



Show-Me Healthy Kids

Impact of the
Specialty Plan on
Division of Youth
Services – DYS
Providers

July 1, 2022 Implementation

Agenda



Division of Youth Services (DYS)



DYS – Service Delivery Systems



DYS and Show-Me Healthy Kids Care Coordination



COA 4 Show-Me Healthy Kids Coverage

Division of Youth Services (DYS)

About DYS

The Division of Youth Services (DYS) enables youth to transform their lives and become productive, law-abiding citizens through counseling, treatment, education, and positive youth development. Youth are committed to DYS custody through the Missouri courts. DYS youth have Missouri Medicaid coverage beginning on the date of commitment through their date of discharge.

Division of Youth Services

The Show-Me Healthy Kids (SMHK) Specialty Plan will apply to children in the care and custody of the State through the Division of Youth Services (DYS).



Division of Youth Services

Juvenile Court

- Youth are committed to DYS by a judge through the Juvenile Justice Court System.
- Youth who are not committed to DYS will remain in the Juvenile Court System, and they will not be placed into SMHK and will remain Fee-for-Service.
- Once the youth is committed to DYS, their Medicaid eligibility code is updated, and the youth will be enrolled into SMHK.

DYS – Service Delivery Systems

Trauma Informed Approach -- DYS uses a comprehensive and trauma-informed process focused on emotional healing, self-awareness, cognitive-behavioral approaches, youth development, and family systems.

Individualized Treatment -- DYS creates individualized treatment plans with significant youth and family involvement to guide the treatment process. Treatment plans address the following:



Individual Counseling
Family Counseling
Residential Services
Community-Based Services



Medication
Management



Educational Services
Vocational Services



Community
Engagement

DYS Services

DYS has a strong partnership with the University of Missouri (MU) Department of Psychiatry, School of Medicine

- MU Department of Psychiatry specializes in serving the DYS population
- Telehealth services

In recognition of this partnership, the SMHK is required to perform the following:

- Contract with MU Department of Psychiatry
- Participate and promote programs that provide consultative services available through MU Department of Psychiatry
- Train SMHK care management staff about resources available through MU Department of Psychiatry

DYS Services

Psychiatric Services

- 4 DYS regions have an agreement with the MU Department of Psychiatry, School of Medicine to provide psychiatric services to youth through Telehealth.

The goals of psychiatric telehealth services include:

Minimize Risk

Provide Quality Assurance

Establish Continuity of Care

Provide Ease of Accessibility

- The Southeast DYS region has an agreement with a local Psychiatrist, Dr. Mirza, for psychiatric services.

DYS and Show-Me Healthy Kids Care Coordination

Care Coordination

**Trauma Informed Care
Management**



DYS and Show-Me Healthy Kids Care Coordination

SMHKs Coordination with DYS

SMHKs will closely coordinate with DYS and other entities who provide COA 4 members with case management activities to ensure that the SMHK's Care Management program supports, but does not duplicate activities performed by state agencies or other entities working with members, families, or resource providers.



DYS and Show-Me Healthy Kids Care Coordination

The SMHK's Care Management Practices

SMHK will offer and provide care management services to all of its DYS members.

The goal of care management is to improve health outcomes and member/family experiences.

SMHK's care management program will utilize a person-centered, integrated approach to meet the complex physical health, behavioral health and psychosocial needs of SMHK members and their families.

Care management includes:

- Disease Management
- Hospital Care Transition
- Transitions of Care

DYS and Show-Me Healthy Kids Care Coordination

DYS

Residential Placement

- Nurses in each of our residential care facilities act as medical case managers and coordinate medical care for our youth.
- Nurses actively oversee medication management, ensure proper documentation, consult with physicians, set up necessary appointments and administer aid as needed.

Community-Based Services

- Service Coordinators work with the youth and their parents/guardians to coordinate medical and therapeutic services for the youth.

SMHK Care Management

Principles of Care Management

- Integrated Care
- Trauma Informed
- Member/Family – Centered

Integrated Care Management

- This focuses on the whole person which includes: coordination of care for medical, behavioral, social needs, and coordination with child serving agencies (individual level and system level).

Coordination of Care

- SMHK will assist with continuation of services and transitions of care.

Trauma Informed Care Management

The Show-Me Healthy Kids' Trauma informed Approach to Care Management

What are traumatic experiences?

According to the Substance Abuse and Mental Health Services Administration (hereinafter referred to as SAMHSA),¹ “Individual trauma results from an event, series of events, or set of circumstances that is experienced by an individual as physically or emotionally harmful or life threatening and that has lasting adverse effects on the individual’s functioning and mental, physical, social, emotional, or spiritual well-being.”

Impacts of trauma in childhood²

- Chronic health problems
- Mental illness
- Substance use problems in adulthood
- Poor educational outcomes
- Poor job opportunity outlook

¹SAMHSA’s Concept of Trauma and Guidance for a Trauma-Informed Approach, 2014

²CDC’s Preventing Adverse Childhood Experiences, 2021

Trauma Informed Care Management

Trauma Informed Care Definition:

According to the Substance Abuse and Mental Health Services Administration (SAMHSA), ¹trauma-informed care is a strengths-based approach to service delivery that, *"realizes the widespread impact of trauma and understands potential paths to recovery; recognizes the signs and symptoms of trauma in clients, families, staff, and others involved with the system; and responds by fully integrating knowledge about trauma into policies, procedures, and practices, and seeks to actively resist re-traumatization ."*

¹SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach, 2014

Trauma Informed Care Management

The Missouri Model

A Developmental Framework for Trauma-Informed (revised 2019) addresses the process of an organization moving along a continuum from trauma aware to trauma informed (<https://www.cfecildwellbeing.org/becoming-trauma-informed>).

All Care Management Activities Must Incorporate Five Key Principles of the Missouri Model

- Safety
- Trustworthiness
- Choice
- Collaboration
- Empowerment

COA 4 Show-Me Healthy Kids Coverage

DYS youth have Missouri Medicaid coverage beginning on the date of commitment through their date of discharge.

SMHK is a trauma-informed integrated healthcare delivery system incorporating physical health, behavioral health, and care management and coordination.



Health Plan Coverage

Benefits

The SMHK Package will include the following services



- Behavioral health services performed by DYS clinicians in DYS facilities will continue to be reimbursed through the fee-for-service (FFS) program.
- Behavioral health services performed by clinicians treating DYS youth for aftercare services will be reimbursed by the SMHK.