressed that in order to qualify a person must meet the criteria for a broad eligibility category. These eligibility categories as well as the income guidelines within them were summarized. Ms. Luck stated that approximately 830,000 participants are enrolled in the program with over half (58%) being children, 17.5% permanently and totally disabled, followed by custodial parents as the third largest category covered. Questions regarding disability determinations were addressed. Members were also provided, for reference, a card outlining income levels to 2008 federal poverty guidelines. Mr. Lipstein asked if information might be provided indicating the number of persons in the state eligible vs. those enrolled in MO HealthNet, with updates at each quarterly meeting. Ms. Luck addressed the challenge of obtaining reliable data to make this comparison.

A request to review an enrollment trend at each meeting was made. Ms. Luck summarized division outreach efforts to improve the application process including electronic MO HealthNet applications, acceptance of electronic signatures, and partnering with community resources to supply Internet access. Traditional processes will remain in place at the County Offices that connect the Division with the community. Concerns were raised regarding difficulty experienced when attempting to contact local caseworkers. Ms. Luck agreed to investigate the mechanisms used at the county level for receiving feedback from providers in regard to specific participant concerns or in order to report suspected fraud.

What is Covered?

Judith Muck, Deputy Division Director, presented a PowerPoint presentation outlining MO HealthNet covered services. Ms. Muck defined mandatory and optional services within the Title XIX program. A copy of this information will be forwarded to the Committee. She summarized covered services listed in the MHD member handbook; additionally she reviewed the services limited by age and eligibility category, and provided examples of services not covered. Ms. Muck addressed questions regarding dental coverage for adult diabetics. Ms. Muck will provide details regarding exceptions and the approval process to the members. Questions regarding smoking cessation coverage were taken as well as a request to consider coverage of weight control measures. Additional slides detailed expenditures by eligibility and service groups, and disease prevalence in MHD fee-for-service and MHD managed care vs. the private sector. George L. Oestreich, Deputy Division Director, clarified questions regarding the disease prevalence comparisons including the populations served by fee-for-service and managed care. Dr. McCaslin commented that an important component of the Health Improvement Plans will be to provide region-specific measures of disease prevalence and health status indicators.

Service Delivery

Health Care Home/ASO Rollout

Dr. McCaslin summarized meeting handouts regarding the Health Care Home, including: definition, provider types and entities currently serving as a health care home for MO HealthNet participants, components of a Health Care Home, and the average monthly enrollment into a health care home as of October 2007. Dr. McCaslin compared a Medical Home Model to the Health Care Home. He stated the Health Care Home is designed to serve the participants based on individual needs. In principle the provider that most frequently sees the participant would have the best opportunity to coordinate the client's care. The expanded use of technology will provide the resources to provide the best possible care, make available a participant's health history to others providing services, and

keep information updated for this transient population. The system would be flexible; allowing the Health Care Home to change as the patient's individual needs change. Technological advances will also offer participants access to their own medical record, giving them ownership of their health care.

Members were asked for input and approval of the general direction of the Health Care Home rollout. Members provided feedback. Comments included the desire that a healthcare home be inclusive rather than exclusive, and that the enrollment process is not biased in assignment of participants to a health care home. Questions regarding the promulgation of rules were addressed. The cost to a provider to serve as a health care home was of concern, as well as the services available from some types of providers identified as currently serving as current health care homes. Dr. McCaslin thanked the Committee for their input and clarified that the Health Care Home implementation is a work in progress and reminded the Committee that any MO HealthNet provider can become a CyberAccessSM user as long as Internet access is available to them. Dr. Oestreich commented that the information provided by the Members was helpful as MHD develops the rollout. He noted that the components listed in the handout are the ideal components as suggested by NCOA and would not be all-inclusive in determining status. He suggested that the overview into the RFP process will provide clarity and MHD will incorporate the comments from the Committee into future reports.

