

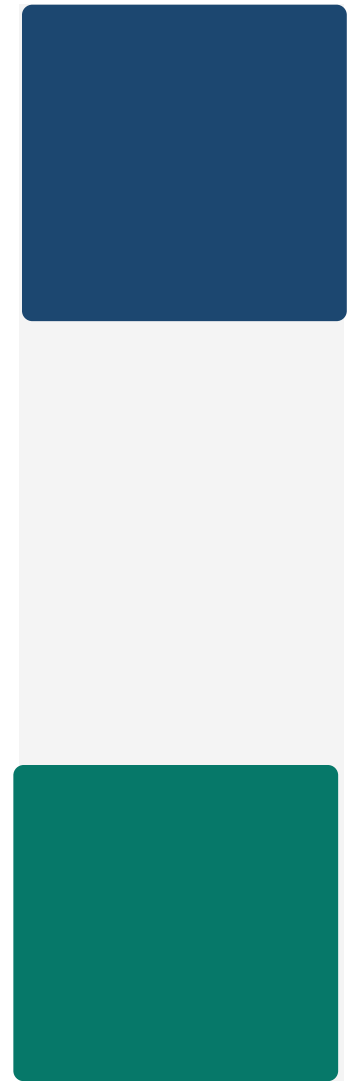


Show-Me Healthy Kids

Overview of
Division of Youth
Services and the
Show-Me Health
Kids Specialty
Plan

July 1, 2022 Implementation

Agenda



Division of Youth Services (DYS)

DYS – Service Delivery Systems

Division of Youth Services (DYS)

About DYS

The Division of Youth Services (DYS) enables youth to transform their lives and become productive, law-abiding citizens through counseling, treatment, education, and positive youth development. Youth are committed to DYS custody through the Missouri courts. DYS youth have Missouri Medicaid coverage beginning on the date of commitment through their date of discharge.

Division of Youth Services

The Show-Me Healthy Kids (SMHK) Specialty Plan will apply to children in the care and custody of the State through the Division of Youth Services (DYS).



Division of Youth Services

Juvenile Court

Youth are committed to DYS by a judge through the Juvenile Justice Court System. Youth who are not committed to DYS will remain in the Juvenile Court System, and will not be placed into the SMHK and will remain Fee-for-Service. Once the youth is committed to DYS, their ME code is updated, and the youth will be enrolled into the SMHK.

ME codes Juvenile Justice Court System and DYS Committed Youth:

Category of Aid 4	Medical Eligibility Code Descriptions
Children Involved with Juvenile Court	Children placed in foster homes by Juvenile Court (30), Juvenile Court Group Home-HIE (64), Juvenile Court-HIF (69), Children in Juvenile Court Poverty (70)
Division of Youth Services	Division of Youth Services - Foster Care (29), Division of Youth Services -Poverty (50), Division of Youth Services General Revenue (52)


Division of Youth Services

DYS Classification Process

Youth are committed to
DYS custody through
the Missouri Juvenile
Justice Court system

DYS receives MHD
Medicaid coverage on
date of commitment
until date of discharge

The Comprehensive
Individual Treatment Plan
(CITP) is created. The CITP
outlines goals, resources,
and “main players” in
youth’s treatment

