

# Healthcare Services for Pregnant Women



You may qualify for free services to help you get the healthcare you need.

## What help is available?

If you are pregnant and have MO HealthNet (Missouri Medicaid), you may qualify for additional services at **no cost** to you, including:

- Medical services (including preventative care)
- Prenatal care (including ultrasounds, delivery)
- Postnatal care (including breastfeeding)
- Transportation to medical appointments
- Behavioral health services
- Family planning
- STD testing and treatment
- Pharmacy benefit (prescription medicine)
- Care management
- Dental services
- Vision services
- Hearing aids and testing
- Diabetes treatment & self-management
- Podiatry (foot care) services
- Physical therapy

## How do I find a provider?

You must find a provider that accepts MO HealthNet. If your coverage is through:

- **MO HealthNet Managed Care:** Contact your health plan at [mydss.mo.gov/contact-health-plan](https://mydss.mo.gov/contact-health-plan)
- **MO HealthNet only:** Visit [tinyurl.com/MHNproviders](https://tinyurl.com/MHNproviders) to search for a provider online



## How do I apply?

You must have MO HealthNet to qualify for help. If you do not already have MO HealthNet, you will need to apply. You can apply:

- **ONLINE:** Visit [mydss.mo.gov/healthcare/apply](https://mydss.mo.gov/healthcare/apply)
- **IN PERSON:** Apply at your local Family Support Division Resource Center
- **BY PHONE:** Call **855-373-9994**



## Discrimination & Civil Rights

HHS provides federal financial assistance for many programs to enhance health and well-being, including TANF, Head Start, the Low Income Home Energy Assistance Program (LIHEAP), and others. If you believe that you have been discriminated against because of your race, color, national origin, disability, age, sex (including pregnancy, sexual orientation, and gender identity), or religion in programs or activities that HHS directly operates or to which HHS provides federal financial assistance, you may file a complaint with the Office for Civil Rights (OCR) for yourself or for someone else.

To file a complaint of discrimination for yourself or someone else regarding a program receiving federal financial assistance through HHS, complete the form on line through OCR's Complaint Portal at <https://ocrportal.hhs.gov/ocr/>. You may also contact OCR via mail at: Centralized Case Management Operations, U.S. Department of Health and Human Services, 200 Independence Avenue, S.W., Room 509F HHH Bldg., Washington, D.C. 20201; fax: (202) 619-3818; or email: [OCRmail@hhs.gov](mailto:OCRmail@hhs.gov). For faster processing, we encourage you to use the OCR online portal to file complaints rather than filing via mail. Persons who need assistance with filing a civil rights complaint can email OCR at [OCRMail@hhs.gov](mailto:OCRMail@hhs.gov) or call OCR toll-free at **1-800-368-1019**, TDD 1-800-537-7697. For persons who are deaf, hard of hearing, or have speech difficulties, please dial 7-1-1 to access telecommunications relay services. We also provide alternative formats (such as Braille and large print), auxiliary aids and language assistance services free of charge for filing a complaint.

The Missouri Department of Social Services is an equal opportunity provider.