

# Opioid Policy Advisory Council Meeting Minutes

November 28, 2018  
Jefferson City, MO 65102

## Committee Members:

Sara Davenport  
Sarah Luebbert  
Dr. Randall Haight  
Dr. Stephen Halpin  
Jeff Howell  
Dr. Naveed Razzaque  
Ollie Green  
Jessica Dresner  
Dr. Timothy Kling  
Dale Carr  
Steve Diemler  
Jessica Veit  
Lindsey Haslag  
Tim Rudder  
Michelle Renkemeyer  
Dr. Alexander Hover

Pat Mills  
Dr. Dan Millspaugh  
Dr. Don James  
Mark Gutchen  
Brian Bowles  
Barrett Wolters  
Annie Eisenbeis  
Dr. Heidi Miller  
Stephanie Roberts  
Dr. Richard Covert  
Dr. Mark Roaseau  
Jennifer Tidball  
Brian Kinkade  
Terri Woodward  
Dr. Kurt Bravata  
Dr. Randall Halley

**Goal:** To provide a clinical forum for the Department of Social Services to accept feedback and input regarding the MO HealthNet Division (MHD) policies to address the opioid crisis.

## Welcome/Introduction

- Introductions
- Updates:
  - Opioid Prescription Intervention (OPI) mailing is on hold
  - Developing a work group regarding the impact of the SUPPORT Act OPAC will transition to Sara Davenport and Terri Woodward
  - Newly formed MHD Strategic Initiatives Unit to analyze existing and proposed projects

## Subcommittees Meetings

### 1. Community Outreach Subcommittee:

Members:

- Sara Davenport
- Pat Mills
- Dr. Kurt Bravata
- Dr. Alex Hover
- Tim Rudder
- Terri Woodward

Recommendations:

- Continue to increase provider involvement in the community
- Developing guidelines and training for physicians around prescribing opioids
- Increase community outreach around patient understanding, risk, and identifying those who may be abusing opioids
- Connect with schools
- Create a database of community resources
- Community education on proper disposal of unused medications
  - Increase the number of locations who will take back medications
- Utilize the existing OPI website to provide information and resources
- Develop educational materials to be used consistently
- Provide additional resources and information around Narcan
- Make state and county based statistics available on public website

## 2. Education Subcommittee:

### Members:

- |                  |                    |
|------------------|--------------------|
| • Sarah Luebbert | • Annie Eisenbies  |
| • Jessie Dresner | • Dr. Heidi Miller |
| • Brian Bowles   | • Dr. Rich Covert  |

### Recommendations:

- Include participants in education
- Our message: Chronic pain is a disease, which cannot be treated with opioids. Patients need to be empowered and treatment requires a multi-disciplinary approach.
- Utilize existing associations and communities to distribute education
- Ensure a variety of methods are used to deliver education
- Defining what providers can do and cannot do around prescribing opioids

## 3. Compliance Subcommittee:

### Members:

- |                       |                      |
|-----------------------|----------------------|
| • Dr. Naveed Razzaque | • Mark Gutchen       |
| • Dr. Randall Halley  | • Michele Renkemeyer |
| • Dr. Stephan Halpin  | • Dale Carr          |
| • Dr. Brad Noble      | • Stephen Diemler    |
| • Brian Kincaid       | • Barret Wolters     |
| • Jennifer Tidball    | • Stephanie Roberts  |

### Recommendations

- Wipro Pharmacist is to be available until 9 P.M. on weekdays and 6 P.M. on weekends
- Additional analyze of data is needed of pharmacies and participants
- Provide education and clarification regarding CMS's new guidelines
- Electronic submission of prior authorizations
- Send letters to pharmacies identified of filing false claims
- Discussed the identification of pharmacies submitting multiple claims and simply changing the day supply until a claim is paid. This is causing participants to be flagged for refilling too early even if they are taking as the prescriber wrote the prescription. The

physicians agreed the fraudulent claims should be subject to discipline from the State Board of Pharmacy.

- Additional suggestions included having a fast pass given to all prescribers for a set number of prescriptions per year to prevent the need to call for prior authorizations, including the assignment of prescriber levels depending on specialty, and additional communication from MO HealthNet to prescribers, rather than pharmacies to ensure that the prescriber is aware of their own prescribing practices.

#### **4. Clinical Benchmarks Subcommittee:**

Members:

- Dr. Timothy Kling
- Jessica Veit
- Lindsey Haslag
- Dr. Dan Millsbaugh
- Dr. Don James
- Dr. Randall Haight

Recommendations

- Address cases individually, keeping in mind different populations
- Further discussion regarding best practices for reducing a participant's opioids
- Education on proper discard methods
- Utilization of alternatives to opioids
- Provider education
- Possible form to be signed by providers for each opioid request outside of set MO HealthNet criteria
- Comprise clinical benchmarks
- If we continue to update the MO HealthNet opioid clinical edits according to CDC recommended guidelines, need to discuss opening up access to other options through MO HealthNet.
- Voiced concerns around asking for pill counts and urine drug when reviewing, but all agreed that a pain management contract is important.
- Comprise clinical benchmarks. "Opioid Stewardship Program"---felt standards is not an appropriate word to use.

#### **Next Meeting:**

Wednesday, March 20, 2019

9:00 AM to 12:00 PM

615 Howerton Court, Conference Room 202

Jefferson City, MO