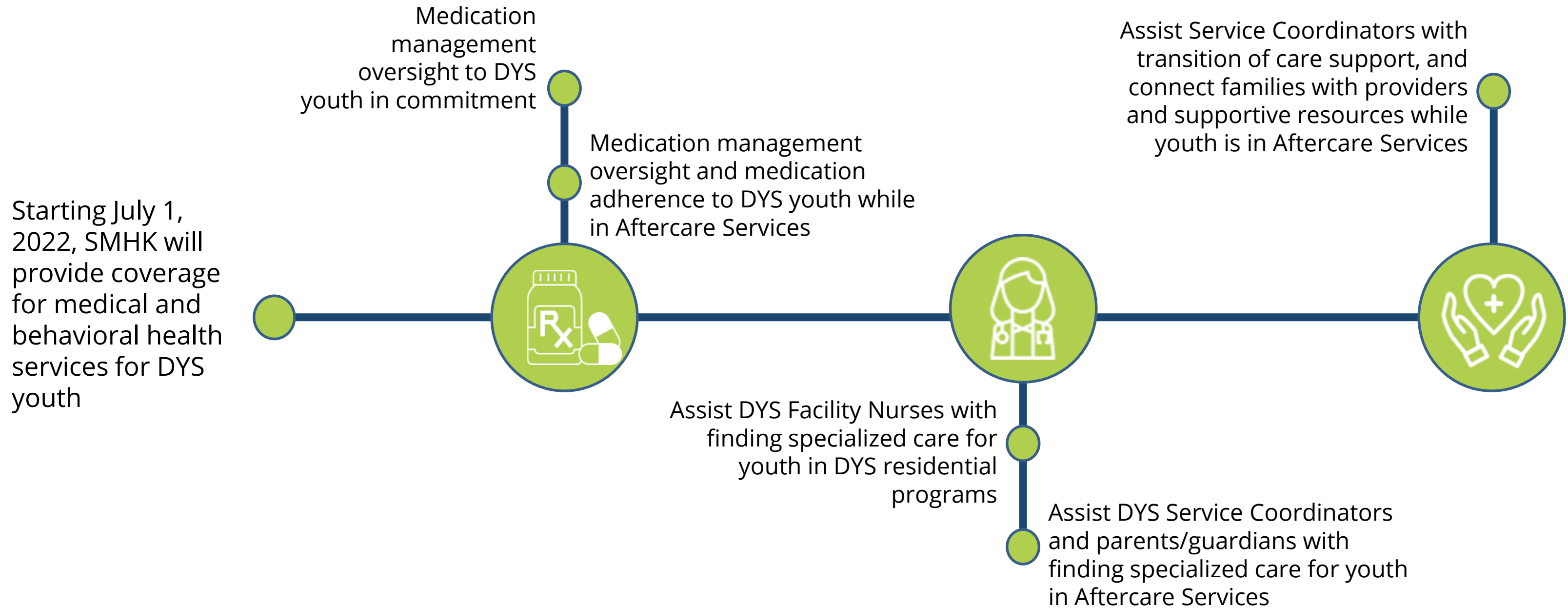


Committed youth are
assigned a Service
Coordinator or case
manager who will
serve as their advocate

A risk/needs
assessment is
completed to determine
placement. Placement
options include:
residential care, day
treatment, contractual
care with agencies, and
community care

Division of Youth Services

Show-Me Healthy Kids Implications



Division of Youth Services

DYS Service Regions

DYS is divided into 5 Regions

Southwest Region

4 Moderate Care, 1 Group Home, 2 Day Treatment

Northwest Region

2 Secure Care, 2 Moderate Care, 1 Group Home, 1 Day Treatment

Northeast Region

2 Moderate Care

Southeast Region

3 Moderate Care, 1 Day Treatment

St. Louis Region

2 Secure Care, 4 Moderate, 2 Day Treatment



Division of Youth Services

DYS Coordination of Care

Each DYS region has access to a Clinical Coordinator who oversees behavioral health services and DYS Facility Nurses who oversee the youth's medical services.

- The Clinical Coordinator will be the initial point of contact for SMHK.
- Authorize Representative information will be located in the SMHK's 834 file.

DYS has a Medicaid Liaison who is located in their Central Office.

- The Medicaid Liaison will serve as an additional point of contact for the SMHK.
- DYS Medicaid Liaison Contact Information: (573) 751-3324

Division of Youth Services

DYS Coordination with Show-Me Healthy Kids

Youth Participating in DYS Aftercare

Prior to youth being released from a DYS residential program and placed on Aftercare, the Service Coordinators begin the initial care coordination process by helping youth re-integrate into the home and community settings.

- Promote family resiliency and autonomy
- Coordinate transitions from DYS facilities to home or community environments
- Coordinate medical and behavioral health services for youth upon release
- Educate family about SMHK's benefits and resources

Division of Youth Services

Show-Me Health Kids Coordination with DYS

SMHK Care Management Principles

- Integrated Care
- Trauma Informed
- Member/Family – Centered

SMHK Care Management Program and DYS

Support DYS Youth in Residential and Aftercare

- Assistance with finding medical and behavioral health providers
- Offer disease management, hospital care transition, and transitions of care services
- Support whole person care coordination at an individual level and system level

Care Management

SMHK will closely coordinate with DYS and other entities who provide COA 4 members with case management activities to ensure that the SMHK's Care Management program supports, but not duplicate activities performed by state agencies or other entities working with members, families, or resource providers.