Dr. Oestreich reviewed a meeting handout detailing the MO HealthNet Health Care Home expansion, stating MHD will be comprised of three types of health improvement plans when fully implemented as directed by Senate Bill 577. A graph of the proposed locations for each model was provided. The proposed expansion process was reviewed. Dr. Oestreich responded to questions on the current CCIP program, including the cost per member per month.

Best Practices/Specialty Care in Low Income Populations

Jim P. Crane, M.D from Washington University presented a PowerPoint presentation entitled "Access to Specialty Care in Low Income Populations". Dr. Crane provided statistics for the St. Louis City and County areas including percentages of low income, major safety net providers and encounter data from 2006. Dr. Crane discussed the St. Louis Integrated Healthcare Network (IHN), created in 2004 to improve quality, access and affordability of healthcare for low income populations. Slides presented outlined the accomplishments of IHN as well as the ongoing challenges to enhancing access to specialty care. The shortage of specialist providers in rural Missouri was considered and removal of barriers to specialty care was examined.

Following Dr. Crane's presentation Dr. McCaslin and Dr. Oestreich addressed questions from the Committee regarding provider reimbursement, differences a participant can expect from the proposed ASO coverage, and the difference between coordinated fee-for-service and CCIP coverage.

Provider Interfaces

Due to time constraints this agenda item was deferred. Slides discussing the provider enrollment process were provided as meeting handouts.

Oversight Committee Responsibilities

Amy Woods, Deputy Director Pharmacy and Clinical Services, reviewed a meeting handout detailing reports that the Committee will review as well as those SB 577 requires the Committee make to the General Assembly and/or the Governor. Ms. Woods stated the reports were not listed in priority order, and SB 577 sections were noted on the handout. Some reports rely on DSS staff data-gathering, many related to participant and provider satisfaction. Ms. Woods noted that a report to the Governor and General Assembly on recommendations related to the expenditure of funds from the Healthcare Technology Fund was due January 1, 2008. The members requested a letter be drafted for the signature of the Committee Co-chairs requesting an extension of this deadline. The Division is proposing contracting with a vendor with expertise in this area for assistance with the development of the Healthcare Technology Fund report, and will provide additional information at the next meeting for Committee consideration. Discussion of whether an Office of Inspector General should be established ensued. It was also suggested that the National Conference of State Legislatures (NCSL) might be able to provide the required survey of other states that have created a similar office. Ms. Woods requested Committee input on how their time should be used to present these reports. It was agreed that the group would like to see the reports in advance of the meetings allowing agenda time for observations, recommendations and conclusions to be included in the reports to the Governor and General Assembly. Representative Schaaf asked if a member of the Oversight Committee had been appointed to the Comprehensive Sub-Committee for Long Term Care. This representative is to be recommended by the Oversight Committee Chair. Mr. Lipstein and Ms. Crimm will follow up on this obligation.

Legislative Budget Office Report

Dan Kowalski, Director of the Legislative Budget Office, provided a PowerPoint presentation entitled "MO HealthNet Expenditure Projections, Fiscal Years 2009-2013". A copy of the entire report had been provided to the Committee Members prior to the meeting for review. Mr. Kowalski provided background for the report including material used to prepare the estimates. Enrollment and expenditure projections were summarized. Financial need and projected annual increases in MO HealthNet and General Revenue fund trends were presented. Mr. Kowalski concluded his presentation by discussing risks to revenue growth. Members questioned if the report had incorporated changes in utilization expected with changes and improvements to the program and expressed concern this report might lead to reduced services. Mr. Kowalski indicated there was not much data available to indicate that better healthcare outcomes equaled less expenditure.

Open Public Comment

No requests for comment time had been received from the public. The Division is working on an Oversight Committee page on the MHD Web site (<http://dss.mo.gov/mhd>) where meeting information and materials will be available.

Adjourn

The meeting packet included a copy of the Acronym list requested by the Committee at the December meeting. Copies of all meeting materials and PowerPoint slides are available upon request. The next meeting of the Committee will be April 29, 2008. The meeting adjourned at 4:00 p.m.