DYS Services

Show-Me Healthy Kids Coordination with DHS

SMHK is required to perform the following:

- Train SMHK care management staff on DHS specific resources.
- Train SMHK care management staff on DHS residential programs, levels of care, and services.
- Collaborate with DHS to define and implement SMHK care management roles and responsibilities.
- Support and not duplicate or conflict with DHS's age/eligibility transitions.
- Include representatives from DHS on the SMHK Member, Family, and Stakeholder Advisory Council.

DYS – Service Delivery Systems

DYS Services

Trauma Informed Approach -- DYS uses a comprehensive and trauma-informed process focused on emotional healing, self-awareness, cognitive-behavioral approaches, youth development, and family systems.

Individualized Treatment -- DYS creates individualized treatment plans with significant youth and family involvement to guide the treatment process. Treatment plans address the following* :



Individual Counseling
Family Counseling
Residential Services
Community-Based Services

Medication
Management

Educational Services
Vocational Services

Community
Engagement

DYS Services

The Department of Psychiatry, School of Medicine, University of Missouri (MU)

DYS has a strong partnership with the MU's Department of Psychiatry, School of Medicine, who specializes in serving the DYS population

In recognition of this partnership, the SMHK is required to perform the following:

- Contract with MU Department of Psychiatry
- Participate and promote programs that provide consultative services available through MU Department of Psychiatry
- Train SMHK care management staff about resources available through MU Department of Psychiatry

DYS Services

Psychiatric Services

- 4 DYS regions have an agreement with MU's Department of Psychiatry, School of Medicine to provide psychiatric services to youth through Telehealth.

The goals of psychiatric telehealth services include:

Minimize Risk

Provide Quality Assurance

Establish Continuity of Care

Provide Ease of Accessibility

- The Southeast DYS region has an agreement with a local Psychiatrist, Dr. Mirza, for psychiatric services.

DYS Services

Residential Programs

- DYS offers treatment services through different types of residential care facilities across the state.

Community-Based Residential
Group Homes

Moderate Care Facilities

Secure Care Facilities

- The type of facility a youth is placed in depends on their individual needs.
- Facilities tend to have multiple groups at each site and consist of 10-12 youth per group.

DYS Services

Residential Programs*

Community-Based Residential Group Homes

Group homes are the least restrictive residential care facilities.

Available Services:

Educational Services
Group Therapy
Family Therapy
Individual Therapy
Community Engagement

Moderate Care Facilities

This program provides more structure and supervision in comparison to the group home approach.

Available Services:

Educational Services
Group Therapy
Family Therapy
Individual Therapy

Secure Care Facilities

Secure Care Facilities are DYS's most structured environment.

Available Services:

Educational Services
Vocational Programs
Group Therapy
Family Therapy
Individual Therapy

*DYS rehabilitative health treatment services for residential youth shall be reimbursed by the state agency on a fee-for-service basis.

DYS Services

Community-Based Services

Day Treatment Services

Day Treatment/Resource Centers may serve court referred at-risk youth or may be utilized to ensure successful transition of DYS youth from residential care.

Available Services:

Educational Services
Group Therapy
Family Therapy
Individual Therapy

Aftercare Services

Aftercare Services assist youth exiting a residential program. Youth continue to receive the services and support they need to be successful as they transition to life back at home and in the community.

Available Services:

Educational Services
Group Therapy
Family Therapy
Individual Therapy
Work Experience Programs

DYS Services

Educational Services

- Educational services are approved by the Department of Elementary and Secondary Education (DESE), and focuses on the academic, emotional, physical, and social needs of each student.
- The educational objectives for each youth include:
 - Remediating deficiencies in learning skills
 - Increasing self-sufficiency and positive behaviors
 - Recovering academic standing
 - Earning a high school diploma or high school equivalency (HiSET) degree
- DYS follows a 12-month school calendar, and students are assigned a full-day schedule of classes. Our learning environment encourages accountability, responsibility, respect, self-esteem and pro-social values.